



ATHLETE CODE OF CONDUCT

Pointe-Claire Aquatic Center and Pointe-Claire Swim Club strive to provide a positive environment for all our swimmers, parents and coaches. A commitment to a high standard of behaviour and conduct is necessary in order for this to happen.

Pointe-Claire Swim Club strives to provide a positive training experience for its swimmers with an emphasis on hard work, commitment and enjoyment of the sport. The club strives to encourage growth, development and competitive success while adhering to the proper safety procedures. In order for the club to meet this mandate, a code of conduct has been developed.

Athlete Code of Conduct

All swimmers must adhere to the following:

1. Commit fully to the program: maintain a high level of effort during all practices, fulfill the attendance requirements and participate at all mandatory meets.
2. Display a positive and supportive attitude towards the program, the coaches and their teammates.
3. Display respect, sportsmanship and proper manners towards teammates, competitors, coaches, officials, administrators and parents.
4. Wear the red Pointe-Claire t-shirt on deck at all competitions. Wear the Pointe-Claire track jacket during team travel. Compete in a Pointe-Claire racing cap.
5. Attend all sessions of their meets, unless excused by the coach in charge. This includes finals even if the swimmer has not qualified to swim.
6. Help set-up and take down all training equipment as requested.
7. Acquire all requested equipment and replace any lost or broken equipment immediately.
8. Respect public and private property, including pool decks, locker rooms, lobbies, transportation vehicles, hotel rooms and other facilities.
9. Behave appropriately at any team function (practices, competitions and social activities) or outside of the swimming facility (home, school and social media).
10. No bullying (physical, verbal or cyber). Bullying is the use of force, threat, or [coercion](#) to [abuse](#), [intimidate](#) or aggressively [dominate](#) others. The behavior is often repeated and habitual. Bullying may thus be defined as the activity of repeated, aggressive behavior intended to hurt another individual, physically, mentally or emotionally.

The following actions are unacceptable and will be considered *serious* infractions:

Purchasing, consuming and/or concealing the following item:

- a. Alcoholic beverages (beer, wine, spirits, mixed drinks....)
- b. Tobacco products (vapes, cigarettes, cigars.....)
- c. Marijuana products (pens, edibles, pre-rolled....)
- d. Illegal drugs

Other serious infractions include:

- e. Sexual harassment
- f. Racial and/or discriminatory behaviour
- g. Sexual fraternization

Failure to follow the code of conduct will result in disciplinary action. Minor incidents will be handled with a verbal and/or written warning.

The protocol for *SERIOUS* infractions is as follows:

- The coach in charge of the practice, swim meet and/or team function will gather as much information as possible concerning the infraction.
- The coach in charge will contact their superior and discuss the situation and provide them with all of the information collected. They will open a report and document all of the information.
- The coach in charge will then have a meeting with the person and/or members involved in the infraction and go over the "Athlete Code of Conduct" which they and their parent(s) have signed. That coach will also inform the person and/or members involved what the disciplinary actions are.

Disciplinary actions for *SERIOUS* infractions:

- The swimmer(s) will be suspended immediately from the practice, swim meet and/or team function.
- The swimmer(s) parents will be contacted immediately to inform them of the infraction (regardless of the hour).
- The swimmer(s) will be separated from the other swimmers until they are picked up or transported away from the event.
- The swimmer(s) will be sent home as soon as possible (parents pick up their child or the child must take a taxi/bus/train/plane to return home). This expense will be covered by the parent(s) of the swimmer(s) involved in the infraction.
- The swimmer(s) will remain suspended until the Head Coach and/or Club Manager has been able to have a meeting with the parent(s) and swimmer(s) about the infraction.
- The swimmer(s) will not be able to attend the next "Away" swim meet with the team. They will travel with their parent(s) at their own expense.
- If a swimmer and/or swimmers commit multiple *Serious Infractions* their membership(s) will be revoked. The swimmer(s) will be expelled from the club.

All swimmers in the club are held to the code of conduct regardless of whether they agree with it or not. All swimmers are subject to any disciplinary action laid out in the code of conduct should any of the rules be broken.