

RECORDS Rapids Records

SC Meters-Female

7-8	50 Free	35.61	12-Apr-03	RAPID	Caitlin Quon at Haney "Spring Splash" Classic II
	100 Free	1:18.72	12-Apr-03	RAPID	Caitlin Quon at Haney "Spring Splash" Classic II
	200 Free	2:55.03	11-Nov-06	RAPID	Anki Luo at PacificCup 12&U Jamboree
	400 Free	6:10.67	1-Dec-06	RAPID	Anki Luo at Fastswim 2006
	50 Back	41.11	26-Jan-19	RAPID	Coco J. Xie at Knights Winter Fest
	100 Back	1:31.91	9-Feb-19	RAPID	Coco J. Xie at LMR Championship 2019
	200 Back	3:19.13	7-Dec-18	RAPID	Coco J. Xie at Richmond Rapids December Time Trials 2018
	50 Breast	47.67	21-Oct-06	RAPID	Anki Luo at SFU-Gator October LMR
	100 Breast	1:42.64	11-Nov-06	RAPID	Anki Luo at PacificCup 12&U Jamboree
	200 Breast	3:33.65	23-Jun-06	RAPID	Anki Luo at June 2006 LMR Championships
	50 Fly	42.78	14-Dec-18	RAPID	Coco J. Xie at 2018 FastSwim
	100 Fly	1:42.50	14-Oct-17	RAPID	Cindy Du at SFU-SFA LMR Meet October 2017
	200 Fly	4:30.00	2-Oct-00		temp
	100 IM	1:33.01	2-Dec-06	RAPID	Anki Luo at 10 & Under Challenge
	200 IM	3:14.56	23-Jun-06	RAPID	Anki Luo at June 2006 LMR Championships
	400 IM	6:55.60	23-Jun-06	RAPID	Anki Luo at June 2006 LMR Championships
	9-10	50 Free	30.11	23-Jun-23	RAPID
100 Free		1:09.16	15-Apr-23	RAPID	Elizabeth Tangyang at 2023 Rubber Ducky and Distance
200 Free		2:29.97	22-Jun-13	RAPID	Amanda McCallum at June Jamboree 2013
400 Free		5:23.25	15-Nov-08	RAPID	Anki Luo at SFU-SFA 2008 LMR
800 Free		11:27.94	2-Nov-19	RAPID	Rebecca Dong at LMR Distance Meet SCM 2019
1500 Free		22:26.14	1-Dec-19	RAPID	Rebecca Dong at DSSC Distance LMR Meet
50 Back		35.13	21-Feb-20	RAPID	Coco J. Xie at 2020 Winter Age Group Championships
100 Back		1:15.87	11-Dec-15	RAPID	Jessy Barton-Jensen at 2015 FastSwim
200 Back		2:43.30	21-Feb-20	RAPID	Coco J. Xie at 2020 Winter Age Group Championships
50 Breast		39.53	17-Dec-21	RAPID	Emma Sun at FastSwim 2021
100 Breast		1:26.02	17-Dec-21	RAPID	Emma Sun at FastSwim 2021
200 Breast		3:06.30	12-Nov-21	RAPID	Emma Sun at 2021 Hyack Brad Reid Memorial Invitational
50 Fly		33.60	15-Dec-22	RAPID	Elizabeth Tangyang at FastSwim 2022
100 Fly		1:18.24	28-Jan-23	RAPID	Elizabeth Tangyang at LMR Champs Winter 2023
200 Fly		2:59.26	10-Jun-23	RAPID	Elizabeth Tangyang at June Jamboree 2023
100 IM		1:17.54	22-Jun-13	RAPID	Amanda McCallum at June Jamboree 2013
200 IM		2:45.79	21-Feb-20	RAPID	Rebecca Dong at 2020 Winter Age Group Championships
400 IM	5:58.92	21-Feb-20	RAPID	Rebecca Dong at 2020 Winter Age Group Championships	
10 & U	200 Free Relay	2:13.05	21-Feb-20	RAPID	Richmond Rapids Swim Club R. Dong, A. Cheng, A. Feng, C. Xie
	200 Medley Relay	2:30.78	21-Feb-20	RAPID	Richmond Rapids Swim Club C. Xie, A. Feng, R. Dong, A. Cheng
11-12	50 Free	29.23	1-Dec-06	RAPID	Morgan MacKenzie at Fastswim 2006
	100 Free	1:02.48	7-Jun-14	RAPID	Amanda McCallum at SKSC June Invitational
	200 Free	2:16.10	10-Nov-06	RAPID	Morgan MacKenzie at Island Pacific Cup
	400 Free	4:45.45	3-Mar-16	RAPID	Charlie Ford at 2016 Swim BC SC AAA Championships
	800 Free	9:51.40	23-Apr-16	RAPID	Charlie Ford at 2016 Spartan Distance LMR
	1500 Free	19:01.20	14-Dec-23	RAPID	Emma Sun at FastSwim Classic 2023
	50 Back	31.38	5-Mar-15	RAPID	Amanda McCallum at 2015 Swim BC SC AAA Age Group Champic
	100 Back	1:08.70	5-Mar-15	RAPID	Amanda McCallum at 2015 Swim BC SC AAA Age Group Champic
	200 Back	2:28.65	5-Mar-15	RAPID	Amanda McCallum at 2015 Swim BC SC AAA Age Group Champic
	50 Breast	36.24	12-Dec-14	RAPID	Dini McIver at 2014 FastSwim
	100 Breast	1:19.45	12-Dec-14	RAPID	Dini McIver at 2014 FastSwim
	200 Breast	2:53.63	12-Dec-14	RAPID	Dini McIver at 2014 FastSwim
	50 Fly	30.59	15-Dec-17	RAPID	Fiona Xue at 2017 FastSwim
	100 Fly	1:08.55	1-Mar-07	RAPID	Morgan MacKenzie at 2007 TAS Provincial Short Course Champic
	200 Fly	2:28.56	1-Mar-07	RAPID	Morgan MacKenzie at 2007 TAS Provincial Short Course Champic

RECORDS Rapids Records

11-12	100 IM	1:12.68	14-Dec-23	RAPID	Emma Sun at FastSwim Classic 2023	
	200 IM	2:32.66	29-Jul-22	RAPID	Coco J. Xie at SKSC Summer Splash	
	400 IM	5:26.44	24-Jun-22	RAPID	Coco J. Xie at 2022 BC Summer Divisionals-Vancouver Coastal	
12 & U	200 Free Relay	2:02.74	3-Mar-16	RAPID	Richmond Rapids Swim Club C. Ford, J. Barton-Jensen, I. Villase	
	400 Free Relay	4:29.94	1-Mar-07	RAPID	Richmond Rapids Swim Club M. MacKenzie, S. Serka, D. Korotcl	
	800 Free Relay	10:05.25	2-Feb-06	RAPID	Richmond Rapids Swim Club M. MacKenzie, A. Day, C. Au-Yeun;	
	200 Medley Relay	2:11.48	8-Feb-20	RAPID	Richmond Rapids Swim Club M. Ritchie, T. Jiang, M. De Costa, L	
	400 Medley Relay	4:54.34	26-Feb-09	RAPID	Richmond Rapids Swim Club M. Luo, C. Hong, P. Gosse, J. Aldab	
13-14	50 Free	27.01	9-Dec-16	RAPID	Amanda McCallum at 2016 FastSwim	
	100 Free	58.19	9-Dec-16	RAPID	Amanda McCallum at 2016 FastSwim	
	200 Free	2:05.22	9-Dec-16	RAPID	Amanda McCallum at 2016 FastSwim	
	400 Free	4:30.59	5-Feb-04	RAPID	Jennifer Hsueh at TAS BC PROVINCIALSC CHAMPS 2004	
	800 Free	9:16.71	19-Feb-04	RAPID	Jennifer Hsueh at 2004 Western Canadian Championships	
	1500 Free	17:56.47	19-Feb-04	RAPID	Jennifer Hsueh at 2004 Western Canadian Championships	
	50 Back	30.23	11-Nov-16	RAPID	Amanda McCallum at ISC Bennett Cup	
	100 Back	1:03.70	9-Dec-16	RAPID	Amanda McCallum at 2016 FastSwim	
	200 Back	2:16.92	11-Nov-16	RAPID	Amanda McCallum at ISC Bennett Cup	
	50 Breast	33.84	30-Nov-12	RAPID	Serena Xue at Fastswim 2012	
	100 Breast	1:13.63	30-Nov-12	RAPID	Serena Xue at Fastswim 2012	
	200 Breast	2:38.16	7-Dec-12	RAPID	Serena Xue at 2012 PCS Xmas Cracker Invitational	
	50 Fly	29.70	13-Dec-19	RAPID	Fiona Xue at Richmond Rapids FastSwim Classic 2019	
	100 Fly	1:04.77	2-Mar-18	RAPID	Lily Douglas at 2018 Swim BC Tier II - Winter Championships	
	200 Fly	2:23.62	9-Dec-11	RAPID	Cathy Ye at 2011 PCS Xmas Cracker Invitational	
	100 IM	1:09.81	21-Dec-12	RAPID	Serena Xue at Splash and Dash- Winter Wonder-Splash	
	200 IM	2:19.86	2-Mar-17	RAPID	Amanda McCallum at 2017 Swim BC SC AAA Championships	
	400 IM	4:55.42	9-Dec-16	RAPID	Amanda McCallum at 2016 FastSwim	
	14 & U	200 Free Relay	1:54.89	5-Feb-04	RAPID	Richmond Rapids Swim Club J. Hsueh, T. Lai, T. Burdeny, S. Ma
		400 Free Relay	4:13.47	5-Feb-04	RAPID	Richmond Rapids Swim Club T. Burdeny, J. Hsueh, T. Lai, S. Ma
800 Free Relay		9:13.12	2-Mar-17	RAPID	Richmond Rapids Swim Club A. McCallum, I. Villasenor, S. Craw	
200 Medley Relay		2:04.95	14-Dec-18	RAPID	Richmond Rapids Swim Club L. Leung, S. Crawford, F. Xue, I. Vi	
400 Medley Relay		4:42.29	3-Mar-16	RAPID	Richmond Rapids Swim Club A. McCallum, D. McIver, C. Ford, L	
15-16	50 Free	25.93	12-Dec-14	RAPID	Wendy Yang at 2014 Thunderbolt Junior International	
	100 Free	57.86	12-Dec-14	RAPID	Wendy Yang at 2014 Thunderbolt Junior International	
	200 Free	2:02.74	10-Nov-17	RAPID	Amanda McCallum at 2017 Hyack Fall into Finals	
	400 Free	4:22.39	15-Dec-17	RAPID	Amanda McCallum at 2017 FastSwim	
	800 Free	9:06.74	9-Nov-18	RAPID	Amanda McCallum at 2018 Bennett Cup	
	1500 Free	17:48.99	16-Feb-06	RAPID	Jennifer Hsueh at Western SC Champs 2006	
	50 Back	29.83	19-Dec-14	RAPID	Wendy Yang at Winter Wonder Splash	
	100 Back	1:03.92	10-Nov-17	RAPID	Amanda McCallum at 2017 Hyack Fall into Finals	
	200 Back	2:17.00	10-Dec-21	RAPID	Sienna Saunders at VPSC Winter Invitational	
	50 Breast	33.15	14-Dec-18	RAPID	Christina Tan at Ontario Junior International 2018	
	100 Breast	1:11.69	12-Dec-14	RAPID	Serena Xue at 2014 Thunderbolt Junior International	
	200 Breast	2:32.33	12-Dec-14	RAPID	Serena Xue at 2014 Thunderbolt Junior International	
	50 Fly	27.36	12-Dec-14	RAPID	Wendy Yang at 2014 Thunderbolt Junior International	
	100 Fly	1:01.55	12-Dec-14	RAPID	Wendy Yang at 2014 Thunderbolt Junior International	
	200 Fly	2:18.80	23-Jan-21	RAPID- BC	Angel Yao at 200m & 400m & 50m & Relays	
	100 IM	1:07.62	12-Dec-14	RAPID	Serena Xue at 2014 Thunderbolt Junior International	
	200 IM	2:18.88	9-Nov-18	RAPID	Amanda McCallum at 2018 Bennett Cup	
	400 IM	5:02.35	9-Nov-18	RAPID	Amanda McCallum at 2018 Bennett Cup	
	200 Free Relay	1:56.07	9-Nov-18	RAPID	Richmond Rapids Swim Club C. Soroco, S. Crawford, L. Leung, A	
	400 Free Relay	8:00.00	1-Nov-01		temp	
	800 Free Relay	15:00.00	1-Nov-00		temp	

RECORDS Rapids Records

15-16	200 Medley Relay	2:05.38	9-Nov-18	RAPID	Richmond Rapids Swim Club	L. Leung, S. Crawford, C. Siu, A. Zh
	400 Medley Relay	8:00.00	1-Nov-00		temp	
17 & O	50 Free	25.43	13-Aug-15	TBC	Wendy Yang at 2015 Western Canada Summer Games	
	100 Free	55.49	4-Nov-23	RAPID- BC	Danielle Hanus at Odlum Brown Colleges Cup 2023	
	200 Free	2:01.60	5-Nov-22	RAPID	Danielle Hanus at Odlum Brown Colleges Cup 2022	
	400 Free	4:20.93	17-Dec-21	RAPID	Amanda McCallum at FastSwim 2021	
	800 Free	9:11.10	26-Mar-21	RAPI- BC	Amanda McCallum at VR Provincial Distance Day	
	1500 Free	19:10.54	14-Dec-23	RAPID	Alyssa Lim at FastSwim Classic 2023	
	50 Back	26.53	28-Oct-22	CAN	Danielle Hanus at FINA: World Cup No 2 - 2022 Se	
	100 Back	57.60	28-Oct-22	CAN	Danielle Hanus at FINA: World Cup No 2 - 2022 Se	
	200 Back	2:16.49	17-Jul-21	RAPID	Amanda McCallum at COVID Cracker Dual	
	50 Breast	32.95	3-Mar-16	RAPID	Serena Xue at 2016 Swim BC SC AAA Championships	
	100 Breast	1:10.48	3-Mar-16	RAPID	Serena Xue at 2016 Swim BC SC AAA Championships	
	200 Breast	2:31.99	3-Mar-16	RAPID	Serena Xue at 2016 Swim BC SC AAA Championships	
	50 Fly	26.95	28-Oct-22	CAN	Danielle Hanus at FINA: World Cup No 2 - 2022 Se	
	100 Fly	58.37	28-Oct-22	CAN	Danielle Hanus at FINA: World Cup No 2 - 2022 Se	
	200 Fly	2:12.97	5-Nov-22	RAPID	Danielle Hanus at Odlum Brown Colleges Cup 2022	
	100 IM	1:00.99	4-Nov-23	RAPID- BC	Danielle Hanus at Odlum Brown Colleges Cup 2023	
	200 IM	2:12.64	4-Nov-23	RAPID- BC	Danielle Hanus at Odlum Brown Colleges Cup 2023	
	400 IM	5:06.59	3-Mar-16	RAPID	Serena Xue at 2016 Swim BC SC AAA Championships	
Senior	200 Free Relay	1:47.68	3-Mar-16	RAPID	Richmond Rapids Swim Club	D. Mark, W. Yang, S. Xue, A. McCal
	400 Free Relay	4:04.71	14-Feb-08	RAPID	Richmond Rapids Swim Club	J. Ng, I. Cheng, C. Bergmann, M. C
	800 Free Relay	8:52.61	2-Feb-06	RAPID	Richmond Rapids Swim Club	C. Bergmann, T. Lai, S. Manfredi, J
	200 Medley Relay	1:58.90	3-Mar-16	RAPID	Richmond Rapids Swim Club	D. McIver, S. Xue, D. Mark, W. Yan
	400 Medley Relay	4:31.03	14-Feb-08	RAPID	Richmond Rapids Swim Club	J. Ng, D. Korotchenko, I. Cheng, C.

RECORDS Rapids Records

SC Meters-Male

7-8	50 Free	37.74	1-Jun-19	RAPID	Andrew Dong at LMR Championships June 1 & 2 2019	
	100 Free	1:23.36	22-Jan-10	RAPID	Matthew Crawford at 2010 CDSC New Years Invitational	
	200 Free	2:56.17	27-Jul-19	RAPID	Andrew Dong at Knights Summer Fest	
	400 Free	6:25.71	5-Nov-17	RAPID	Yiguo Song at LMR Distance Meet SCM 2017	
	50 Back	42.85	4-Dec-09	RAPID	Matthew Crawford at Fastswim 2009	
	100 Back	1:30.60	15-Feb-14	RAPID	Jean-Paul Low at 2014 LMR Championships	
	200 Back	3:10.56	15-Feb-14	RAPID	Jean-Paul Low at 2014 LMR Championships	
	50 Breast	48.71	27-Jul-19	RAPID	Andrew Dong at Knights Summer Fest	
	100 Breast	1:45.34	26-Jan-19	RAPID	Andrew Dong at Knights Winter Fest	
	200 Breast	3:46.70	7-Dec-18	RAPID	Andrew Dong at Richmond Rapids December Time Trials 2018	
	50 Fly	42.28	1-Jun-19	RAPID	Matias Raffai at LMR Championships June 1 & 2 2019	
	100 Fly	1:35.42	25-Nov-17	RAPID	Yiguo Song at SFU-Gator LMR Swim Meet	
	200 Fly	3:38.86	25-Nov-17	RAPID	Yiguo Song at SFU-Gator LMR Swim Meet	
	100 IM	1:34.72	13-Mar-10	RAPID	Matthew Crawford at Winskill Dolphins LMR Swim Meet	
	200 IM	3:16.03	26-May-19	RAPID	Andrew Dong at DSSC 11 & Under Sprint Cup	
	400 IM	6:56.92	13-Mar-10	RAPID	Matthew Crawford at Winskill Dolphins LMR Swim Meet	
	9-10	50 Free	30.95	22-Jun-18	RAPID	Joshua Wall at 2018 Swim BC Tier I - Summer Championships
		100 Free	1:09.98	20-Jan-12	RAPID	Matthew Crawford at 2012 CDSC New Years Invitational
		200 Free	2:33.83	13-Apr-19	RAPID	Zhe Rui Tao at Winskill Dolphins LMR Meet
400 Free		5:28.97	* 20-Jan-12	RAPID	Matthew Crawford at 2012 CDSC New Years Invitational	
400 Free		5:28.97	* 3-Jun-17	RAPID	David Maibaum at PSW June Jamboree	
800 Free		11:16.93	2-Nov-19	RAPID	Yiguo Song at LMR Distance Meet SCM 2019	
1500 Free		21:11.27	1-Dec-19	RAPID	Yiguo Song at DSSC Distance LMR Meet	
50 Back		35.73	1-Mar-12	RAPID	Matthew Crawford at 2012 TAS BC AAA SC Championships	
100 Back		1:18.58	19-Nov-11	RAPID	Matthew Crawford at 5th Annual Langley Olympians Short Cours	
200 Back		2:46.67	10-Nov-17	RAPID	Issac Chen at 2017 Hyack Fall into Finals	
50 Breast		40.03	13-Apr-19	RAPID	Zhe Rui Tao at Winskill Dolphins LMR Meet	
100 Breast		1:26.60	22-Jun-18	RAPID	Joshua Wall at 2018 Swim BC Tier I - Summer Championships	
200 Breast		2:59.48	22-Jun-18	RAPID	Joshua Wall at 2018 Swim BC Tier I - Summer Championships	
50 Fly		34.13	8-Nov-19	RAPID	Yiguo Song at 2019 ISC Bennett Cup	
100 Fly		1:16.33	8-Nov-19	RAPID	Yiguo Song at 2019 ISC Bennett Cup	
200 Fly		2:47.92	8-Nov-19	RAPID	Yiguo Song at 2019 ISC Bennett Cup	
100 IM		1:19.51	28-May-17	RAPID	David Maibaum at DSSC 11 & Under Sprint Cup	
200 IM		2:46.62	22-Jun-18	RAPID	Joshua Wall at 2018 Swim BC Tier I - Summer Championships	
400 IM		6:03.89	16-Nov-19	RAPID	Yiguo Song at SFU-Gator LMR Swim Meet November 2019	
10 & U		200 Free Relay	2:20.68	20-Jan-06	RAPID	Richmond Rapids Swim Club J.Hong, P.Yeh, B.Xie,K.Bower
	200 Medley Relay	2:36.74	20-Jan-06	RAPID	Richmond Rapids Swim Club K.Bower, P.Ye,,B.Xie, J.Hong	
11-12	50 Free	25.73	1-Mar-20	RAPID	Zhe Rui Tao at Covid Time Trials	
	100 Free	57.89	1-Apr-21	RAPID	Zhe Rui Tao at COVID Time Trials	
	200 Free	2:06.70	1-Apr-21	RAPID	Zhe Rui Tao at COVID Time Trials	
	400 Free	4:32.42	26-Feb-09	RAPID	Brandon de Costa at 2009 TAS BC AAA SC Championships	
	800 Free	9:43.16	25-Nov-07	RAPID	Nathan Muszynski at Rapids Distance meet	
	1500 Free	18:16.34	26-Feb-09	RAPID	Brandon de Costa at 2009 TAS BC AAA SC Championships	
	50 Back	24.47	14-Dec-23	RAPID	Curtis Chan at FastSwim Classic 2023	
	100 Back	1:06.19	26-Feb-09	RAPID	Brandon de Costa at 2009 TAS BC AAA SC Championships	
	200 Back	2:23.61	9-Nov-07	RAPID	Nathan Muszynski at Island Pacific Cup Meet	
	50 Breast	32.47	1-Apr-21	RAPID	Zhe Rui Tao at COVID Time Trials	
	100 Breast	1:09.00	1-Apr-21	RAPID	Zhe Rui Tao at COVID Time Trials	
	200 Breast	2:32.80	1-Apr-21	RAPID	Zhe Rui Tao at COVID Time Trials	
	50 Fly	27.89	1-Apr-21	RAPID	Zhe Rui Tao at COVID Time Trials	
	100 Fly	1:05.09	1-Apr-21	RAPID	Zhe Rui Tao at COVID Time Trials	

RECORDS Rapids Records

11-12	200 Fly	2:29.67	22-Feb-19	RAPID	David Maibaum at 2019 Winter Age Group Championships	
	100 IM	1:11.01	25-Oct-14	RAPID	Eric Tong at 2014 VPSC Invitational	
	200 IM	2:21.35	1-Apr-21	RAPID	Zhe Rui Tao at COVID Time Trials	
	400 IM	5:11.26	2-Mar-17	RAPID	Will MacDougall at 2017 Swim BC SC AAA Championships	
12 & U	200 Free Relay	1:54.35	31-Jan-14	RAPID	Richmond Rapids Swim Club T. Yu, E. Chan, M. Crawford, J. Chia	
	400 Free Relay	4:20.20	9-Nov-07	RAPID	Richmond Rapids Swim Club J. Hong, N. Muszynski, R. Guo, P. Y	
	800 Free Relay	9:17.64	31-Jan-14	RAPID	Richmond Rapids Swim Club T. Yu, A. Chan, M. Crawford, E. Chia	
	200 Medley Relay	2:09.79	28-Feb-13	RAPID	Richmond Rapids Swim Club M. Crawford, R. Rakchtis, L. Han, J	
	400 Medley Relay	4:46.50	1-Mar-12	RAPID	Richmond Rapids Swim Club R. Rakchtis, K. Ye, A. Chua, R. Mur	
13-14	50 Free	24.35	13-Feb-14	RAPID	Alex Ball at 2014 Speedo Western Canadian Championships	
	100 Free	54.45	5-Mar-15	RAPID	Adrian Hsing at 2015 Swim BC SC AAA Age Group Championship	
	200 Free	1:58.76	10-Feb-23	RAPID	Zhe Rui Tao at 2023 BC Winter Divisionals - ICV	
	400 Free	4:14.43	14-Dec-18	RAPID	Will MacDougall at 2018 FastSwim	
	800 Free	8:43.72	4-Nov-18	RAPID	Will MacDougall at LMR Distance Meet SCM 2018	
	1500 Free	16:35.49	9-Nov-18	RAPID	Will MacDougall at 2018 Bennett Cup	
	50 Back	27.92	3-Mar-11	RAPID	Brandon de Costa at 2011 TAS BC AAA SC Age Group Champions	
	100 Back	1:00.44	28-Feb-13	RAPID	Jerry Liu at SwimBC SC AAA Age Group Championships	
	200 Back	2:11.89	9-Nov-18	RAPID	Will MacDougall at 2018 Bennett Cup	
	50 Breast	30.24	13-Feb-14	RAPID	Kevin Ye at 2014 Speedo Western Canadian Championships	
	100 Breast	1:04.49	13-Dec-13	RAPID	Kevin Ye at 2013 Thunderbolt Junior International	
	200 Breast	2:20.73	31-Jan-14	RAPID	Kevin Ye at 2014 Swim BC AAA Short Course Age Group Champ	
	50 Fly	27.14	5-Mar-15	RAPID	Brian Yu at 2015 Swim BC SC AAA Age Group Championships	
	100 Fly	59.15	10-Nov-23	RAPID	Yiguo Song at ISC BENNETT CUP	
	200 Fly	2:11.74	10-Nov-23	RAPID	Yiguo Song at ISC BENNETT CUP	
	100 IM	1:00.61	21-Oct-23	RAPID	Zi Dong Su at VPSC Fall Invitational	
	200 IM	2:12.61	17-Dec-21	RAPID	Joshua Wall at FastSwim 2021	
	400 IM	4:42.93	1-Mar-12	RAPID	Hau-Li Fan at 2012 TAS BC AAA SC Championships	
	14 & U	200 Free Relay	1:41.98	31-Jan-14	RAPID	Richmond Rapids Swim Club K. Ye, A. Chua, A. Hsing, A. Ball
		400 Free Relay	3:42.68	4-Mar-10	RAPID	Richmond Rapids Swim Club J. Hong, B. Li, N. Dekker, K. Smith
800 Free Relay		8:12.68	27-Nov-09	RAPID	Richmond Rapids Swim Club N. Muszynski, J. Hong, B. Li, N. De	
200 Medley Relay		1:51.31	31-Jan-14	RAPID	Richmond Rapids Swim Club A. Hsing, K. Ye, A. Chua, A. Ball	
400 Medley Relay		4:20.69	26-Feb-09	RAPID	Richmond Rapids Swim Club N. Muszynski, J. Li, J. Hong, K. Smi	
15-16	50 Free	23.20	11-Dec-15	RAPID	Alex Ball at 2015 FastSwim	
	100 Free	51.77	22-Jul-17	RAPID	Brian Yu at SKSC Summer Invitational 2017	
	200 Free	1:53.62	27-Jul-19	RAPID	Samuel Pei at Knights Summer Fest	
	400 Free	3:58.35	27-Jul-19	RAPID	Samuel Pei at Knights Summer Fest	
	800 Free	8:37.29	16-Feb-12	RAPID	Nicolaas Dekker at 2012 Western Canadian Championships	
	1500 Free	16:42.66	14-Dec-18	RAPID	Samuel Pei at 2018 FastSwim	
	50 Back	26.11	14-Feb-13	RAPID	Brandon de Costa at 2013 Western Canadian Championships	
	100 Back	55.88	14-Feb-13	RAPID	Brandon de Costa at 2013 Western Canadian Championships	
	200 Back	2:02.88	15-Dec-22	RAPID	David Maibaum at FastSwim 2022	
	50 Breast	29.61	11-Dec-15	RAPID	Alex Ball at 2015 FastSwim	
	100 Breast	1:04.06	11-Nov-22	RAPID	Joshua Wall at ISC BENNETT CUP	
	200 Breast	2:18.63	5-Mar-15	RAPID	Kevin Ye at 2015 Swim BC SC AAA Age Group Championships	
	50 Fly	25.55	16-Feb-12	RAPID	Nicolaas Dekker at 2012 Western Canadian Championships	
	100 Fly	54.80	16-Feb-12	RAPID	Nicolaas Dekker at 2012 Western Canadian Championships	
	200 Fly	2:02.30	1-Mar-12	RAPID	Nicolaas Dekker at 2012 TAS BC AAA SC Championships	
	100 IM	58.73	15-Dec-22	RAPID	Joshua Wall at FastSwim 2022	
	200 IM	2:03.78	1-Mar-12	RAPID	Nicolaas Dekker at 2012 TAS BC AAA SC Championships	
	400 IM	4:29.07	16-Feb-12	RAPID	Nicolaas Dekker at 2012 Western Canadian Championships	
	200 Free Relay	1:39.65	5-Mar-15	RAPID	Richmond Rapids Swim Club K. Ye, A. Hsing, L. Han, T. Yu	
	400 Free Relay	3:38.29	5-Mar-15	RAPID	Richmond Rapids Swim Club A. Hsing, M. Ge, R. Rakchtis, K. Ye	

RECORDS Rapids Records

15-16	800 Free Relay	15:00.00	1-Nov-00		temp
	200 Medley Relay	1:49.58	5-Mar-15	RAPID	Richmond Rapids Swim Club J. Zou, K. Ye, B. Zhuo, T. Yu
	400 Medley Relay	8:00.00	2-Nov-99		temp
17 & O	50 Free	22.82	9-Dec-16	RAPID	Alex Ball at 2016 FastSwim
	100 Free	49.93	18-Feb-00	RAPID	Brian Johns
	200 Free	1:48.97	18-Feb-00	RAPID	Brian Johns
	400 Free	3:47.27	18-Feb-00	RAPID	Brian Johns
	800 Free	8:28.00	22-Jan-21	RAPI- BC	Samuel Pei at 400m & 800m Racing
	1500 Free	15:44.87	12-Nov-99	RAPID	Brian Johns
	50 Back	25.99	13-Dec-13	RAPID	Brandon de Costa at 2013 Thunderbolt Junior International
	100 Back	55.79	13-Nov-15	RAPID	Nicolaas Dekker at Bennett Cup
	200 Back	2:00.32	15-Dec-17	RAPID	Nicolaas Dekker at 2017 FastSwim
	50 Breast	29.35	13-Nov-15	RAPID	Nicolaas Dekker at Bennett Cup
	100 Breast	1:02.90	20-Feb-16	RAPID	Nicolaas Dekker at 2016 Trials Preparation TT
	200 Breast	2:17.84	15-Dec-17	RAPID	Nicolaas Dekker at 2017 FastSwim
	50 Fly	24.44	16-Dec-16	RAPID	Nicolaas Dekker at Winter Wonder Splash
	100 Fly	53.70	22-Jul-17	RAPID	Nicolaas Dekker at SKSC Summer Invitational 2017
	200 Fly	1:59.39	20-Feb-16	RAPID	Nicolaas Dekker at 2016 Trials Preparation TT
	100 IM	56.99	22-Nov-13	RAPID	Nicolaas Dekker at 2013 Canada Cup Toronto
	200 IM	2:01.60	18-Feb-00	RAPID	Brian Johns
	400 IM	4:21.92	12-Nov-99	RAPID	Brian Johns
	Senior	200 Free Relay	1:35.89	13-Nov-15	RAPID
400 Free Relay		3:31.93	13-Dec-13	RAPID	Richmond Rapids Swim Club M. Jakac-Sinclair, B. de Costa, N. I
800 Free Relay		7:48.86	16-Dec-16	RAPID	Richmond Rapids Swim Club N. Dekker, A. Rodriguez, E. Chan,
200 Medley Relay		1:43.23	27-Jul-19	RAPID	Richmond Rapids Swim Club M. Crawford, C. Skuse, M. Meulem
400 Medley Relay		3:52.34	13-Dec-13	RAPID	Richmond Rapids Swim Club B. de Costa, K. Ye, N. Dekker, M. Ja