



**TEAM AQUATIC
SUPPLIES LTD**

2025-2026 Proposed PCSC Equipment List

- *All items should be identified with the swimmer's name.*
- *PCSC is sponsored by SPEEDO*
- *Our suggested equipment supplier: Team Aquatic Supplies*

Age Group Groups (11 years and over): Suggested

- Speedo Ventilator Mesh Bag
- Water bottle (500 ml or more)
- 1 pair of goggles + one extra
- 3 white Pointe-Claire bathing caps, available to purchase at the front desk. *This is the only cap accepted by the club to be worn at competitions.*
- Running shoes, shorts, t-shirt for dryland
- Snorkel: **Speedo Bullet Head Snorkel**, or Ylon-A snorkel
- Fins: **DMC Elite Max, DMC Elite, Arena Powerfin-Pro**
- Paddles: **Strokemaster Paddles**, or Speedo Power Paddles
- **Speedo Training Bands**
- **Speedo Team Pull Buoy**
- **Speedo Adult Kickboard**
- **Skipping Rope** (360 Athletic Pro Skip Rope)

Bout de Chou Groups (10 years and under): Suggested

- Water bottle (500 ml or more)
- 1 pair of goggles + one extra
- 2 white Pointe-Claire bathing caps, available to purchase at the front desk. *This is the only cap accepted by the club to be worn at competitions.*
- Running shoes, shorts, t-shirt for dryland
- Snorkel: (Only for BdC 1 and 2 groups) **Speedo Bullet Head Junior Snorkel**, or Ylon-A snorkel
- Fins: **Speedo Medium Blade Fins**
- **Speedo Junior Team Pull Buoy**
- **Speedo Junior Team Kickboard**