

## Brief Meet Information

<b>MEET NAME</b>	Perth Candy Cane Meet
<b>DATE(s):</b>	Friday, December 12 – Saturday, December 13
<b>HOSTED BY:</b>	Perth Stingrays Aquatic Club
<b>LOCATION:</b>	Perth and District Indoor Pool, 3 Sunset Blvd, Perth, ON, K7H 0A1
<b>FACILITY:</b>	6 Lanes, 25 Meter Pool, Superior Swim Timing System (plunger)
<b>PURPOSE &amp; DESCRIPTION:</b>	To provide a fun opportunity for developing swimmers to gain racing experience and to obtain official times.
<b>MEET PACKAGE:</b>	The only meet package which will be considered as valid must be the most current version found on <a href="http://www.swimming.ca">www.swimming.ca</a> and the Swimming Canada Registration and Event Management System (REMS).
<b>LAST UPDATE:</b>	December 8, 2025

## Competition Organizing Committee

ROLE	NAME	EMAIL	LEVEL
<b>COMPETITION COORDINATOR(S):</b>	Doug James Angus MacDonald	nancydougjames@gmail.com ajsmacdonald@sympatico.ca	IV V
<b>MEET MANAGER(S):</b>	Michelle Bryden	<a href="mailto:meetmanager@perthstingrays.com">meetmanager@perthstingrays.com</a>	
<b>OFFICIALS COORDINATOR:</b>	Allison Gaudaur	<a href="mailto:officials@perthstingrays.com">officials@perthstingrays.com</a>	

## Safety at Competitions

Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment and discrimination.

Only Swimming Canada registered active participants (swimmers, officials, certified coaches and support staff for the meet), facility personnel and authorized Swim Ontario personnel are allowed on deck during the competition.

All participants in this event are reminded that they are bound by Swimming Canada and Swim Ontario Policies and Procedures, including but not limited, to Swimming Canada's General Code of Conduct, their Equity, Diversity and Inclusion Policy, their Harassment Policy and the [Swim Ontario Code of Conduct procedure](#) For more information regarding the [Swim Ontario Policies and Procedures](#) or Safe Sport please visit the Swim Ontario website <https://www.swimontario.com/sport-safety> or [www.swimming.ca/safesport](http://www.swimming.ca/safesport)

**Every club and its participants are responsible for ensuring all facility rules and requirements are followed.**

The [Swim Ontario Concussion Management](#) & [Swim Ontario Photography, Videography, and Cellphone Procedure](#) will be in effect. For complete details click [HERE](#).



## Videography & Photography Permissions

Provided the facility permits, registered club coaches on the compliance list, approved sport science contractors, and support staff may record for coaching purposes without additional authorization.

All other individuals — including club photographers, contracted photographers/videographers, and media — must apply for and receive authorization to access the competition deck before recording in any medium. All recordings must comply with Swim Ontario policies, including the [Photography, Videography, and Cellphone Procedure](#) and the [Screening Requirements Procedures](#). Contact Meet Management for the application process. All Official Photographers and Videographers, as approved by Swim Ontario, will be declared within this Meet Package.

### ADDITIONAL INFORMATION

- ☒ This facility does not allow any form of recording (cellphones, cameras, video cameras, etc).
- ☒ Meet management will not accept requests to access the competition deck to record.

## Competition Rules

All current [Swimming Canada rules](#) will be followed. All registered para swimmers are subject to the rules defined by their current sport class and codes of exception. The stroke and turn rules apply as per Appendix B of the Swimming Canada rulebook. The Sport Class and Exception Codes should be displayed on heat sheets and must be made available to the Session Referee.

All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Ontario provided the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.

Combined (mixed) gender swimming is permitted for age group swimming competitions. Canadian Age Group records can not be set when heats involve individual mixed genders.

The Starter shall report a swimmer to the Referee for misconduct taking place at the start of a race as per Swimming Canada Part II 2.3.2. The “misconduct” shall include, but is not limited to (C.2.3.2.1):

- Deliberate or negligent acts such as spitting, spouting of water, or blowing the nose in the pool or on the pool deck immediately prior to the start may be considered misconduct.
- Deliberate kicking or striking of the starting platform, including the back plate prior to the start.
- Unsafe or uncontrolled entry into the pool immediately prior to the start of a race. All swimmers must enter the pool with a controlled, feet-first entry.

The Referee may disqualify a swimmer for such misconduct.

Please note that [Swimming Canada Competition Warm-Up Safety Procedures](#) and [Swim Ontario warm-up safety rules](#) will be in effect. Details [HERE](#)

It is incumbent on coaches, swimmers, and officials to work together to comply with these procedures during all scheduled warm-up periods. Coaches are requested to encourage swimmers to cooperate with Safety Marshals.

- Warm up rules:
  - No loitering at the end of lane
  - Swimmers must be aware of their surroundings and move over to the lane rope when stopped at the end wall to allow other swimmers to turn
  - Swimmers using sprint and pace lanes must be directly supervised by their coaches
  - Deliberate kicking or striking of the starting platform, including the back plate during the sprint periods is not permitted.

Swimmers must enter the pool FEET FIRST in a cautious and controlled manner, entering from a start or turn end only and from a standing or sitting position.

Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed, by the Referee, without warning from their next individual event following the warm-up period in which the violation occurred. The swimmer's name and club shall be registered with the Meet Manager.

AGE UP DATE:	The competitor's age is as the first day of the competition Friday, December 12
DIVE STARTS:	<p>As per Swimming Canada Part II C4.1.2 and C4.1.3 swimmers are permitted to start in-water or from a standing position on the deck or bulkhead when Starting Platforms (blocks) are available. As per the Facility Rules for Dive Starts, this competition Starts will be conducted as follows:</p> <ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> from Starting Platforms (blocks) as per World Aquatics II.4.1 and II.16.1.4 from deep end only</li> <li><input checked="" type="checkbox"/> from the Deck or Bulkhead as per Canadian Facility Rule II.C4.1.1 and II.C16.1.4.1 from the deep end only</li> <li><input checked="" type="checkbox"/> in-water starts will be conducted as per Canadian Facility Rule II.C4.1.1 and II.C16.1.4.1 from the deep end only</li> </ul>
BACSTROKE LEDGES:	<input checked="" type="checkbox"/> Ledges will be used and available for all ages and sessions. Swimmers shall be responsible for setting the device.
d/DEAF AND HARD OF HEARING ACCOMMODATION:	<p>This competition can provide the following accommodations for swimmers who are d/Deaf and Hard of hearing:</p> <ul style="list-style-type: none"> <li>• non-verbal instruction provided by a support person from the swimmer's own club, who is registered in the REMS as support staff.</li> <li>• Visual Start hand signals given by the starter/referee.</li> </ul> <p>Clubs are to contact Meet Management by the <u>Entry Deadline</u> of the need for accommodations. Support Staff must be included in the submission of entries process. Support Staff must have active REMS registration and be included in the club's event entry. Those not listed in the entry submission will be denied deck access.</p>

## Eligibility

All athletes must be registered as Competitive or Varsity swimmers with Swimming Canada and possess a valid Swimming Canada registration number. Athletes may only compete under the age group club or varsity team they are registered with. Registered Para Swimmers are welcome and their current Sport Class must be included in the entries. Entries submitted without a valid registration number and active status in the Swimming Canada Registration and Event Management System (REMS) at the time of the competition will be denied entry. It is the responsibility of the swimmer's club to provide proof of active registration status in REMS. This competition is sanctioned as an Age Group Swimming Invitational, however, foreign swimmer/teams entries will not be accepted.

ADDITIONAL ELIGIBILITY INFORMATION:	<ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> This meet is a Closed Invitational for the following clubs: Perth, OTTSC, CWAVE, SWOTT, ROCS, GSH</li> <li><input checked="" type="checkbox"/> Preference will be given to the host club first.</li> </ul>
COACH & SUPPORT STAFF REGISTRATION:	<p>Meet management will cross reference the <b>list of coaches submitted with entries</b> at this competition with the <a href="#">Swim Ontario Compliance lists</a>. If a coach is not on this list, meet management is obligated to enforce the Swimming Canada policy and not permit that coach to attend the meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.</p>

	<p><b>Swimmers must have a coach or designated coach (coach representative) in attendance during the meet including warm-up sessions.</b></p> <p>Clubs needing Support Staff for Para or d/Deaf/Hard of Hearing swimmers must register them in the Swimming Canada Registration and Event Management System (REMS) to access the deck at competitions. Support Staff must have active REMS registration and be included in the club's event entry. Those not listed in the entry submission will be denied deck access.</p>
<b>FOREIGN TEAMS / COMPETITORS:</b>	<p><input checked="" type="checkbox"/> Foreign Teams' / competitors' entries will not be accepted by the host club.</p>

## Entry Process

<b>ENTRY SUBMISSIONS:</b>	<p><b>Entries must be submitted through the Swimming Canada Registration and Events System (REMS) and must include all attending coaches and support staff.</b> Meet management will:</p> <ul style="list-style-type: none"> <li>• not accept entries via email;</li> <li>• notify clubs within 48 hours of the online entry deadline regarding any rejected entries or required changes to entries;</li> <li>• notify clubs of any meet format changes or designated warm-up times at least 5 days (for TIER II sanctions) and 10 days (for TIER III &amp; IV sanctions) prior to the start of the competition</li> </ul> <p><b>Failure to inform meet management of a no-show / scratch prior to the deadline for changes to entries will result in loss of entry fees.</b></p> <p>Meet Management reserves the right to further limit individual swims per session and to limit heats if necessary to keep session times to within 4.5 hours.</p>
<b>ENTRY DEADLINE:</b>	<p>The online entry deadline is <b>Monday, December 1<sup>st</sup>, 2025</b></p> <p>Changes to entries will be accepted until <b>Monday, December 8<sup>th</sup>, 2025</b>. After that time, fees will be calculated. No refunds will be granted for missed swims.</p>
<b>ENTRY FEE:</b>	<p>The following fees will apply for this competition:</p> <ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> Individual Events: \$12.00</li> <li><input checked="" type="checkbox"/> Relay Events: \$16.00</li> </ul> <p><b>Payment Method:</b> e-Transfers can be sent to <a href="mailto:treasurer@perthstingrays.com">treasurer@perthstingrays.com</a></p>
<b>ENTRY LIMITS:</b>	<p>The following limits are in place for this competition:</p> <ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> The maximum number of participants per session is 140.</li> <li><input checked="" type="checkbox"/> The maximum number of entries per swimmer is 5 (1 entry on Friday night, 3 individual entries and 1 relay on Saturday).</li> <li><input checked="" type="checkbox"/> The maximum number of relays per swimmer is 1.</li> </ul>
<b>RELAY ENTRIES &amp; MIXED RELAYS:</b>	<p>Teams may move up no more than two (2) swimmers from a younger age category to fill a relay.</p> <ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> Relay swimmers must be entered in a non-relay event in order to compete.</li> </ul>

<b>ENTRY TIMES &amp; CONVERSION:</b>	<input checked="" type="checkbox"/> Entries can be submitted with No Time (NT). <input checked="" type="checkbox"/> Estimate entry times are accepted. <input checked="" type="checkbox"/> Entry Times can be converted (i.e. LCM to SCM). All times will be converted to SCM using Hy-Tek default conversion factor
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## Schedule of Sessions

Session #	Date	Warm-up period	Start of session	Approx. Finish of session	Time Final/Heats /Finals
1 Long Distance	Friday, December 12, 2025	4:00-4:30 PM 4:30-5:00 PM	5:10 PM	8:00 PM	Time Finals
2 12 and over	Saturday, December 13, 2025	8:00-8:30 AM 8:30-9:00 AM	9:10 AM	11:40 PM	Time Finals
3 11 and under	Saturday, December 13, 2025	12:15-12:45 PM 12:45-1:15 PM	1:25 PM	4:20 PM	Time Finals

- Team warm-ups will be determined when entries are finalized
- Session 3 timing may change depending on the entries in Session 2. Session 3 will immediately follow Session 2.

## Meet Format & Administration

<b>SEEDING:</b>	After all times are converted as pursuant to the conversion process: <input checked="" type="checkbox"/> Seeding for Timed Final events will be in order of entry times, slowest to fastest, with the exception of Distance Events in Session 1 which will be seeded fastest to slowest. <input checked="" type="checkbox"/> Swimmers entered with NT (no time) will be seeded last.
<b>DECK ENTRIES:</b>	No Deck Entries are permitted.
<b>RELAY NAME SUBMISSION:</b>	Relay Cards or Forms must be returned to the Admin Desk. <input checked="" type="checkbox"/> Relay Forms are available in the coach's folder or at the Admin Desk <input checked="" type="checkbox"/> The Relay Name submission deadline is 30 mins before the start of the session.
<b>SCRATCHES &amp; POSITIVE CHECK IN RULES:</b>	There is a scratch deadline for all events: <input checked="" type="checkbox"/> Scratches are to be made at the Admin Desk 30 minutes prior to the start of each session.  There is no positive check-in required for this competition.
<b>PENALTIES:</b>	No penalty shall be imposed for late or day of scratches and No-Shows, other than the loss of the entry fee.
<b>OFFICIAL SPLIT TIMES:</b>	Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the <u>Admin Desk</u> at least 30 minutes prior to the commencement of the session in which the event will take place. Requests for official splits in gendered and mixed relays are not required, however in mixed relays the official time will not be recognized as a Canadian Age Group record. <input checked="" type="checkbox"/> Official Split Forms are available in the coach's folder and at the Admin Desk. <input checked="" type="checkbox"/> Not all Official Split requests can be accommodated.
<b>DISQUALIFICATION &amp; PROTEST PROCEDURE:</b>	<ul style="list-style-type: none"> <li>• Disqualification will be reported within fifteen (15) minutes after the swimmer's race. The disqualification shall stand providing all reasonable efforts have been made to report the disqualification including public address systems.</li> <li>• A club representative should discuss the disqualification with the Session Referee and can request to view the disqualification slip.</li> </ul>

	<ul style="list-style-type: none"> <li>If not resolved after this discussion, a written appeal may be presented to the Session Referee from the club representative. <ul style="list-style-type: none"> <li>A written appeal must be presented within 30 minutes after the conclusion of the <b>event</b> in question.</li> <li>Appeal on Referee Decision forms are available at the Admin Desk.</li> </ul> </li> <li>If not resolved after the decision of the written appeal from the Session Referee the matter may be assigned to a Jury of Appeal.</li> <li>The decision to go to Jury must be taken within an hour from the moment the decision of the written appeal is communicated to the club representative.</li> </ul>
<b>RECORDS:</b>	Swim times achieved at this competition will NOT be used for applications of provincial and national records.
<b>MEET RESULTS:</b>	Official Results will be posted within 48 hours of completion of the meet to <a href="http://www.swimming.ca">www.swimming.ca</a> The meet program will run on Hy-Tek Meet Manager. <input checked="" type="checkbox"/> Unofficial mobile applications results will be available.
<b>AWARDS:</b>	The following will be awarded for individual events: Ribbons for place 1-6 for each age group (<8, 9-10, 11, 12, 13-14, 15>). The following will be awarded for relay events: Ribbons for place 1-6 for each age group (<11, 12>).

## Schedule of Events

<b>Session 1 – Long Distance</b> Friday, December 12 <sup>th</sup> , 2025 Warm-up: 4:00 PM -- Start: 5:10 PM	
<b>Event</b>	<b>Mixed</b>
1	200 Free
2	400 Free
3	800 Free

- 4:00-4:30: Perth
- 4:30-5:00: CWAVE, GSH, OTTSC, ROCS, SWOTT

<b>Session 2 – 12 and over</b> Saturday, December 13 <sup>th</sup> , 2025 Warm-up: 8:00 AM -- Start: 9:10 AM (2 warm-ups)	
<b>Event</b>	<b>Mixed</b>
4	100 Free
5	50 Back
6	100 Breast
7	50 Fly
8	200 IM
9	50 Free
10	100 Back
11	50 Breast
12	100 Fly
13	Girls 200 IM Relay
14	Boys 200 IM Relay

- 8:00-8:30: Perth, CWAVE
- 8:30-9:00: GSH, OTTSC, ROCS, SWOTT

<b>Session 3 – 11 and under</b> Saturday, December 13 <sup>th</sup> , 2025 Warm-up: 12:15 PM – Start 1:25 PM	
<b>Event</b>	<b>Mixed</b>
15	100 Free
16	50 Back
17	100 Breast
18	50 Fly
19	100 IM
20	50 Free
21	100 Back
22	50 Breast
23	100 Fly
24	Girls 200 IM Relay
25	Boys 200 IM Relay

- 12:15-12:45: Perth, ROCS, SWOTT
- 12:45-1:25: CWAVE, GSH, OTTSC