2023-2024 PCSC COMPETITION CALENDAR Performance Pathway

Entire	Competition Name	Location	Jr. National and National Performance	Standard Required	Championship	Travel	Parent Deadline
October 27-29	Team Champs Section 1	Montreal Olympic Stadium	х	None (Official times required)			October 11th
November 23-26	Coupe du Quebec Senior	Montreal - Claude Robillard	x	Coupe Quebec Senior #1 Standard			
December 7-10	Pointe-Claire Invitational	Pointe-Claire	x	PCSC Invitational Standard	x		
December 14-17	Ontario Junior International	Toronto (Pan Am)	x	OJI Standards	x	x	
January 26-28	Neptune Invitational	Terrebonne	х	None			January 4th
February 15-18	Coupe du Quebec Jr./Sr.	Montreal - Claude Robillard	х	Coupe du Quebec Jr. Standards by age			January 24th
March 21-24	Speedo Eastern Canadian Championships	Quebec City	Championship Competition with Standard: Eastern Standard		х	х	February 21st
April 4-7	Neptune Competition	Olympic Stadium	For athletes NOT ATTENDING Canadian Swimming Open	None			March 12th
April 10-13	2024 Canadian Swimming Open	Toronto (Pan Am)	Championship Competition with Standard		х	х	March 12th
May 13-19	2024 Olympic & Paralympic Trials	Montreal (Olympic Stadium)	Championship Competition with Standard: Trials (Jr. or Sr.)		х		
June 21-23	Mel Zajac Invitational	Vancouver	х	Mel Zajac Standard		х	
June 26-29	Championnat Quebecois ARENA	Park Jean Drapeau	Championship Competition with Standard: Championnat Provincial July		х		
June 30	Championnat Quebecois Open Water	Île Sainte-Hélène	x	None	х		
July 24-30	2024 Speedo Canadian Swimming Championships	Toronto (Pan Am)	Championship Competition with Standard: Canadian Junior or Senior		х	х	

Version 1.6 (January 25th, 2024)