

RECORDS Rapids Records

LC Meters-Female

7-8	50	Free	35.06	16-May-03	RAPID	Caitlin Quon at Hyack Long Course Invitational
	100	Free	1:18.46	16-May-03	RAPID	Caitlin Quon at Hyack Long Course Invitational
	200	Free	2:46.45	16-May-03	RAPID	Caitlin Quon at Hyack Long Course Invitational
	400	Free	7:09.83	26-May-12	RAPID	Sarah Crawford at AGD 400m Time Trial
	50	Back	42.23	6-Jun-03	RAPID	Caitlin Quon at Kamloops Classic Invitational
	100	Back	1:27.15	21-Jun-03	RAPID	Caitlin Quon at HYACK SUMMER INVITATIONAL 2003
	200	Back	3:25.31	16-May-03	RAPID	Yi Han Wu at Hyack Long Course Invitational
	50	Breast	50.95	5-May-18	RAPID	Rebecca Dong at WEST COAST OPEN 2018
	100	Breast	1:46.66	21-Apr-18	RAPID	Rebecca Dong at 2018 Jessica Deglau Invitational
	200	Breast	3:44.28	29-Apr-06	RAPID	Anki Luo at West Coast Open 2006
	50	Fly	42.99	3-May-03	RAPID	Caitlin Quon at WEST COAST OPEN LONG COURSE 2003
	100	Fly	1:31.95	16-May-03	RAPID	Caitlin Quon at Hyack Long Course Invitational
	200	Fly	5:00.00	1-Nov-00		temp
	200	IM	3:26.46	21-Apr-18	RAPID	Rebecca Dong at 2018 Jessica Deglau Invitational
	400	IM	9:00.00	1-Nov-00		temp
9-10	50	Free	31.44	4-Jul-13	RAPID	Amanda McCallum at 2013 Swim BC AAA Long Course Championsh
	100	Free	1:08.53	4-Jul-13	RAPID	Amanda McCallum at 2013 Swim BC AAA Long Course Championsh
	200	Free	2:36.98	5-May-23	RAPID	Elizabeth Tangyang at West Coast Open 2023
	400	Free	5:30.51	3-Jul-08	RAPID	Anki Luo at 2008 TAS BC AAA LC Champs
	800	Free	11:11.74	3-Jul-08	RAPID	Anki Luo at 2008 TAS BC AAA LC Champs
	50	Back	37.05	4-May-13	RAPID	Amanda McCallum at WEST COAST OPEN
	100	Back	1:19.70	4-May-13	RAPID	Amanda McCallum at WEST COAST OPEN
	200	Back	2:47.12	4-Jul-13	RAPID	Amanda McCallum at 2013 Swim BC AAA Long Course Championsh
	50	Breast	43.67	6-Jul-16	RAPID	Samantha McCallum at Swim BC LC AAA Championships
	100	Breast	1:31.63	16-Jun-17	RAPID	Adelina Pei at 2017 AA LCM Championships
	200	Breast	3:16.72	16-Jun-17	RAPID	Adelina Pei at 2017 AA LCM Championships
	50	Fly	35.00	5-May-23	RAPID	Elizabeth Tangyang at West Coast Open 2023
	100	Fly	1:21.54	20-May-16	RAPID	Isabella Villasenor at 2016 Hyack Festival Youth Cup
	200	Fly	3:13.41	3-Jun-05	RAPID	Yi Han Wu at 2005 Mies Schootman Invitational
	200	IM	2:56.77	4-May-13	RAPID	Amanda McCallum at WEST COAST OPEN
	400	IM	6:35.30	3-May-08	RAPID	Anki Luo at WEST COAST OPEN
10 & U	200	Free Relay	2:28.78	5-Jun-09	RAPID	Richmond Rapids Swim Club A. Aficionado, M. Quon, J. Berry, J. Jones
	200	Medley Relay	2:51.73	6-Jun-03	RAPID	Richmond Rapids Swim Club Y. Wu, A. Leitch, M. McCord, K. Gosel
11-12	50	Free	28.21	29-Jul-15	RAPID	Amanda McCallum at 2015 Canadian Age Group Champi
	100	Free	1:02.25	17-Jul-25	RAPID	Yi-Jin Lin at 2025 Summer Provincial Championships
	200	Free	2:13.65	29-Jul-15	RAPID	Amanda McCallum at 2015 Canadian Age Group Champi
	400	Free	4:52.33	17-Jul-25	RAPID	Yi-Jin Lin at 2025 Summer Provincial Championships
	800	Free	10:14.07	5-Jul-07	RAPID	Morgan MacKenzie at 2007 TAS BC Long Course Champs
	1500	Free	19:42.30	14-Jul-22	RAPID	Coco J. Xie at BC Summer Provincials
	50	Back	31.81	2-Jul-15	RAPID	Amanda McCallum at 2015 Swim BC AAA Long Course Championsh
	100	Back	1:07.52	29-Jul-15	RAPID	Amanda McCallum at 2015 Canadian Age Group Champi
	200	Back	2:24.46	29-Jul-15	RAPID	Amanda McCallum at 2015 Canadian Age Group Champi
	50	Breast	36.78	23-Jul-14	RAPID	Dini McIver at 2014 Canadian Age Group Champi
	100	Breast	1:20.69	23-Jul-14	RAPID	Dini McIver at 2014 Canadian Age Group Champi
	200	Breast	2:52.52	5-Jul-07	RAPID	Daniella Korotchenko at 2007 TAS BC Long Course Champs
	50	Fly	30.55	19-Jul-07	RICH	Morgan MacKenzie at Champ. nat. gr. age 2007 Age Group National:
	100	Fly	1:06.39	19-Jul-07	RICH	Morgan MacKenzie at Champ. nat. gr. age 2007 Age Group National:

RECORDS Rapids Records

11-12	200 Fly	2:27.10	19-Jul-07	RICH	Morgan MacKenzie at Champ. nat. gr. age 2007 Age Group National
	200 IM	2:26.28	29-Jul-15	RAPID	Amanda McCallum at 2015 Canadian Age Group Champi
	400 IM	5:16.51	29-Jul-15	RAPID	Amanda McCallum at 2015 Canadian Age Group Champi
12 & U	200 Free Relay	2:02.61	14-Jul-22	RAPID	Richmond Rapids Swim Club R. Dong, E. Sun, S. Chen, C. Xie
	400 Free Relay	4:35.18	11-Jul-02	RAPID	Richmond Rapids Swim Club J. Hsueh, T. Lai, S. Manfredi, T. Burde
	800 Free Relay	10:44.86	2-Jul-09	RAPID	Richmond Rapids Swim Club C. Hong, E. Letts, C. Ye, M. Luo
	200 Medley Relay	2:14.91	14-Jul-22	RAPID	Richmond Rapids Swim Club R. Dong, E. Sun, C. Xie, S. Chen
	400 Medley Relay	5:00.55	14-Jul-22	RAPID	Richmond Rapids Swim Club R. Dong, E. Sun, C. Xie, S. Chen
13-14	50 Free	27.56	27-Jul-16	RAPID	Amanda McCallum at 2016 Canadian Age Group Championships
	100 Free	59.13	6-Jul-16	RAPID	Amanda McCallum at Swim BC LC AAA Championships
	200 Free	2:06.33	14-Jan-17	RAPID	Amanda McCallum at 2017 SwimBC Senior Circuit #2
	400 Free	4:44.94	13-May-17	RAPID	Amanda McCallum at WEST COAST OPEN 2017
	800 Free	9:45.19	12-Jun-16	RAPID	Amanda McCallum at June Jamboree
	1500 Free	19:00.91	16-May-03	RAPID	Jennifer Hsueh at Hyack Long Course Invitational
	50 Back	30.84	27-Jul-16	RAPID	Amanda McCallum at 2016 Canadian Age Group Championships
	100 Back	1:05.01	27-Jul-16	RAPID	Amanda McCallum at 2016 Canadian Age Group Championships
	200 Back	2:20.50	27-Jul-16	RAPID	Amanda McCallum at 2016 Canadian Age Group Championships
	50 Breast	35.55	24-Jul-08	RAPID	Daniella Korotchenko at 2008 Age Group Nationals
	100 Breast	1:16.40	19-Jan-19	RAPID	Sarah Crawford at January LMR Invitational 2019
	200 Breast	2:41.19	2-Jul-09	RAPID	Daniella Korotchenko at 2009 TAS BC LC Championships
	50 Fly	30.15	18-Feb-16	RAPID	Amanda McCallum at 2016 Speedo Western Canadian Open
	100 Fly	1:03.87	27-Jul-16	RAPID	Amanda McCallum at 2016 Canadian Age Group Championships
	200 Fly	2:23.83	6-Jul-17	RAPID	Amanda McCallum at 2017 Swim BC LCM AAA Championships
	200 IM	2:24.67	6-Jul-17	RAPID	Amanda McCallum at 2017 Swim BC LCM AAA Championships
	400 IM	5:07.17	11-Mar-17	RAPID	Amanda McCallum at 2017 Swim BC Senior Open
14 & U	200 Free Relay	1:54.33	6-Jul-17	RAPID	Richmond Rapids Swim Club L. Douglas, C. Soroco, C. Siu, A. McCa
	400 Free Relay	4:13.60	6-Jul-16	RAPID	Richmond Rapids Swim Club C. Ford, C. Soroco, D. McIver, A. McCa
	800 Free Relay	9:26.32	2-Jul-09	RAPID	Richmond Rapids Swim Club J. Aldaba, P. Gosse, C. Tejero, D. Koro
	200 Medley Relay	2:06.32	6-Jul-16	RAPID	Richmond Rapids Swim Club D. McIver, C. Tan, A. McCallum, L. Do
	400 Medley Relay	4:40.37	6-Jul-17	RAPID	Richmond Rapids Swim Club A. McCallum, S. Crawford, L. Douglas
15-16	50 Free	26.55	29-Jul-15	RAPID	Wendy Yang at 2015 Canadian Age Group Champi
	100 Free	58.38	2-Jul-15	RAPID	Wendy Yang at 2015 Swim BC AAA Long Course Championships
	200 Free	2:05.17	6-Jul-18	RAPID	Amanda McCallum at 2018 Swim BC Tier II - Summer Championshi
	400 Free	4:22.88	12-Apr-18	RAPID	Amanda McCallum at 2018 Speedo Western Canadian Championshi
	800 Free	9:15.02	1-Jun-18	RAPID	Amanda McCallum at 2018 Mel Zajac Jr. International
	1500 Free	18:29.46	29-Jun-06	RAPID	Jennifer Hsueh at RAPIDS TIME TRIAL 3
	50 Back	30.85	2-Jun-23	RAPID	Sienna Saunders at 2023 Mel Zajac Jr. International
	100 Back	1:06.31	2-Jun-23	RAPID	Sienna Saunders at 2023 Mel Zajac Jr. International
	200 Back	2:25.71	7-Aug-17	TBC	Amanda McCallum at 2017 Canada Games Swimming
	50 Breast	34.06	11-Apr-19	RAPID	Christina Tan at 2019 Western Canadian Championships
	100 Breast	1:13.94	23-Jul-14	RAPID	Serena Xue at 2014 Canadian Age Group Champi
	200 Breast	2:38.50	23-Jul-14	RAPID	Serena Xue at 2014 Canadian Age Group Champi
	50 Fly	27.77	2-Jul-15	RAPID	Wendy Yang at 2015 Swim BC AAA Long Course Championships
	100 Fly	1:03.38	6-Aug-15	RAPID	Wendy Yang at 2015 Canadian Swimming Champio
	200 Fly	2:21.22	21-Apr-22	RAPID	Angel Yao at 2022 Speedo Western Canadian Championships
	200 IM	2:22.44	6-Jul-18	RAPID	Amanda McCallum at 2018 Swim BC Tier II - Summer Championshi
	400 IM	5:05.69	18-May-18	RAPID	Amanda McCallum at 2018 Hyack Festival Youth Cup

RECORDS Rapids Records

15 & O	200	Free Relay	1:49.80	*	4-Jul-19	RAPID	Richmond Rapids Swim Club	Y. Zhuang, J. Skuse, L. Douglas, A. Mc
	200	Free Relay	1:49.80	*	4-Jul-19	RAPID	Richmond Rapids Swim Club	Y. Zhuang, J. Skuse, L. Douglas, A. Mc
	200	Free Relay	1:49.80	*	4-Jul-19	RAPID	allum Richmond Rapids Swim Club	Y. Zhuang, J. Skuse, L. Douglas,
	400	Free Relay	4:09.29		24-Jul-08	RAPID	Richmond Rapids Swim Club	J. Ng, I. Cheng, D. Korotchenko, C. Be
	800	Free Relay	9:28.90		13-Jul-01	RAPID	Richmond Rapids Swim Club	L. Vishniakoff, C. Cheung, R. Stephen
	200	Medley Relay	2:02.19		6-Jul-18	RAPID	Richmond Rapids Swim Club	J. Low, C. Tan, L. Douglas, A. McCallu
	400	Medley Relay	4:40.00		24-Jul-08	RAPID	Richmond Rapids Swim Club	J. Ng, D. Korotchenko, I. Cheng, C. Be
17 & O	50	Free	25.87		10-Apr-24	RAPID	Danielle Hanus at 2024 Speedo Canadian Swimming	
	100	Free	55.44		13-May-24	RAPID	Danielle Hanus at 2024 Bell Olympic Paralympic	
	200	Free	2:04.63		10-Apr-24	RAPID	Danielle Hanus at 2024 Speedo Canadian Swimming	
	400	Free	4:30.20		4-Jul-13	RAPID	Morgan Mark at 2013 Swim BC AAA Long Course Championships	
	800	Free	9:45.32		20-Jul-06	RAPID	Jennifer Hsueh at 2006 Canadian Age Group Nationals	
	1500	Free	18:38.44		29-Jun-06	RAPID	Nicole Hynds at RAPIDS TIME TRIAL 3	
	50	Back	28.14		1-Aug-23	RAPID	Danielle Hanus at 2023 Speedo Canadian Swimming	
	100	Back	1:00.71		28-Mar-23	RAPID	Danielle Hanus at 2023 Canadian Swimming Trials	
	200	Back	2:17.13		2-Mar-23	RAPID	Danielle Hanus at BC Winter Provincials	
	50	Breast	33.82		27-Jul-16	RAPID	Serena Xue at 2016 Canadian Age Group Championships	
	100	Breast	1:12.85		1-Aug-23	RAPID	Danielle Hanus at 2023 Speedo Canadian Swimming	
	200	Breast	2:35.90		1-Apr-15	RAPID	Serena Xue at 2015 Canadian Swimming Trials	
	50	Fly	27.04		28-Mar-23	RAPID	Danielle Hanus at 2023 Canadian Swimming Trials	
	100	Fly	58.87		13-May-24	RAPID	Danielle Hanus at 2024 Bell Olympic Paralympic	
	200	Fly	2:17.38		28-Mar-23	RAPID	Danielle Hanus at 2023 Canadian Swimming Trials	
	200	IM	2:13.61		13-May-24	RAPID	Danielle Hanus at 2024 Bell Olympic Paralympic	
	400	IM	5:23.04		6-Jul-16	RAPID	Serena Xue at Swim BC LC AAA Championships	
Senior	200	Free Relay	1:49.15		2-Jul-15	RAPID	Richmond Rapids Swim Club	D. Mark, M. Mark, S. Xue, W. Yang
	400	Free Relay	4:03.61		12-Apr-18	RAPID	Richmond Rapids Swim Club	J. Low, M. Mark, A. McCallum, C. Tan
	800	Free Relay	9:23.90		5-Jul-12	RAPID	Richmond Rapids Swim Club	P. Gosse, M. Yasuda, C. Hong, M. Mar
	200	Medley Relay	1:59.38		2-Jul-15	RAPID	Richmond Rapids Swim Club	J. Berry, S. Xue, W. Yang, M. Mark
	400	Medley Relay	4:29.13		14-Jul-22	RAPID	Richmond Rapids Swim Club	A. McCallum, S. Crawford, A. Yao, A. '

RECORDS Rapids Records

LC Meters-Male

7-8	50	Free	37.50	4-Jun-10	RAPID	Matthew Crawford at Kamloops June Classic 2010
	100	Free	1:20.93	4-Jun-10	RAPID	Matthew Crawford at Kamloops June Classic 2010
	200	Free	3:00.49	1-May-10	RAPID	Matthew Crawford at WEST COAST OPEN
	400	Free	6:15.04	25-Jun-10	RAPID	Matthew Crawford at 2010 SwimBC Long Course AA Championship
	50	Back	40.78	25-Jun-10	RAPID	Matthew Crawford at 2010 SwimBC Long Course AA Championship
	100	Back	1:30.20	4-Jun-10	RAPID	Matthew Crawford at Kamloops June Classic 2010
	200	Back	3:02.23	25-Jun-10	RAPID	Matthew Crawford at 2010 SwimBC Long Course AA Championship
	50	Breast	47.98	* 4-May-02	RAPID	Michael Shramko at WCO
	50	Breast	47.98	* 7-Jun-02	RAPID	Michael Shramko at 12th Annual Kamloops Classic
	50	Breast	47.98	* 7-Jun-02	RAPID	Michael Shramko at 12th Annual Kamloops Classic
	100	Breast	1:43.27	25-Jun-10	RAPID	Matthew Crawford at 2010 SwimBC Long Course AA Championship
	200	Breast	3:47.52	15-Jun-02	RAPID	Michael Shramko at HYACK SUMMER LC INVITATIONAL
	50	Fly	40.81	15-Jun-19	RAPID	Matias Raffai at 2019 JuneTT
	100	Fly	1:42.61	4-Jun-10	RAPID	Matthew Crawford at Kamloops June Classic 2010
	200	Fly	5:00.00	1-Nov-00		temp
	200	IM	3:18.81	4-Jun-10	RAPID	Matthew Crawford at Kamloops June Classic 2010
	400	IM	9:00.00	1-Nov-00		temp
9-10	50	Free	31.47	5-Jul-12	RAPID	Matthew Crawford at 2012 Team Aquatic Supplies BC AAA LC Charr
	100	Free	1:10.78	18-May-12	RAPID	Matthew Crawford at Hyack Festival AAA Youth Cup 2012
	200	Free	2:36.23	1-May-04	RAPID	Michael Shramko at WCO 2004
	400	Free	5:22.33	3-May-08	RAPID	Eugene Xie at WEST COAST OPEN
	800	Free	16:00.00	1-Nov-00		temp
	1500	Free	22:36.92	15-May-15	RAPID	Will MacDougall at 2015 Hyack Festival Youth Cup
	50	Back	35.03	5-Jul-12	RAPID	Matthew Crawford at 2012 Team Aquatic Supplies BC AAA LC Charr
	100	Back	1:17.42	5-Jul-12	RAPID	Matthew Crawford at 2012 Team Aquatic Supplies BC AAA LC Charr
	200	Back	2:46.28	5-Jul-12	RAPID	Matthew Crawford at 2012 Team Aquatic Supplies BC AAA LC Charr
	50	Breast	41.83	4-Jun-04	RAPID	Michael Shramko at June Classic 2004
	100	Breast	1:31.00	21-Apr-18	RAPID	Joshua Wall at 2018 Jessica Deglau Invitational
	200	Breast	3:12.85	21-Apr-18	RAPID	Joshua Wall at 2018 Jessica Deglau Invitational
	50	Fly	36.48	4-May-19	RAPID	Yiguo Song at WEST COAST OPEN 2019
	100	Fly	1:20.02	5-Jul-12	RAPID	Matthew Crawford at 2012 Team Aquatic Supplies BC AAA LC Charr
	200	Fly	3:04.49	5-Jul-12	RAPID	Jeremy Fung at 2012 Team Aquatic Supplies BC AAA LC Champs
	200	IM	2:49.94	5-Jul-12	RAPID	Matthew Crawford at 2012 Team Aquatic Supplies BC AAA LC Charr
	400	IM	6:12.90	21-Apr-18	RAPID	Joshua Wall at 2018 Jessica Deglau Invitational
10 & U	200	Free Relay	2:31.75	4-Jun-10	RAPID	Richmond Rapids Swim Club A. Berry, M. Crawford, R. Murray, R.
	200	Medley Relay	2:52.45	4-Jun-05	RAPID	Richmond Rapids Swim Club K. Bower, B. Xie, D. Fung, J. Hong
11-12	50	Free	25.53	29-Jul-15	RAPID	Eric Tong at 2015 Canadian Age Group Champi
	100	Free	56.75	29-Jul-15	RAPID	Eric Tong at 2015 Canadian Age Group Champi
	200	Free	2:09.93	29-Jul-15	RAPID	Eric Tong at 2015 Canadian Age Group Champi
	400	Free	4:44.46	11-Apr-14	RAPID	Ethan Chan at LOSC 12th Annual Long Course Meet
	800	Free	9:55.79	19-May-17	RAPID	Will MacDougall at 2017 Hyack Festival Youth Cup
	1500	Free	18:43.90	19-May-17	RAPID	Will MacDougall at 2017 Hyack Festival Youth Cup
	50	Back	32.42	2-Jul-15	RAPID	Jonathan Wang at 2015 Swim BC AAA Long Course Championships
	100	Back	1:10.42	* 5-Jul-07	RAPID	Nathan Muszynski at 2007 TAS BC Long Course Champs
	100	Back	1:10.42	* 3-Jul-14	RAPID	Matthew Crawford at 2014 Swim BC AAA Long Course Meet
	200	Back	2:29.83	5-Jul-07	RAPID	Nathan Muszynski at 2007 TAS BC Long Course Champs
	50	Breast	35.00	29-Jul-15	RAPID	Eric Tong at 2015 Canadian Age Group Champi

RECORDS Rapids Records

11-12	100 Breast	1:12.21	18-May-12	RAPID	Kevin Ye at Hyack Festival AAA Youth Cup 2012	
	200 Breast	2:42.88	5-May-12	RAPID	Kevin Ye at WEST COAST OPEN	
	50 Fly	28.79	13-Jul-23	RAPID	Tristan Lee at 2023 Swim BC Summer Provincials	
	100 Fly	1:06.31	13-Jul-23	RAPID	Tristan Lee at 2023 Swim BC Summer Provincials	
	200 Fly	2:29.36	13-Jul-23	RAPID	Tristan Lee at 2023 Swim BC Summer Provincials	
	200 IM	2:26.16	18-May-12	RAPID	Kevin Ye at Hyack Festival AAA Youth Cup 2012	
	400 IM	5:18.85	13-May-17	RAPID	Will MacDougall at WEST COAST OPEN 2017	
12 & U	200 Free Relay	1:53.00	2-Jul-15	RAPID	Richmond Rapids Swim Club	Y. Tong, J. Wang, R. Gong, S. Pei
	400 Free Relay	4:21.19	6-Mar-25	RAPID	Richmond Rapids Swim Club	M. Lee, N. Liu, J. Rudolf, J. Wang
	800 Free Relay	9:40.42	5-Jul-12	RAPID	Richmond Rapids Swim Club	A. Berry, R. Rakchtis, A. Hsing, R. Mu
	200 Medley Relay	2:06.09	2-Jul-15	RAPID	Richmond Rapids Swim Club	J. Wang, S. Pei, Y. Tong, R. Gong
	400 Medley Relay	4:52.53	3-Jul-14	RAPID	Richmond Rapids Swim Club	M. Crawford, T. Chen, J. Quon, J. Chia
13-14	50 Free	24.66	6-Jul-17	RAPID	Eric Tong at 2017 Swim BC LCM AAA Championships	
	100 Free	54.77	11-Jul-24	RAPID	Zi Dong Su at 2024 Summer Provincial Championships	
	200 Free	2:01.85	11-Jul-24	RAPID	Zi Dong Su at 2024 Summer Provincial Championships	
	400 Free	4:15.28	11-Apr-19	RAPID	Will MacDougall at 2019 Western Canadian Championships	
	800 Free	8:49.38	11-Apr-19	RAPID	Will MacDougall at 2019 Western Canadian Championships	
	1500 Free	16:56.86	11-Apr-19	RAPID	Will MacDougall at 2019 Western Canadian Championships	
	50 Back	28.67	11-Jul-24	RAPID	Zi Dong Su at 2024 Summer Provincial Championships	
	100 Back	1:02.05	21-Mar-24	RAPID	Zi Dong Su at 2024 Speedo Western Canadian Championships	
	200 Back	2:11.95	21-Jun-24	RAPID	Zi Dong Su at 2024 Mel Zajac Jr. International Swim Meet	
	50 Breast	30.77	25-Jul-22	RAPID	Joshua Wall at CJC-CSC 2022	
	100 Breast	1:06.26	11-Jul-24	RAPID	Zi Dong Su at 2024 Summer Provincial Championships	
	200 Breast	2:24.52 *	11-Jul-24	RAPID	Zi Dong Su at 2024 Summer Provincial Championships	
	200 Breast	2:24.52 *	25-Jul-22	RAPID	Joshua Wall at CJC-CSC 2022 Zi Dong Su at 2024 Summer Provincial	
	50 Fly	27.27	24-Jul-03	RAPID	Jordan Hartney at 2003 Club Nationals	
	100 Fly	1:00.47	24-Jul-03	RAPID	Jordan Hartney at 2003 Club Nationals	
	200 Fly	2:14.28	10-Jul-03	RAPID	Jordan Hartney at BC OPEN 'AAA' AGE GROUP LONG COURSE CHAM	
	200 IM	2:10.71	11-Jul-24	RAPID	Zi Dong Su at 2024 Summer Provincial Championships	
	400 IM	4:42.45	21-Jun-24	RAPID	Zi Dong Su at 2024 Mel Zajac Jr. International Swim Meet	
14 & U	200 Free Relay	1:43.64	2-Jul-15	RAPID	Richmond Rapids Swim Club	T. Yu, E. Chan, J. Chiam, Y. Tong
	400 Free Relay	3:47.79	2-Mar-23	RAPID	Richmond Rapids Swim Club	Z. Su, Z. Tao, Y. Song, G. Du
	800 Free Relay	8:43.53	4-Jul-13	RAPID	Richmond Rapids Swim Club	K. Ye, A. Chua, J. Liu, M. Schaffler
	200 Medley Relay	1:54.83	2-Mar-23	RAPID	Richmond Rapids Swim Club	Z. Su, Z. Tao, Y. Song, G. Du
	400 Medley Relay	4:14.84	8-Jul-10	RAPID	Richmond Rapids Swim Club	K. Smith, L. Kell, N. Dekker, B. Li
15-16	50 Free	23.56	18-Feb-16	RAPID	Alex Ball at 2016 Speedo Western Canadian Open	
	100 Free	52.69	26-Jul-17	RAPID	Brian Yu at 2017 PC TERA LCM FAR WEST LCM	
	200 Free	1:56.08	4-Jul-19	RAPID	Samuel Pei at 2019 BC Summer Provincial Championships	
	400 Free	4:05.69	4-Jul-19	RAPID	Samuel Pei at 2019 BC Summer Provincial Championships	
	800 Free	8:32.43	4-Jul-19	RAPID	Samuel Pei at 2019 BC Summer Provincial Championships	
	1500 Free	16:46.27	7-Mar-19	RAPID	Samuel Pei at 2019 Winter Provincial Championships	
	50 Back	27.52	7-Aug-17	TBC	Matthew Crawford at 2017 Canada Games Swimming	
	100 Back	58.73	17-Jul-25	RAPID	Anthony Su at 2025 Summer Provincial Championships	
	200 Back	2:07.50	2-Mar-23	RAPID	David Maibaum at BC Winter Provincials	
	50 Breast	29.74	16-May-25	RAPID	Anthony Su at 2025 Mel Zajac Jr. International Swim Meet	
	100 Breast	1:03.98	17-Jul-25	RAPID	Anthony Su at 2025 Summer Provincial Championships	
	200 Breast	2:22.70	6-Mar-25	RAPID- BC	Yiguo Song at 2025 Winter Provincial Championships	
	50 Fly	26.51	19-Feb-15	RAPID	Jerry Liu at 2015 Speedo Western Canadian Open	

RECORDS Rapids Records

15-16	100 Fly	56.42	2-Aug-12	CAN	Nicolaas Dekker at 2012 North American Challenge Cup
	200 Fly	2:05.34	21-Jul-05	RAPID	Jordan Hartney at 2005 Canadian Long Course Club Nationals
	200 IM	2:07.59	21-Jul-05	RAPID	Jordan Hartney at 2005 Canadian Long Course Club Nationals
	400 IM	4:32.69	21-Jul-05	RAPID	Jordan Hartney at 2005 Canadian Long Course Club Nationals
15 & O	200 Free Relay	1:38.51	17-Jul-25	RAPID	Richmond Rapids Swim Club Z. Su, Z. Tao, G. Du, Y. Madorsky
	400 Free Relay	3:37.86	6-Mar-25	RAPID	Richmond Rapids Swim Club Z. Su, Z. Tao, I. Chen, G. Du
	800 Free Relay	8:32.91	21-Jul-10	RAPID	Richmond Rapids Swim Club N. Dekker, K. Smith, B. de Costa, B. L
	200 Medley Relay	1:48.56	2-Mar-23	RAPID	Richmond Rapids Swim Club D. Maibaum, J. Wall, C. Yang, R. He
	400 Medley Relay	4:02.17	13-Jul-23	RAPID	Richmond Rapids Swim Club D. Maibaum, Z. Tao, C. Yang, R. He
17 & O	50 Free	23.64	5-Apr-18	RAPID	Brian Yu at 2018 Canadian Swimming Champio
	100 Free	52.03	24-Jul-24	RAPID	River He at 2024 Speedo Canadian Swimming
	200 Free	1:50.34	28-May-00	RAPID	Brian Johns at 2000 MARITIME TRIALS
	400 Free	3:55.48	28-May-00	RAPID	Brian Johns at 2000 MARITIME TRIALS
	800 Free	8:30.56	5-Mar-20	RAPID	Samuel Pei at 2020 BC Winter Provincial Championships
	1500 Free	16:03.42	20-Jul-00	RAPID	Brian Johns at BC OPEN AGE GROUP CHAMPS
	50 Back	26.78	6-Apr-17	RAPID	Nicolaas Dekker at 2017 Canadian Swimming Trials
	100 Back	58.65	24-Jul-13	RAPID	Brandon de Costa at Championnat canadien groupes d
	200 Back	2:07.19	13-May-24	RAPID	David Maibaum at 2024 Bell Olympic Paralympic
	50 Breast	29.37	6-Apr-17	RAPID	Alex Ball at 2017 Canadian Swimming Trials
	100 Breast	1:03.73	27-Jul-06	RAPID	Kyron Winkelmeyer at 2006 Canadian Pan Pacific Trials
	200 Breast	2:19.15	27-Jul-06	RAPID	Kyron Winkelmeyer at 2006 Canadian Pan Pacific Trials
	50 Fly	24.69	4-Aug-16	RAPID	Nicolaas Dekker at 2016 Canadian Swimming Championships
	100 Fly	53.97	6-Apr-17	RAPID	Nicolaas Dekker at 2017 Canadian Swimming Trials
	200 Fly	1:58.87	5-Apr-16	RAPID	Nicolaas Dekker at 2016 Canadian Olympic & Para Swim Trials & T
	200 IM	2:02.80	28-May-00	RAPID	Brian Johns
	400 IM	4:27.66	17-Aug-06	CAN	Jordan Hartney at 2006 Pan Pacific Swimming Cham