

Nepean Kanata Barracudas - All-Time Top 10 LCM

FEMALE

50 Free				100 Free				200 Free			
1	25.71	Wong, Emily	2009	1	55.51	Brousseau, Julie	2024	1	1:57.60	Brousseau, Julie	2024
2	26.44	Gillespie, Emily	2004	2	55.82	Wong, Emily	2009	2	2:03.17	Gillespie, Emily	2004
3	26.67	Brousseau, Julie	2022	3	57.00	Seltenreich-Hodgson, E	2012	3	2:03.56	Gormley, Breckin	2024
4	26.82	Cook, Madison	2008	4	57.46	Gillespie, Emily	2004	4	2:03.69	Gillespie, Lisa	2010
5	26.91	Seltenreich-Hodgson, E	2011	5	58.20	Nielsen, Amelia	2017	5	2:03.76	Wong, Emily	2006
6	26.92	Mitchell, Seanna	2004	6	58.21	Gormley, Breckin	2022	6	2:04.83	Gillespie, Amanda	2004
7	27.15	Yu, Jessica	2016	7	58.45	Mitchell, Seanna	2004	7	2:05.64	Nielsen, Amelia	2018
8	27.26	Blackburn, Lisa	1998	8	58.51	Wheeler, Megan	2022	8	2:06.08	Zahab, Mia	2019
9	27.36	Sullivan, Katherine	2025	9	58.55	Blackburn, Lisa	1999	9	2:06.13	Wheeler, Megan	2022
10	27.39	Gormley, Breckin	2020	10	58.71	Gillespie, Lisa	2010	10	2:06.45	Blaskovits, Farriss	2005
400 Free				800 Free				1500 Free			
1	4:08.12	Brousseau, Julie	2024	1	8:41.03	Brousseau, Julie	2024	1	17:21.05	Archer, Madison	2019
2	4:16.08	Gormley, Breckin	2024	2	8:59.78	Gormley, Breckin	2024	2	17:31.53	Roberts, Karly	2007
3	4:23.21	Archer, Madison	2019	3	9:00.23	Archer, Madison	2019	3	17:34.35	James-Brennan, Lydia	2025
4	4:24.38	Sweny, Loren	2002	4	9:06.80	Seltenreich-Hodgson, E	2011	4	17:35.74	Brousseau, Julie	2023
5	4:24.84	Zahab, Mia	2019	5	9:08.55	Sweny, Loren	2002	5	17:47.21	Nielsen, Amelia	2008
6	4:25.23	Blaskovits, Farriss	2005	6	9:08.80	Wheeler, Megan	2022	6	17:49.34	Stonebridge, Lesley	2008
7	4:25.86	Wong, Emily	2006	7	9:10.18	Zahab, Mia	2018	7	17:50.08	McGhan, Maya	2024
8	4:26.41	Nielsen, Amelia	2018	8	9:10.79	Nielsen, Amelia	2018	8	17:53.79	Breault, Katie	2015
9	4:26.54	Gillespie, Amanda	2003	9	9:12.63	Davis, Allison	2011	9	17:56.26	Zahab, Mia	2018
10	4:26.70	James-Brennan, Lydia	2025	10	9:12.81	Zarins, Stephanie	1999	10	17:57.94	Fowler, Kristin	1990
50 Back				100 Back				200 Back			
1	29.66	Wheeler, Megan	2022	1	1:02.54	Wheeler, Megan	2022	1	2:14.66	Wheeler, Megan	2022
2	30.51	Gormley, Breckin	2023	2	1:04.38	Brousseau, Julie	2023	2	2:16.57	Gillespie, Amanda	2002
3	30.58	Brousseau, Julie	2024	3	1:04.68	Gormley, Breckin	2022	3	2:17.42	Seltenreich-Hodgson, E	2012
4	30.88	Quirie, Rebecca	2012	4	1:04.80	Gillespie, Amanda	2002	4	2:18.25	Brousseau, Julie	2022
5	30.96	Moustgaard, Ella	2022	5	1:05.02	Seltenreich-Hodgson, E	2010	5	2:18.47	Gillespie, Lisa	2015
6	31.04	Gillespie, Amanda	2002	6	1:05.27	Archer, Madison	2019	6	2:19.99	McQueen, Shannon	2004
7	31.23	Alexander, Emily	2008	7	1:05.56	Gillespie, Lisa	2004	7	2:20.32	Archer, Madison	2020
8	31.43	Pulfer, Madison	2011	8	1:05.94	Quirie, Rebecca	2012	8	2:20.64	Sweny, Loren	2001
9	31.45	Yang, Chuchu	2016	9	1:05.96	Mitchell, Seanna	2005	9	2:20.65	MACdonald, Reagan A	2019
10	31.58	Gillespie, Lisa	2004	10	1:06.02	Moustgaard, Ella	2022	10	2:20.99	Gormley, Breckin	2021
50 Breast				100 Breast				200 Breast			
1	33.04	Seltenreich-Hodgson, E	2011	1	1:10.78	Seltenreich-Hodgson, E	2011	1	2:30.79	Brousseau, Julie	2023
2	33.05	Blackburn, Lisa	2000	2	1:11.06	Blackburn, Lisa	1998	2	2:32.14	Seltenreich-Hodgson, E	2012
3	33.27	Gillespie, Lisa	2010	3	1:11.55	Mullins, Keira	2024	3	2:33.57	Mullins, Keira	2024
4	33.33	Brousseau, Julie	2022	4	1:12.15	Brousseau, Julie	2022	4	2:35.09	Zhao, Janet	2015
5	33.57	Bui, Morgan	2018	5	1:12.24	Zhao, Janet	2013	5	2:35.43	Blackburn, Lisa	1999
6	33.68	Mullins, Keira	2024	6	1:13.42	De Palezieux, Brianna	2006	6	2:38.68	De Palezieux, Brianna	2006
7	33.98	Zhao, Janet	2015	7	1:13.77	Gillespie, Lisa	2006	7	2:39.48	Ruttan, Laura	2011
8	34.11	De Palezieux, Brianna	2006	8	1:14.19	Wheeler, Megan	2022	8	2:40.00	Zahab, Mia	2019
9	34.34	Longval, Sophie	2022	9	1:14.55	Obas, Katrina	2009	9	2:40.05	Wheeler, Megan	2022
10	34.41	Obas, Katrina	2004	10	1:14.79	Gillespie, Emily	2004	10	2:40.82	Obas, Katrina	2009
50 Fly				100 Fly				200 Fly			
1	28.34	Gormley, Breckin	2022	1	1:00.53	Gormley, Breckin	2021	1	2:11.94	Gormley, Breckin	2024
2	28.37	Breault, Katie	2015	2	1:01.72	Breault, Katie	2016	2	2:16.38	Zahab, Mia	2019
3	28.38	Yu, Jessica	2016	3	1:02.36	Brousseau, Julie	2024	3	2:16.84	Brousseau, Julie	2024
4	28.42	Brousseau, Julie	2023	4	1:02.50	Gillespie, Emily	2004	4	2:17.81	Wheeler, Megan	2022
5	28.60	Nguyen, Tram	2019	5	1:02.57	Gillespie, A/ Brousseau, J	03/23	5	2:18.24	Gillespie, Amanda	2003
6	28.61	Zahab, Mia	2021	6	1:02.58	Nguyen, Tram	2020	6	2:18.93	Breault, Katie	2016
7	28.78	Cook, Madison	2007	7	1:02.95	Zahab, Mia	2019	7	2:19.19	Nguyen, Tram	2020
8	29.02	Gillespie, Emily	2004	8	1:02.98	Jessica Yu	2015	8	2:20.59	James-Brennan, Lydia	2025
9	29.28	Gillespie, Amanda	2004	9	1:03.14	Moustgaard, Maizie	2024	9	2:20.63	Yu, Jessica	2016
10	29.32	McGhan, Maya	2023	10	1:04.55	McGhan, Maya	2024	10	2:21.11	Gillespie, Emily	2004
200 IM				400 IM							
1	2:13.66	Brousseau, Julie	2023	1	4:38.45	Brousseau, Julie	2023				
2	2:13.94	Seltenreich-Hodgson, E	2012	2	4:43.80	Seltenreich-Hodgson, E	2012				
3	2:17.49	Wheeler, Megan	2022	3	4:50.22	Wheeler, Megan	2022				
4	2:19.68	Gillespie, Lisa	2010	4	4:54.79	Zahab, Mia	2019				
5	2:20.72	Gormley, Breckin	2020	5	5:00.91	Archer, Madison	2019				
6	2:20.78	Gillespie, Emily	2004	6	5:01.86	Zarins, Stephanie	1999				
7	2:21.05	Zahab, Mia	2019	7	5:01.92	Gillespie, Amanda	2003				
8	2:21.59	Zhao, Janet	2014	8	5:02.07	Blaskovits, Farriss	2005				
9	2:22.47	Gillespie, Amanda	2003	9	5:02.21	Roberts, Karly	2005				
10	2:22.53	Blackburn, Lisa	1998	10	5:02.78	Osterer, Elizabeth	2002				