



# PCSC Summer Schedule 2024



## \*IMPORTANT DATES\*

Last Practice for 10 and unders (*Not attending SAMAK*) : **Saturday, June 15th, 2024**

Last practice for 10 and unders ATTENDING SAMAK: **Friday, June 21st, 2024**

Last Practice for 11+ NOT attending Provincials or Nationals: **Friday, June 21st, 2024**

*The schedules below are for athletes attending Provincial Championships and National Championships. These training schedules are included in the normal training for the season and do there is no extra cost.*

## Athletes attending Provincial Championships ONLY

June 22nd and June 25th, 2024

Group	Coaches	Monday June 24th	Tuesday June 25th	Wednesday June 26th	Thursday June 27th	Friday June 28th	Saturday June 22nd
All athletes attending Provincials ONLY - From - Age Group A, B, C, Performance Provincial Development Junior and Senior Provincial	Coaches of the athletes attending Provincials	5:30 - 7:00 pm P	5:30 - 7:00 pm P	Provincials	Provincials	Provincials	9:00 - 11:00 am P
		10/50 Widths (14 lanes)	10/50 LCM				10/50 LCM
Group	Coaches	Monday June 24th	Tuesday June 25th	Wednesday June 26th	Thursday June 27th	Friday June 28th	Saturday June 22nd
All athletes attending Provincials ONLY - From - National Performance Jr. National Performance Sport-Etudes Performance	Philip Garverick  Chris Bielby	6:00 - 8:00 am P		Provincials	Provincials	Provincials	7:00 - 9:00 am P
		6/50 LCM					10/50 LCM
		3:30 - 5:30 pm P	3:30 - 5:30 pm P				
		10/50 Widths (8 lanes)	10/50 LCM				

## Athletes attending National Championships

June 22nd to July 22nd, 2024

Group	Coaches	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Junior and Senior National Competition Attendees	Philip Garverick  Chris Bielby	6:00 - 8:00 am P		7:00 - 9:00 am P	7:00 - 9:00 am P	7:00 - 9:00 am P	7:00 - 9:00 am P
		6/50 LCM		10/50 LCM (6 lanes)	10/50 Shallow (10 lanes)	10/50 LCM (6 lanes)	10/50 LCM
		3:30 - 5:30 pm P	3:30 - 5:30 pm P		3:30 - 5:30 pm P		
		10/50 Widths (8 lanes)	10/50 LCM		10/50 LCM (8 lanes)		