

Pictou County Mariners Code of Conduct

It is important to note that this Code of Conduct is in addition to that found in our preexisting Policy and Procedure Manual that has been in place since 2014. It is meant to be an easy to understand version for all age levels of PCM members. It is important that everyone understands what is expected of all our PCM members.

All parents/guardians must go over this document with their child and return a signed copy to the team.

All members of the PCM community (Swimmers, Coaches, Parents, Officials and Pool Staff) should expect a respectful, safe and enjoyable experience.

All members of the Pictou County Mariners have the following responsibilities:

- All members of the PCM should remember that they are ambassadors of the sport and community and at all times should act in a manner which reflects pride towards themselves, their club and their community.
- All PCM swimmers and parents are expected to be well mannered and polite. We treat each other in a courteous and respectful manner at all times. This includes Teammates, Coaches, Pool Staff, Officials and Spectators.
- The PCM Coaches and Executive will not tolerate any form of bullying or harassment. This includes but not limited to emotional, verbal, cyber or physical attacks between athletes.
- All members of PCM should exhibit good sportsmanship.
- All members must try their best and be open to instruction from all coaches.
- All members will regard the decisions of Coaching Staff, Pool Staff, Team Executive and Meet Officials with the utmost respect.
- All members must respect the property and belongings of others. This includes but is not limited to the property of other PCM members, the pool and the pool facility itself.
- All members will follow safety rules of the pool.
- All members shall use appropriate language.
- When travelling for swim meets and staying in hotel, it is expected that team members will be respectful of others and treat the facility with respect.
- We ask athletes to abstain from the use of Alcohol, Drugs, and tobacco products (including e-cigarettes/vaping).
- All members of PCM must comply with the rules and regulations of Swim Nova Scotia.
<http://swimnovascotia.com/wp-content/uploads/2016/07/2016-17-Competitions-Rules-Guidelines.pdf>

*Should any PCM witness or experience untoward behaviour we expect that a coach be notified promptly so that it can be dealt with immediately. Our goal is that everyone has a safe, enjoyable experience at practices and meets. We need and expect everyone's cooperation.

*****Remember*****

When you are on deck, in our pool or in another facility, when you wear the PCM logo, you are representing the Pictou County Mariners. We expect you to present your "best self".

The Pictou County Mariners has initiated a Code of Conduct Committee that will deal with breaches of the Code of Conduct. The consequences of a breach of the Code of Conduct may include a suspension from practice or competition or as last resort, dismissal from the team. The member will be responsible for costs of any damage to property.

We have both read, discussed and understand the expectations of all members of the Pictou County Mariners Swim Team.

Swimmer's Name

Swimmer's Signature and Date

Name of Parent/Guardian

Signature of Parent/Guardian / Date