

## RECORDS Rapids Records

### LC Meters-Female

7-8	50 Free	35.06	<b>16-May-03</b>	RAPID	Caitlin Quon at Hyack Long Course Invitational	
	100 Free	1:18.46	<b>16-May-03</b>	RAPID	Caitlin Quon at Hyack Long Course Invitational	
	200 Free	2:46.45	<b>16-May-03</b>	RAPID	Caitlin Quon at Hyack Long Course Invitational	
	400 Free	7:09.83	<b>26-May-12</b>	RAPID	Sarah Crawford at AGD 400m Time Trial	
	50 Back	42.23	<b>6-Jun-03</b>	RAPID	Caitlin Quon at Kamloops Classic Invitational	
	100 Back	1:27.15	<b>21-Jun-03</b>	RAPID	Caitlin Quon at HYACK SUMMER INVITATIONAL 2003	
	200 Back	3:25.31	<b>16-May-03</b>	RAPID	Yi Han Wu at Hyack Long Course Invitational	
	50 Breast	50.95	<b>5-May-18</b>	RAPID	Rebecca Dong at WEST COAST OPEN 2018	
	100 Breast	1:46.66	<b>21-Apr-18</b>	RAPID	Rebecca Dong at 2018 Jessica Deglau Invitational	
	200 Breast	3:44.28	<b>29-Apr-06</b>	RAPID	Anki Luo at West Coast Open 2006	
	50 Fly	42.99	<b>3-May-03</b>	RAPID	Caitlin Quon at WEST COAST OPEN LONG COURSE 2003	
	100 Fly	1:31.95	<b>16-May-03</b>	RAPID	Caitlin Quon at Hyack Long Course Invitational	
	200 Fly	5:00.00	<b>1-Nov-00</b>		temp	
	200 IM	3:26.46	<b>21-Apr-18</b>	RAPID	Rebecca Dong at 2018 Jessica Deglau Invitational	
	400 IM	9:00.00	<b>1-Nov-00</b>		temp	
	9-10	50 Free	31.44	<b>4-Jul-13</b>	RAPID	Amanda McCallum at 2013 Swim BC AAA Long Course Championsh
		100 Free	1:08.53	<b>4-Jul-13</b>	RAPID	Amanda McCallum at 2013 Swim BC AAA Long Course Championsh
200 Free		2:36.98	<b>5-May-23</b>	RAPID	Elizabeth Tangyang at West Coast Open 2023	
400 Free		5:30.51	<b>3-Jul-08</b>	RAPID	Anki Luo at 2008 TAS BC AAA LC Champs	
800 Free		11:11.74	<b>3-Jul-08</b>	RAPID	Anki Luo at 2008 TAS BC AAA LC Champs	
50 Back		37.05	<b>4-May-13</b>	RAPID	Amanda McCallum at WEST COAST OPEN	
100 Back		1:19.70	<b>4-May-13</b>	RAPID	Amanda McCallum at WEST COAST OPEN	
200 Back		2:47.12	<b>4-Jul-13</b>	RAPID	Amanda McCallum at 2013 Swim BC AAA Long Course Championsh	
50 Breast		43.67	<b>6-Jul-16</b>	RAPID	Samantha McCallum at Swim BC LC AAA Championships	
100 Breast		1:31.63	<b>16-Jun-17</b>	RAPID	Adelina Pei at 2017 AA LCM Championships	
200 Breast		3:16.72	<b>16-Jun-17</b>	RAPID	Adelina Pei at 2017 AA LCM Championships	
50 Fly		35.00	<b>5-May-23</b>	RAPID	Elizabeth Tangyang at West Coast Open 2023	
100 Fly		1:21.54	<b>20-May-16</b>	RAPID	Isabella Villasenor at 2016 Hyack Festival Youth Cup	
200 Fly		3:13.41	<b>3-Jun-05</b>	RAPID	Yi Han Wu at 2005 Mies Schootman Invitational	
200 IM		2:56.77	<b>4-May-13</b>	RAPID	Amanda McCallum at WEST COAST OPEN	
400 IM		6:35.30	<b>3-May-08</b>	RAPID	Anki Luo at WEST COAST OPEN	
10 & U		200 Free Relay	2:28.78	<b>5-Jun-09</b>	RAPID	Richmond Rapids Swim Club A. Aficionado, M. Quon, J. Berry, J. Jones
	200 Medley Relay	2:51.73	<b>6-Jun-03</b>	RAPID	Richmond Rapids Swim Club Y. Wu, A. Leitch, M. McCord, K. Gosel	
11-12	50 Free	28.21	<b>29-Jul-15</b>	RAPID	Amanda McCallum at 2015 Canadian Age Group Champi	
	100 Free	1:02.40	<b>15-May-15</b>	RAPID	Amanda McCallum at 2015 Hyack Festival Youth Cup	
	200 Free	2:13.65	<b>29-Jul-15</b>	RAPID	Amanda McCallum at 2015 Canadian Age Group Champi	
	400 Free	4:53.82	<b>2-Apr-16</b>	RAPID	Charlie Ford at 14th Annual Long Course Invitational	
	800 Free	10:14.07	<b>5-Jul-07</b>	RAPID	Morgan MacKenzie at 2007 TAS BC Long Course Champs	
	1500 Free	19:42.30	<b>14-Jul-22</b>	RAPID	Coco J. Xie at BC Summer Provincials	
	50 Back	31.81	<b>2-Jul-15</b>	RAPID	Amanda McCallum at 2015 Swim BC AAA Long Course Championsh	
	100 Back	1:07.52	<b>29-Jul-15</b>	RAPID	Amanda McCallum at 2015 Canadian Age Group Champi	
	200 Back	2:24.46	<b>29-Jul-15</b>	RAPID	Amanda McCallum at 2015 Canadian Age Group Champi	
	50 Breast	36.78	<b>23-Jul-14</b>	RAPID	Dini McIver at 2014 Canadian Age Group Champi	
	100 Breast	1:20.69	<b>23-Jul-14</b>	RAPID	Dini McIver at 2014 Canadian Age Group Champi	
	200 Breast	2:52.52	<b>5-Jul-07</b>	RAPID	Daniella Korotchenko at 2007 TAS BC Long Course Champs	
	50 Fly	30.55	<b>19-Jul-07</b>	RICH	Morgan MacKenzie at Champ. nat. gr. age 2007 Age Group National:	
	100 Fly	1:06.39	<b>19-Jul-07</b>	RICH	Morgan MacKenzie at Champ. nat. gr. age 2007 Age Group National:	

---

**RECORDS Rapids Records**

11-12	200 Fly	2:27.10	<b>19-Jul-07</b>	RICH	Morgan MacKenzie at Champ. nat. gr. age 2007 Age Group National	
	200 IM	2:26.28	<b>29-Jul-15</b>	RAPID	Amanda McCallum at 2015 Canadian Age Group Champi	
	400 IM	5:16.51	<b>29-Jul-15</b>	RAPID	Amanda McCallum at 2015 Canadian Age Group Champi	
12 & U	200 Free Relay	2:02.61	<b>14-Jul-22</b>	RAPID	Richmond Rapids Swim Club R. Dong, E. Sun, S. Chen, C. Xie	
	400 Free Relay	4:35.18	<b>11-Jul-02</b>	RAPID	Richmond Rapids Swim Club J. Hsueh, T. Lai, S. Manfredi, T. Burde	
	800 Free Relay	10:44.86	<b>2-Jul-09</b>	RAPID	Richmond Rapids Swim Club C. Hong, E. Letts, C. Ye, M. Luo	
	200 Medley Relay	2:14.91	<b>14-Jul-22</b>	RAPID	Richmond Rapids Swim Club R. Dong, E. Sun, C. Xie, S. Chen	
	400 Medley Relay	5:00.55	<b>14-Jul-22</b>	RAPID	Richmond Rapids Swim Club R. Dong, E. Sun, C. Xie, S. Chen	
13-14	50 Free	27.56	<b>27-Jul-16</b>	RAPID	Amanda McCallum at 2016 Canadian Age Group Championships	
	100 Free	59.13	<b>6-Jul-16</b>	RAPID	Amanda McCallum at Swim BC LC AAA Championships	
	200 Free	2:06.33	<b>14-Jan-17</b>	RAPID	Amanda McCallum at 2017 SwimBC Senior Circuit #2	
	400 Free	4:44.94	<b>13-May-17</b>	RAPID	Amanda McCallum at WEST COAST OPEN 2017	
	800 Free	9:45.19	<b>12-Jul-16</b>	RAPID	Amanda McCallum at June Jamboree	
	1500 Free	19:00.91	<b>16-May-03</b>	RAPID	Jennifer Hsueh at Hyack Long Course Invitational	
	50 Back	30.84	<b>27-Jul-16</b>	RAPID	Amanda McCallum at 2016 Canadian Age Group Championships	
	100 Back	1:05.01	<b>27-Jul-16</b>	RAPID	Amanda McCallum at 2016 Canadian Age Group Championships	
	200 Back	2:20.50	<b>27-Jul-16</b>	RAPID	Amanda McCallum at 2016 Canadian Age Group Championships	
	50 Breast	35.55	<b>24-Jul-08</b>	RAPID	Daniella Korotchenko at 2008 Age Group Nationals	
	100 Breast	1:16.40	<b>19-Jan-19</b>	RAPID	Sarah Crawford at January LMR Invitational 2019	
	200 Breast	2:41.19	<b>2-Jul-09</b>	RAPID	Daniella Korotchenko at 2009 TAS BC LC Championships	
	50 Fly	30.15	<b>18-Feb-16</b>	RAPID	Amanda McCallum at 2016 Speedo Western Canadian Open	
	100 Fly	1:03.87	<b>27-Jul-16</b>	RAPID	Amanda McCallum at 2016 Canadian Age Group Championships	
	200 Fly	2:23.83	<b>6-Jul-17</b>	RAPID	Amanda McCallum at 2017 Swim BC LCM AAA Championships	
	200 IM	2:24.67	<b>6-Jul-17</b>	RAPID	Amanda McCallum at 2017 Swim BC LCM AAA Championships	
	400 IM	5:07.17	<b>11-Mar-17</b>	RAPID	Amanda McCallum at 2017 Swim BC Senior Open	
	14 & U	200 Free Relay	1:54.33	<b>6-Jul-17</b>	RAPID	Richmond Rapids Swim Club L. Douglas, C. Soroco, C. Siu, A. McCa
		400 Free Relay	4:13.60	<b>6-Jul-16</b>	RAPID	Richmond Rapids Swim Club C. Ford, C. Soroco, D. McIver, A. McCa
		800 Free Relay	9:26.32	<b>2-Jul-09</b>	RAPID	Richmond Rapids Swim Club J. Aldaba, P. Gosse, C. Tejero, D. Koro
200 Medley Relay		2:06.32	<b>6-Jul-16</b>	RAPID	Richmond Rapids Swim Club D. McIver, C. Tan, A. McCallum, L. Do	
400 Medley Relay		4:40.37	<b>6-Jul-17</b>	RAPID	Richmond Rapids Swim Club A. McCallum, S. Crawford, L. Douglas	
15-16	50 Free	26.55	<b>29-Jul-15</b>	RAPID	Wendy Yang at 2015 Canadian Age Group Champi	
	100 Free	58.38	<b>2-Jul-15</b>	RAPID	Wendy Yang at 2015 Swim BC AAA Long Course Championships	
	200 Free	2:05.17	<b>6-Jul-18</b>	RAPID	Amanda McCallum at 2018 Swim BC Tier II - Summer Championshi	
	400 Free	4:22.88	<b>12-Apr-18</b>	RAPID	Amanda McCallum at 2018 Speedo Western Canadian Championshi	
	800 Free	9:15.02	<b>1-Jun-18</b>	RAPID	Amanda McCallum at 2018 Mel Zajac Jr. International	
	1500 Free	18:29.46	<b>29-Jun-06</b>	RAPID	Jennifer Hsueh at RAPIDS TIME TRIAL 3	
	50 Back	30.85	<b>2-Jun-23</b>	RAPID	Sienna Saunders at 2023 Mel Zajac Jr. International	
	100 Back	1:06.31	<b>2-Jun-23</b>	RAPID	Sienna Saunders at 2023 Mel Zajac Jr. International	
	200 Back	2:25.71	<b>7-Aug-17</b>	TBC	Amanda McCallum at 2017 Canada Games Swimming	
	50 Breast	34.06	<b>11-Apr-19</b>	RAPID	Christina Tan at 2019 Western Canadian Championships	
	100 Breast	1:13.94	<b>23-Jul-14</b>	RAPID	Serena Xue at 2014 Canadian Age Group Champi	
	200 Breast	2:38.50	<b>23-Jul-14</b>	RAPID	Serena Xue at 2014 Canadian Age Group Champi	
	50 Fly	27.77	<b>2-Jul-15</b>	RAPID	Wendy Yang at 2015 Swim BC AAA Long Course Championships	
	100 Fly	1:03.38	<b>6-Aug-15</b>	RAPID	Wendy Yang at 2015 Canadian Swimming Champio	
	200 Fly	2:21.22	<b>21-Apr-22</b>	RAPID	Angel Yao at 2022 Speedo Western Canadian Championships	
	200 IM	2:22.44	<b>6-Jul-18</b>	RAPID	Amanda McCallum at 2018 Swim BC Tier II - Summer Championshi	
	400 IM	5:05.69	<b>18-May-18</b>	RAPID	Amanda McCallum at 2018 Hyack Festival Youth Cup	

**RECORDS Rapids Records**

15 & O	200 Free Relay	1:49.80	*	<b>4-Jul-19</b>	RAPID	allum Richmond Rapids Swim Club	Y. Zhuang, J. Skuse, L. Douglas,	
	200 Free Relay	1:49.80	*	<b>4-Jul-19</b>	RAPID	Richmond Rapids Swim Club	Y. Zhuang, J. Skuse, L. Douglas, A. Mc	
	200 Free Relay	1:49.80	*	<b>4-Jul-19</b>	RAPID	Richmond Rapids Swim Club	Y. Zhuang, J. Skuse, L. Douglas, A. Mc	
	400 Free Relay	4:09.29		<b>24-Jul-08</b>	RAPID	Richmond Rapids Swim Club	J. Ng, I. Cheng, D. Korotchenko, C. Be	
	800 Free Relay	9:28.90		<b>13-Jul-01</b>	RAPID	Richmond Rapids Swim Club	L. Vishniakoff, C. Cheung, R. Stephen	
	200 Medley Relay	2:02.19		<b>6-Jul-18</b>	RAPID	Richmond Rapids Swim Club	J. Low, C. Tan, L. Douglas, A. McCallu	
	400 Medley Relay	4:40.00		<b>24-Jul-08</b>	RAPID	Richmond Rapids Swim Club	J. Ng, D. Korotchenko, I. Cheng, C. Be	
17 & O	50 Free	26.39		<b>25-Jul-12</b>	RAPID	Morgan Mark at 2012 Canadian Age Group Championships		
	100 Free	56.54		<b>1-Aug-23</b>	RAPID	Danielle Hanus at 2023 Speedo Canadian Swimming		
	200 Free	2:06.42		<b>4-Jul-13</b>	RAPID	Morgan Mark at 2013 Swim BC AAA Long Course Championships		
	400 Free	4:30.20		<b>4-Jul-13</b>	RAPID	Morgan Mark at 2013 Swim BC AAA Long Course Championships		
	800 Free	9:45.32		<b>20-Jul-06</b>	RAPID	Jennifer Hsueh at 2006 Canadian Age Group Nationals		
	1500 Free	18:38.44		<b>29-Jun-06</b>	RAPID	Nicole Hynds at RAPIDS TIME TRIAL 3		
	50 Back	28.14		<b>1-Aug-23</b>	RAPID	Danielle Hanus at 2023 Speedo Canadian Swimming		
	100 Back	1:00.71		<b>28-Mar-23</b>	RAPID	Danielle Hanus at 2023 Canadian Swimming Trials		
	200 Back	2:17.13		<b>2-Mar-23</b>	RAPID	Danielle Hanus at BC Winter Provincials		
	50 Breast	33.82		<b>27-Jul-16</b>	RAPID	Serena Xue at 2016 Canadian Age Group Championships		
	100 Breast	1:12.85		<b>1-Aug-23</b>	RAPID	Danielle Hanus at 2023 Speedo Canadian Swimming		
	200 Breast	2:35.90		<b>1-Apr-15</b>	RAPID	Serena Xue at 2015 Canadian Swimming Trials		
	50 Fly	27.04		<b>28-Mar-23</b>	RAPID	Danielle Hanus at 2023 Canadian Swimming Trials		
	100 Fly	1:00.20		<b>28-Mar-23</b>	RAPID	Danielle Hanus at 2023 Canadian Swimming Trials		
	200 Fly	2:17.38		<b>28-Mar-23</b>	RAPID	Danielle Hanus at 2023 Canadian Swimming Trials		
	200 IM	2:15.53		<b>28-Mar-23</b>	RAPID	Danielle Hanus at 2023 Canadian Swimming Trials		
	400 IM	5:23.04		<b>6-Jul-16</b>	RAPID	Serena Xue at Swim BC LC AAA Championships		
	Senior	200 Free Relay	1:49.15		<b>2-Jul-15</b>	RAPID	Richmond Rapids Swim Club	D. Mark, M. Mark, S. Xue, W. Yang
		400 Free Relay	4:03.61		<b>12-Apr-18</b>	RAPID	Richmond Rapids Swim Club	J. Low, M. Mark, A. McCallum, C. Tan
		800 Free Relay	9:23.90		<b>5-Jul-12</b>	RAPID	Richmond Rapids Swim Club	P. Gosse, M. Yasuda, C. Hong, M. Mar
200 Medley Relay		1:59.38		<b>2-Jul-15</b>	RAPID	Richmond Rapids Swim Club	J. Berry, S. Xue, W. Yang, M. Mark	
400 Medley Relay		4:29.13		<b>14-Jul-22</b>	RAPID	Richmond Rapids Swim Club	A. McCallum, S. Crawford, A. Yao, A. '	

## RECORDS Rapids Records

### LC Meters-Male

7-8	50 Free	37.50	<b>4-Jun-10</b>	RAPID	Matthew Crawford at Kamloops June Classic 2010	
	100 Free	1:20.93	<b>4-Jun-10</b>	RAPID	Matthew Crawford at Kamloops June Classic 2010	
	200 Free	3:00.49	<b>1-May-10</b>	RAPID	Matthew Crawford at WEST COAST OPEN	
	400 Free	6:15.04	<b>25-Jun-10</b>	RAPID	Matthew Crawford at 2010 SwimBC Long Course AA Championship	
	50 Back	40.78	<b>25-Jun-10</b>	RAPID	Matthew Crawford at 2010 SwimBC Long Course AA Championship	
	100 Back	1:30.20	<b>4-Jun-10</b>	RAPID	Matthew Crawford at Kamloops June Classic 2010	
	200 Back	3:02.23	<b>25-Jun-10</b>	RAPID	Matthew Crawford at 2010 SwimBC Long Course AA Championship	
	50 Breast	47.98	* <b>7-Jun-02</b>	RAPID	Michael Shramko at 12th Annual Kamloops Classic	
	50 Breast	47.98	* <b>4-May-02</b>	RAPID	Michael Shramko at WCO	
	50 Breast	47.98	* <b>7-Jun-02</b>	RAPID	Michael Shramko at 12th Annual Kamloops Classic	
	100 Breast	1:43.27	<b>25-Jun-10</b>	RAPID	Matthew Crawford at 2010 SwimBC Long Course AA Championship	
	200 Breast	3:47.52	<b>15-Jun-02</b>	RAPID	Michael Shramko at HYACK SUMMER LC INVITATIONAL	
	50 Fly	40.81	<b>15-Jun-19</b>	RAPID	Matias Raffai at 2019 JuneTT	
	100 Fly	1:42.61	<b>4-Jun-10</b>	RAPID	Matthew Crawford at Kamloops June Classic 2010	
	200 Fly	5:00.00	<b>1-Nov-00</b>		temp	
	200 IM	3:18.81	<b>4-Jun-10</b>	RAPID	Matthew Crawford at Kamloops June Classic 2010	
	400 IM	9:00.00	<b>1-Nov-00</b>		temp	
	9-10	50 Free	31.47	<b>5-Jul-12</b>	RAPID	Matthew Crawford at 2012 Team Aquatic Supplies BC AAA LC Charr
		100 Free	1:10.78	<b>18-May-12</b>	RAPID	Matthew Crawford at Hyack Festival AAA Youth Cup 2012
		200 Free	2:36.23	<b>1-May-04</b>	RAPID	Michael Shramko at WCO 2004
400 Free		5:22.33	<b>3-May-08</b>	RAPID	Eugene Xie at WEST COAST OPEN	
800 Free		16:00.00	<b>1-Nov-00</b>		temp	
1500 Free		22:36.92	<b>15-May-15</b>	RAPID	Will MacDougall at 2015 Hyack Festival Youth Cup	
50 Back		35.03	<b>5-Jul-12</b>	RAPID	Matthew Crawford at 2012 Team Aquatic Supplies BC AAA LC Charr	
100 Back		1:17.42	<b>5-Jul-12</b>	RAPID	Matthew Crawford at 2012 Team Aquatic Supplies BC AAA LC Charr	
200 Back		2:46.28	<b>5-Jul-12</b>	RAPID	Matthew Crawford at 2012 Team Aquatic Supplies BC AAA LC Charr	
50 Breast		41.83	<b>4-Jun-04</b>	RAPID	Michael Shramko at June Classic 2004	
100 Breast		1:31.00	<b>21-Apr-18</b>	RAPID	Joshua Wall at 2018 Jessica Deglau Invitational	
200 Breast		3:12.85	<b>21-Apr-18</b>	RAPID	Joshua Wall at 2018 Jessica Deglau Invitational	
50 Fly		36.48	<b>4-May-19</b>	RAPID	Yiguo Song at WEST COAST OPEN 2019	
100 Fly		1:20.02	<b>5-Jul-12</b>	RAPID	Matthew Crawford at 2012 Team Aquatic Supplies BC AAA LC Charr	
200 Fly		3:04.49	<b>5-Jul-12</b>	RAPID	Jeremy Fung at 2012 Team Aquatic Supplies BC AAA LC Champs	
200 IM		2:49.94	<b>5-Jul-12</b>	RAPID	Matthew Crawford at 2012 Team Aquatic Supplies BC AAA LC Charr	
400 IM		6:12.90	<b>21-Apr-18</b>	RAPID	Joshua Wall at 2018 Jessica Deglau Invitational	
10 & U		200 Free Relay	2:31.75	<b>4-Jun-10</b>	RAPID	Richmond Rapids Swim Club A. Berry, M. Crawford, R. Murray, R.
		200 Medley Relay	2:52.45	<b>4-Jun-05</b>	RAPID	Richmond Rapids Swim Club K. Bower, B. Xie, D. Fung, J. Hong
11-12		50 Free	25.53	<b>29-Jul-15</b>	RAPID	Eric Tong at 2015 Canadian Age Group Champi
	100 Free	56.75	<b>29-Jul-15</b>	RAPID	Eric Tong at 2015 Canadian Age Group Champi	
	200 Free	2:09.93	<b>29-Jul-15</b>	RAPID	Eric Tong at 2015 Canadian Age Group Champi	
	400 Free	4:44.46	<b>11-Apr-14</b>	RAPID	Ethan Chan at LOSC 12th Annual Long Course Meet	
	800 Free	9:55.79	<b>19-May-17</b>	RAPID	Will MacDougall at 2017 Hyack Festival Youth Cup	
	1500 Free	18:43.90	<b>19-May-17</b>	RAPID	Will MacDougall at 2017 Hyack Festival Youth Cup	
	50 Back	32.42	<b>2-Jul-15</b>	RAPID	Jonathan Wang at 2015 Swim BC AAA Long Course Championships	
	100 Back	1:10.42	* <b>5-Jul-07</b>	RAPID	Nathan Muszynski at 2007 TAS BC Long Course Champs	
	100 Back	1:10.42	* <b>3-Jul-14</b>	RAPID	Matthew Crawford at 2014 Swim BC AAA Long Course Meet	
	200 Back	2:29.83	<b>5-Jul-07</b>	RAPID	Nathan Muszynski at 2007 TAS BC Long Course Champs	
	50 Breast	35.00	<b>29-Jul-15</b>	RAPID	Eric Tong at 2015 Canadian Age Group Champi	

**RECORDS Rapids Records**

11-12	100 Breast	1:12.21	<b>18-May-12</b>	RAPID	Kevin Ye at Hyack Festival AAA Youth Cup 2012	
	200 Breast	2:42.88	<b>5-May-12</b>	RAPID	Kevin Ye at WEST COAST OPEN	
	50 Fly	28.79	<b>13-Jul-23</b>	RAPID	Tristan Lee at 2023 Swim BC Summer Provincials	
	100 Fly	1:06.31	<b>13-Jul-23</b>	RAPID	Tristan Lee at 2023 Swim BC Summer Provincials	
	200 Fly	2:29.36	<b>13-Jul-23</b>	RAPID	Tristan Lee at 2023 Swim BC Summer Provincials	
	200 IM	2:26.16	<b>18-May-12</b>	RAPID	Kevin Ye at Hyack Festival AAA Youth Cup 2012	
	400 IM	5:18.85	<b>13-May-17</b>	RAPID	Will MacDougall at WEST COAST OPEN 2017	
12 & U	200 Free Relay	1:53.00	<b>2-Jul-15</b>	RAPID	Richmond Rapids Swim Club Y. Tong, J. Wang, R. Gong, S. Pei	
	400 Free Relay	4:26.13	<b>11-Apr-08</b>	RAPID	Richmond Rapids Swim Club J. Hong, P. Yeh, A. Hung, K. Smith	
	800 Free Relay	9:40.42	<b>5-Jul-12</b>	RAPID	Richmond Rapids Swim Club A. Berry, R. Rakchtis, A. Hsing, R. Mu	
	200 Medley Relay	2:06.09	<b>2-Jul-15</b>	RAPID	Richmond Rapids Swim Club J. Wang, S. Pei, Y. Tong, R. Gong	
	400 Medley Relay	4:52.53	<b>3-Jul-14</b>	RAPID	Richmond Rapids Swim Club M. Crawford, T. Chen, J. Quon, J. Chia	
13-14	50 Free	24.66	<b>6-Jul-17</b>	RAPID	Eric Tong at 2017 Swim BC LCM AAA Championships	
	100 Free	55.30	<b>29-Jul-15</b>	RAPID	Brian Yu at 2015 Canadian Age Group Champi	
	200 Free	2:02.21	<b>24-Jul-03</b>	RAPID	Jordan Hartney at 2003 Club Nationals	
	400 Free	4:15.28	<b>11-Apr-19</b>	RAPID	Will MacDougall at 2019 Western Canadian Championships	
	800 Free	8:49.38	<b>11-Apr-19</b>	RAPID	Will MacDougall at 2019 Western Canadian Championships	
	1500 Free	16:56.86	<b>11-Apr-19</b>	RAPID	Will MacDougall at 2019 Western Canadian Championships	
	50 Back	29.27	<b>27-May-16</b>	RAPID	Matthew Crawford at 2016 Mel Zajac Jr International	
	100 Back	1:02.25	<b>6-Jul-16</b>	RAPID	Matthew Crawford at Swim BC LC AAA Championships	
	200 Back	2:14.94	<b>24-Jul-03</b>	RAPID	Jordan Hartney at 2003 Club Nationals	
	50 Breast	30.77	<b>25-Jul-22</b>	RAPID	Joshua Wall at CJC-CSC 2022	
	100 Breast	1:06.53	<b>25-Jul-22</b>	RAPID	Joshua Wall at CJC-CSC 2022	
	200 Breast	2:24.52	<b>25-Jul-22</b>	RAPID	Joshua Wall at CJC-CSC 2022	
	50 Fly	27.27	<b>24-Jul-03</b>	RAPID	Jordan Hartney at 2003 Club Nationals	
	100 Fly	1:00.47	<b>24-Jul-03</b>	RAPID	Jordan Hartney at 2003 Club Nationals	
	200 Fly	2:14.28	<b>10-Jul-03</b>	RAPID	Jordan Hartney at BC OPEN 'AAA' AGE GROUP LONG COURSE CHAM	
	200 IM	2:14.99	<b>24-Jul-03</b>	RAPID	Jordan Hartney at 2003 Club Nationals	
	400 IM	4:50.17	<b>11-Apr-19</b>	RAPID	Will MacDougall at 2019 Western Canadian Championships	
	14 & U	200 Free Relay	1:43.64	<b>2-Jul-15</b>	RAPID	Richmond Rapids Swim Club T. Yu, E. Chan, J. Chiam, Y. Tong
		400 Free Relay	3:47.79	<b>2-Mar-23</b>	RAPID	Richmond Rapids Swim Club Z. Su, Z. Tao, Y. Song, G. Du
		800 Free Relay	8:43.53	<b>4-Jul-13</b>	RAPID	Richmond Rapids Swim Club K. Ye, A. Chua, J. Liu, M. Schaffler
200 Medley Relay		1:54.83	<b>2-Mar-23</b>	RAPID	Richmond Rapids Swim Club Z. Su, Z. Tao, Y. Song, G. Du	
400 Medley Relay		4:14.84	<b>8-Jul-10</b>	RAPID	Richmond Rapids Swim Club K. Smith, L. Kell, N. Dekker, B. Li	
15-16	50 Free	23.56	<b>18-Feb-16</b>	RAPID	Alex Ball at 2016 Speedo Western Canadian Open	
	100 Free	52.69	<b>26-Jul-17</b>	RAPID	Brian Yu at 2017 PC TERA LCM FAR WEST LCM	
	200 Free	1:56.08	<b>4-Jul-19</b>	RAPID	Samuel Pei at 2019 BC Summer Provincial Championships	
	400 Free	4:05.69	<b>4-Jul-19</b>	RAPID	Samuel Pei at 2019 BC Summer Provincial Championships	
	800 Free	8:32.43	<b>4-Jul-19</b>	RAPID	Samuel Pei at 2019 BC Summer Provincial Championships	
	1500 Free	16:46.27	<b>7-Mar-19</b>	RAPID	Samuel Pei at 2019 Winter Provincial Championships	
	50 Back	27.52	<b>7-Aug-17</b>	TBC	Matthew Crawford at 2017 Canada Games Swimming	
	100 Back	59.69	<b>2-Mar-23</b>	RAPID	David Maibaum at BC Winter Provincials	
	200 Back	2:07.50	<b>2-Mar-23</b>	RAPID	David Maibaum at BC Winter Provincials	
	50 Breast	29.95	<b>18-Feb-16</b>	RAPID	Alex Ball at 2016 Speedo Western Canadian Open	
	100 Breast	1:06.83	<b>29-Jul-15</b>	RAPID	Kevin Ye at 2015 Canadian Age Group Champi	
	200 Breast	2:26.16	<b>18-Feb-16</b>	RAPID	Rich Rakchtis at 2016 Speedo Western Canadian Open	
	50 Fly	26.51	<b>19-Feb-15</b>	RAPID	Jerry Liu at 2015 Speedo Western Canadian Open	
	100 Fly	56.42	<b>2-Aug-12</b>	CAN	Nicolaas Dekker at 2012 North American Challenge Cup	

**RECORDS Rapids Records**

15-16	200 Fly	2:05.34	<b>21-Jul-05</b>	RAPID	Jordan Hartney at 2005 Canadian Long Course Club Nationals
	200 IM	2:07.59	<b>21-Jul-05</b>	RAPID	Jordan Hartney at 2005 Canadian Long Course Club Nationals
	400 IM	4:32.69	<b>21-Jul-05</b>	RAPID	Jordan Hartney at 2005 Canadian Long Course Club Nationals
15 & 0	200 Free Relay	1:39.40	<b>6-Jul-17</b>	RAPID	Richmond Rapids Swim Club R. Murray, A. Yushko, A. Rodriguez, /
	400 Free Relay	3:38.90	<b>2-Mar-23</b>	RAPID	Richmond Rapids Swim Club J. Wall, R. He, C. Yang, D. Maibaum
	800 Free Relay	8:32.91	<b>21-Jul-10</b>	RAPID	Richmond Rapids Swim Club N. Dekker, K. Smith, B. de Costa, B. L
	200 Medley Relay	1:48.56	<b>2-Mar-23</b>	RAPID	Richmond Rapids Swim Club D. Maibaum, J. Wall, C. Yang, R. He
	400 Medley Relay	4:02.17	<b>13-Jul-23</b>	RAPID	Richmond Rapids Swim Club D. Maibaum, Z. Tao, C. Yang, R. He
17 & 0	50 Free	23.64	<b>5-Apr-18</b>	RAPID	Brian Yu at 2018 Canadian Swimming Champio
	100 Free	52.22	<b>20-Jul-00</b>	RAPID	Brian Johns at BC OPEN AGE GROUP CHAMPS
	200 Free	1:50.34	<b>28-May-00</b>	RAPID	Brian Johns at 2000 MARITIME TRIALS
	400 Free	3:55.48	<b>28-May-00</b>	RAPID	Brian Johns at 2000 MARITIME TRIALS
	800 Free	8:30.56	<b>5-Mar-20</b>	RAPID	Samuel Pei at 2020 BC Winter Provincial Championships
	1500 Free	16:03.42	<b>20-Jul-00</b>	RAPID	Brian Johns at BC OPEN AGE GROUP CHAMPS
	50 Back	26.78	<b>6-Apr-17</b>	RAPID	Nicolaas Dekker at 2017 Canadian Swimming Trials
	100 Back	58.65	<b>24-Jul-13</b>	RAPID	Brandon de Costa at Championnat canadien groupes d
	200 Back	2:08.05	<b>2-Jan-02</b>	RAPID	Tom Rushton at T.A.S. BC Senior Champs Long C
	50 Breast	29.37	<b>6-Apr-17</b>	RAPID	Alex Ball at 2017 Canadian Swimming Trials
	100 Breast	1:03.73	<b>27-Jul-06</b>	RAPID	Kyron Winkelmeier at 2006 Canadian Pan Pacific Trials
	200 Breast	2:19.15	<b>27-Jul-06</b>	RAPID	Kyron Winkelmeier at 2006 Canadian Pan Pacific Trials
	50 Fly	24.69	<b>4-Aug-16</b>	RAPID	Nicolaas Dekker at 2016 Canadian Swimming Championships
	100 Fly	53.97	<b>6-Apr-17</b>	RAPID	Nicolaas Dekker at 2017 Canadian Swimming Trials
	200 Fly	1:58.87	<b>5-Apr-16</b>	RAPID	Nicolaas Dekker at 2016 Canadian Olympic & Para Swim Trials & T
	200 IM	2:02.80	<b>28-May-00</b>	RAPID	Brian Johns
	400 IM	4:27.66	<b>17-Aug-06</b>	CAN	Jordan Hartney at 2006 Pan Pacific Swimming Cham