

2023-2024 PCSC COMPETITION CALENDAR

Entire Club

Entire	Competition Name	Location	10 and Under	11-12 years old	13 years and older			Standard Required	Championship	Travel	Parent Deadline	
					Regional	Provincial	National +					
October 27-29	Team Champs Section 1	Montreal Olympic Stadium		X	X	X	X	None (Official times required)			October 11th	
October 28	PCSC Time Trial	Pointe-Claire	2A, 2B, 2C, 2D					None			September 26th	
October 28-29	Longueuil Invitational	Longueuil	1A, 1B, 1C, 1D	For 11+ year olds NOT ATTENDING Team Champs				None				
November 18-19	Regional #1	Beaconsfield	X	X				None				
November 23-26	Coupe du Quebec Senior	Montreal - Claude Robillard					X	X	Coupe Quebec Senior #1 Standard			
November 24-26	PCSC Time Trial	Pointe-Claire		X	X	Not attending Coupe du Quebec		None				
December 2-3	Trois-Rivieres Competition	Trois Rivieres			X	X		None		X		
December 7-10	Pointe-Claire Invitational	Pointe-Claire		X	X	X	X	PCSC Invitational Standard	X			
December 14-17	Ontario Junior International	Toronto (Pan Am)					X	OJI Standards	X	X		
December 16-17	Regional #2	Saint-Laurent	X	X				None				
January 21	Regional #3	Cote St-Luc	X	X				None			January 3rd	
January 26-28	Neptune Invitational	Terrebonne		X	X	X	X	None			January 4th	
February 2-4	Coupe des Regions	Claude Robillard		X	X	Not attending Qc. Jr./Sr.		Regional Standards			January 11th	
February 15-18	Coupe du Quebec Jr./Sr.	Montreal - Claude Robillard				X	X	Coupe du Quebec Jr. Standards by age			January 24th	
February 17-18	Regional #4	Pointe-Claire	X	X				None			January 24th	
March 16-17	Regional #5	Dollard-des-Ormeaux	X	X				None			February 26th	
March 21-24	Speedo Eastern Canadian Championships	Quebec City	Championship Competition with Standard: Eastern Standard							X	X	February 21st
April 4-7	Neptune Competition	Olympic Stadium			Athletes 13+ NOT ATTENDING Canadian Swimming Open			None			March 12th	
April 10-13	2024 Canadian Swimming Open	Toronto (Pan Am)	Championship Competition with Standard							X	X	March 12th
April 13-14	Regional #6	Dorval	X	X				None				
May 3-5	Invitation Sherbrooke - Challenge 50m	Sherbrooke		X	X	X		None		X		
May 10-12	Top Cup	Etobicoke	X					None		X		
May 13-19	2024 Olympic & Paralympic Trials	Montreal (Olympic Stadium)	Championship Competition with Standard: Trials (Jr. or Sr.)							X		
May 25-26	Mini Coupe Ouest	TBD	X	X				Mini Coupe Standards				
June 1-2	Regional Finals	St-Laurent	X	X				None				
June 7-9	Coupe des Regions	Claude Robillard	X	X	X			None				
June 21-23	Mel Zajac Invitational	Vancouver					X	Mel Zajac Standard		X		
June 22-23	International SAMAK	Park Jean Drapeau	1A, 1B, 1C, 1D	X	X			None	X			
June 26-29	Championnat Quebecois ARENA	Park Jean Drapeau	Championship Competition with Standard: Championnat Provincial July							X		
June 30	Championnat Quebecois Open Water	Île Sainte-Hélène				X	X	None	X			
July 24-30	2024 Speedo Canadian Swimming Championships	Toronto (Pan Am)	Championship Competition with Standard: Canadian Junior or Senior							X	X	

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Acquisition Pathway

Date	Competition Name	Location	2A, 2B, 2C, 2D	1A, 1B, 1C, 1D	Standard Required	Local	Away Meet	Parent Deadline
October 28	PCSC Time Trial	Pointe-Claire	x		None	x		September 26th
October 28-29	Longueuil Invitational	Longueuil		x	None	x		
November 18-19	Regional #1	Beaconsfield	x	x	None	x		
December 16-17	Regional #2	Saint-Laurent	x	x	None	x		
January 21	Regional #3	Cote St-Luc	x	x	None	x		January 3rd
February 15-18	Coupe du Quebec Jr./Sr.	Montreal - Claude Robillard	Coupe du Quebec Jr. Standards by age			x		January 24th
February 17-18	Regional #4	Pointe-Claire	x	x	None	x		January 24th
March 16-17	Regional #5	Dollard-des-Ormeaux	x	x	None	x		February 26th
April 13-14	Regional #6	Dorval	x	x	None	x		
May 10-12	Top Cup	Etobicoke	x	x	None		x	
May 25-26	Mini Coupe Ouest	TBD	Selected Swimmers					
June 1-2	Regional Finals	St-Laurent	Regional Qualified Swimmers			x		
June 7-9	Coupe des Regions	Claude Robillard	x	x	None	x		
June 22-23	International SAMAK	Park Jean Drapeau		x	None	x		
June 26-29	Championnat Quebecois ARENA	Park Jean Drapeau	Championnat Provincial Standards by age					

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Development Pathway and Age Group Performance

Entire	Competition Name	Location	11-12 years old	13 years and older		Standard Required	Championship	Travel	Parent Deadline
				Regional	Provincial				
October 27-29	Team Champs Section 1	Montreal Olympic Stadium	x	x	x	None (Official times required)			October 11th
October 28-29	Longueuil Invitational	Longueuil	<i>For 11+ year olds NOT ATTENDING Team Champs</i>			None			
November 18-19	Regional #1	Beaconsfield	x			None			
November 23-26	Coupe du Quebec Senior	Montreal - Claude Robillard			x	Coupe Quebec Senior #1 Standard			
November 24-26	PCSC Time Trial	Pointe-Claire	x	<i>Not attending Coupe du Quebec</i>		None			
December 2-3	Trois-Rivieres Competition	Trois Rivieres		x	x	None		x	
December 7-10	Pointe-Claire Invitational	Pointe-Claire	x	x	x	PCSC Invitational Standard	x		
December 16-17	Regional #2	Saint-Laurent	x			None			
January 21	Regional #3	Cote St-Luc	x			None			January 3rd
January 26-28	Neptune Invitational	Terrebonne	x	x	x	None			January 4th
February 2-4	Coupe des Regions	Claude Robillard	x	x	<i>Not attending Qc. Jr./Sr.</i>	Regional Standards			January 11th
February 15-18	Coupe du Quebec Jr./Sr.	Montreal - Claude Robillard			x	Coupe du Quebec Jr. Standards by age			January 24th
February 17-18	Regional #4	Pointe-Claire	x			None			January 24th
March 16-17	Regional #5	Dollard-des-Ormeaux	x			None			February 26th
March 21-24	Speedo Eastern Canadian Championships	Quebec City	Championship Competition with Standard: Eastern Standard				x	x	February 21st
April 4-7	Neptune Competition	Olympic Stadium		x	x	None			March 12th
April 13-14	Regional #6	Dorval	x			None			
May 3-5	Invitation Sherbrooke - Challenge 50m	Sherbrooke	x	x	x	None		x	
May 25-26	Mini Coupe Ouest	TBD	x			Mini Coupe Standards			
June 1-2	Regional Finals	St-Laurent	x			None			
June 7-9	Coupe des Regions	Claude Robillard	x	x	x	None			
June 22-23	International SAMAK	Park Jean Drapeau	x	x		None	x		
June 26-29	Championnat Quebecois ARENA	Park Jean Drapeau	Championship Competition with Standard: Championnat Provincial July				x		
June 30	Championnat Quebecois Open Water	Île Sainte-Hélène			x	None	x		

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Performance Pathway

Entire	Competition Name	Location	Jr. National and National Performance	Standard Required	Championship	Travel	Parent Deadline
October 27-29	Team Champs Section 1	Montreal Olympic Stadium	x	None (Official times required)			October 11th
November 23-26	Coupe du Quebec Senior	Montreal - Claude Robillard	x	Coupe Quebec Senior #1 Standard			
December 7-10	Pointe-Claire Invitational	Pointe-Claire	x	PCSC Invitational Standard	x		
December 14-17	Ontario Junior International	Toronto (Pan Am)	x	OJI Standards	x	x	
January 26-28	Neptune Invitational	Terrebonne	x	None			January 4th
February 15-18	Coupe du Quebec Jr./Sr.	Montreal - Claude Robillard	x	Coupe du Quebec Jr. Standards by age			January 24th
March 21-24	Speedo Eastern Canadian Championships	Quebec City	Championship Competition with Standard: Eastern Standard		x	x	February 21st
April 4-7	Neptune Competition	Olympic Stadium	<i>For athletes NOT ATTENDING Canadian Swimming Open</i>				March 12th
April 10-13	2024 Canadian Swimming Open	Toronto (Pan Am)	Championship Competition with Standard		x	x	March 12th
May 13-19	2024 Olympic & Paralympic Trials	Montreal (Olympic Stadium)	Championship Competition with Standard: Trials (Jr. or Sr.)		x		
June 21-23	Mel Zajac Invitational	Vancouver	x	Mel Zajac Standard		x	
June 26-29	Championnat Quebecois ARENA	Park Jean Drapeau	Championship Competition with Standard: Championnat Provincial July		x		
June 30	Championnat Quebecois Open Water	Île Sainte-Hélène	x	None	x		
July 24-30	2024 Speedo Canadian Swimming Championships	Toronto (Pan Am)	Championship Competition with Standard: Canadian Junior or Senior		x	x	

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