

## 2023-2024 Season Kickoff and Awards Night September 2023

## <u>IMX CHALLENGE CHAMPIONS – 2022-2023</u>

## **Explanation:**

Is your swimmer Xtreme? The IM Xtreme (IMX) is a challenge originally developed to identify and rank swimmers on their all-around performance in the following events:

**10 Years & Under**: 200 Free, 100 Back, 100 Breast, 100 Fly, 200 IM **11-12 Years Old**: 400 Free, 100 Back, 100 Breast, 100 Fly, 200 IM

13 -18 Years Old: 400 Free, 200 Back, 200 Breast, 200 Fly, 200 IM, 400 IM

Where did the points come from? Rankings are based on power points, a system developed by USA Swimming and Hy-Tek.

## 2022-2023 NKB IMX CHAMPIONS

10 & Under Girls: Jessica Duford

11 Girls: Clara Wang 12 Girls: Yunseo Kim 13 Girls: Kate Sullivan 14 Girls: Edith Barton 15 Girls: Victoria Yu

**16 Girls:** Maizie Moustgaard **17 & Over Girls:** Julie Brousseau

10 & Under Boys: Osborn Zhang

11 Boys: Brody Plummer
12 Boys: Steffan Pshonka
13 Boys: Teagan MacDonald
14 Boys: Jordan Pawlak
15 Boys: Ilyes Soltani
16 Boys: Jordan Schaepper
17 & Over Boys: Alex Pilieci

