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WINTER INVITATIONAL 2026

Jan 16-18 at MPAC



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RHAC Winter Invitational 2026 - 1/16/2026 to 1/18/2026**Session Report**

Session: 1 Friday Afternoon

Day of Meet: 1 Starts at 11:30 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-7	1 Girls 12 & Under 400 Freestyle	70	7	11:30 AM	_____
Finals-7	2 Boys 12 & Under 400 Freestyle	70	7	12:21 PM	_____
Finals	3 Girls 13 & Over 400 Freestyle	45	5	01:13 PM	_____
	Break: 15 Minutes:				
Finals	4 Boys 13 & Over 400 Freestyle	46	5	02:01 PM	_____
Finals	5 Girls 11-12 400 IM	24	3	02:32 PM	_____
Finals	6 Boys 11-12 400 IM	18	2	02:54 PM	_____
	Swimmers Counts for Warm-ups: 273	=====	=====		
	Entry / Heat Totals:	273	29		
	Finish Time			03:08 PM	_____

RHAC Winter Invitational 2026 - 1/16/2026 to 1/18/2026
Session Report

Session: 2A Friday Evening - 1

Day of Meet: 1 Starts at 04:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-10	9 Mixed 11 & Over 800 Freestyle	100	10	04:00 PM	_____
	Swimmers Counts for Warm-ups: 100	=====	=====		
	Entry / Heat Totals:	100	10		
	Finish Time			05:54 PM	_____

RHAC Winter Invitational 2026 - 1/16/2026 to 1/18/2026
Session Report

Session: 2B Friday Evening - 2

Day of Meet: 1 Starts at 06:10 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-S	9 Mixed 11 & Over 800 Freestyle	47	5	06:10 PM	_____
Finals	10 Mixed 13 & Over 1500 Freestyle	30	3	07:21 PM	_____
	Swimmers Counts for Warm-ups: 77	=====	=====		
	Entry / Heat Totals:	77	8		
	Finish Time			08:23 PM	_____

RHAC Winter Invitational 2026 - 1/16/2026 to 1/18/2026**Session Report**

Session: 3 Saturday Morning (13&0)

Day of Meet: 2 Starts at 08:45 AM Heat Interval: 20 Seconds / Back +15 Seconds / Chase -40

Round	Event	Entries	Heats	Starts at	
Finals	11 Girls 13 & Over 200 Freestyle	123	13	08:45 AM	_____
Finals	12 Boys 13 & Over 200 Freestyle	118	12	09:18 AM	_____
Finals	13 Girls 13 & Over 100 Backstroke	80	8	09:45 AM	_____
Finals	14 Boys 13 & Over 100 Backstroke	75	8	09:56 AM	_____
Finals	15 Girls 13 & Over 100 Butterfly	61	7	10:09 AM	_____
Finals	16 Boys 13 & Over 100 Butterfly	55	6	10:17 AM	_____
Finals	17 Girls 13 & Over 200 Breaststroke	59	6	10:23 AM	_____
Finals	18 Boys 13 & Over 200 Breaststroke	67	7	10:41 AM	_____
Finals	19 Girls 13 & Over 200 IM	75	8	11:02 AM	_____
Finals	20 Boys 13 & Over 200 IM	60	6	11:24 AM	_____
Finals	21 Girls 13 & Over 50 Butterfly	84	9	11:39 AM	_____
Finals	22 Boys 13 & Over 50 Butterfly	75	8	11:48 AM	_____
Finals	23 Girls 13 & Over 50 Breaststroke	58	6	11:56 AM	_____
Finals	24 Boys 13 & Over 50 Breaststroke	51	6	12:03 PM	_____
Finals	25 Girls 13-14 200 Freestyle Relay	18	2	12:12 PM	_____
Finals	26 Boys 13-14 200 Freestyle Relay	13	2	12:17 PM	_____
Finals	27 Girls 15 & Over 200 Freestyle Relay	12	2	12:22 PM	_____
Finals	28 Boys 15 & Over 200 Freestyle Relay	10	1	12:27 PM	_____
	Swimmers Counts for Warm-ups: 375	=====	=====		
	Entry / Heat Totals:	1,094	117		
	Finish Time			12:30 PM	_____

RHAC Winter Invitational 2026 - 1/16/2026 to 1/18/2026**Session Report**

Session: 4 Saturday Afternoon (12&U)

Day of Meet: 2 Starts at 01:45 PM Heat Interval: 20 Seconds / Back +15 Seconds / Chase -40

Round	Event	Entries	Heats	Starts at	
Finals	29 Girls 12 & Under 200 Freestyle	94	10	01:45 PM	_____
Finals	30 Boys 12 & Under 200 Freestyle	96	10	02:17 PM	_____
Finals	31 Girls 12 & Under 100 Backstroke	128	13	02:47 PM	_____
Finals	32 Boys 12 & Under 100 Backstroke	114	12	03:11 PM	_____
Finals	33 Girls 12 & Under 100 Butterfly	40	4	03:32 PM	_____
Finals	34 Boys 12 & Under 100 Butterfly	43	5	03:39 PM	_____
Finals	35 Girls 11-12 200 Breaststroke	47	5	03:46 PM	_____
Finals	36 Boys 11-12 200 Breaststroke	34	4	04:03 PM	_____
Finals	37 Girls 12 & Under 200 IM	85	9	04:18 PM	_____
Finals	38 Boys 12 & Under 200 IM	54	6	04:48 PM	_____
Finals	39 Girls 12 & Under 50 Butterfly	93	10	05:07 PM	_____
Finals	40 Boys 12 & Under 50 Butterfly	74	8	05:19 PM	_____
Finals	41 Girls 12 & Under 50 Breaststroke	89	9	05:29 PM	_____
Finals	42 Boys 12 & Under 50 Breaststroke	83	9	05:41 PM	_____
Finals	43 Mixed 10 & Under 200 Freestyle Relay	11	2	05:53 PM	_____
Finals	45 Girls 11-12 200 Freestyle Relay	14	2	06:00 PM	_____
Finals	46 Boys 11-12 200 Freestyle Relay	7	1	06:06 PM	_____
	Swimmers Counts for Warm-ups: 381	=====	=====		
	Entry / Heat Totals:	1,106	119		
	Finish Time			06:09 PM	_____

RHAC Winter Invitational 2026 - 1/16/2026 to 1/18/2026**Session Report**

Session: 5 Sunday Morning (13&0)

Day of Meet: 3 Starts at 08:45 AM Heat Interval: 20 Seconds / Back +15 Seconds / Chase -40

Round	Event	Entries	Heats	Starts at	
Finals	47 Girls 13 & Over 100 Breaststroke	77	8	08:45 AM	_____
Finals	48 Boys 13 & Over 100 Breaststroke	66	7	08:57 AM	_____
Finals	49 Girls 13 & Over 200 Butterfly	29	3	09:06 AM	_____
Finals	50 Boys 13 & Over 200 Butterfly	36	4	09:15 AM	_____
Finals	51 Girls 13 & Over 100 Freestyle	107	11	09:26 AM	_____
Finals	52 Boys 13 & Over 100 Freestyle	101	11	09:36 AM	_____
Finals	53 Girls 13 & Over 200 Backstroke	74	8	09:49 AM	_____
Finals	54 Boys 13 & Over 200 Backstroke	68	7	10:13 AM	_____
Finals	55 Girls 13 & Over 50 Backstroke	51	6	10:33 AM	_____
Finals	56 Boys 13 & Over 50 Backstroke	44	5	10:41 AM	_____
Finals	57 Girls 13 & Over 50 Freestyle	111	12	10:49 AM	_____
Finals	58 Boys 13 & Over 50 Freestyle	111	12	11:00 AM	_____
Finals	59 Girls 13-14 200 Medley Relay	17	2	11:12 AM	_____
Finals	60 Boys 13-14 200 Medley Relay	12	2	11:19 AM	_____
Finals	61 Girls 15 & Over 200 Medley Relay	10	1	11:26 AM	_____
Finals	62 Boys 15 & Over 200 Medley Relay	9	1	11:29 AM	_____
Finals	7 Girls 13 & Over 400 IM	43	5	11:32 AM	_____
Finals	8 Boys 13 & Over 400 IM	43	5	12:03 PM	_____
	Swimmers Counts for Warm-ups: 330	=====	=====		
	Entry / Heat Totals:	1,009	110		
	Finish Time			12:33 PM	_____

RHAC Winter Invitational 2026 - 1/16/2026 to 1/18/2026**Session Report**

Session: 6 Sunday Afternoon (12&U)

Day of Meet: 3 Starts at 01:45 PM Heat Interval: 20 Seconds / Back +15 Seconds / Chase -40

Round	Event	Entries	Heats	Starts at	
Finals	63 Girls 12 & Under 100 Breaststroke	101	11	01:45 PM	_____
Finals	64 Boys 12 & Under 100 Breaststroke	84	9	02:05 PM	_____
Finals	65 Girls 11-12 200 Butterfly	13	2	02:19 PM	_____
Finals	66 Boys 11-12 200 Butterfly	11	2	02:26 PM	_____
Finals	67 Girls 12 & Under 100 Freestyle	113	12	02:33 PM	_____
Finals	68 Boys 12 & Under 100 Freestyle	78	8	02:50 PM	_____
Finals	69 Girls 12 & Under 200 Backstroke	96	10	03:00 PM	_____
Finals	70 Boys 12 & Under 200 Backstroke	80	8	03:34 PM	_____
Finals	71 Girls 12 & Under 50 Backstroke	65	7	04:05 PM	_____
Finals	72 Boys 12 & Under 50 Backstroke	45	5	04:15 PM	_____
Finals	73 Girls 12 & Under 50 Freestyle	106	11	04:23 PM	_____
Finals	74 Boys 12 & Under 50 Freestyle	84	9	04:36 PM	_____
Finals	75 Mixed 10 & Under 200 Medley Relay	9	1	04:45 PM	_____
Finals	77 Girls 11-12 200 Medley Relay	12	2	04:50 PM	_____
Finals	78 Boys 11-12 200 Medley Relay	7	1	04:57 PM	_____
Finals-S	1 Girls 12 & Under 400 Freestyle	26	3	05:01 PM	_____
Finals-S	2 Boys 12 & Under 400 Freestyle	14	2	05:24 PM	_____
	Swimmers Counts for Warm-ups: 324	=====	=====		
	Entry / Heat Totals:	944	103		
	Finish Time			05:40 PM	_____