



SSSSC Club Records: Girls Long Course

	10 & U	11	12	13	14	15	16	17 & O
50 Free	36.02 Madison Laycraft 2012	32.95 Tamara Adamschek 2009	29.34 Charlie Yorston 2022	29.22 Charlie Yorston 2022	28.69 Charlie Yorston 2024	28.06 Charlie Yorston 2025	29.05 Jessica Mantik 2017	28.08 Marina Laycraft 2016
100 Free	1:17.40 Kirsten Marchak 2008	1:12.80 Tamara Adamschek 2009	1:04.43 Charlie Yorston 2022	1:05.57 Charlie Yorston 2023	1:02.12 Tianna Going 2011	1:02.19 Charlie Yorston 2025	1:03.91 Marina Laycraft 2015	1:00.42 Marina Laycraft 2016
200 Free	2:45.81 Kirsten Marchak 2008	2:37.84 Kirsten Marchak 2009	2:27.11 Charlie Yorston 2022	2:25.41 Charlie Yorston 2022	2:19.61 Tianna Going 2011	2:16.64 Charlie Yorston 2025	2:24.62 Marina Laycraft 2015	2:20.57 Jessica Mantik 2018
400 Free	6:08.77 Rayanne Laycock 2012	5:38.36 Kirsten Marchak 2009	5:35.59 Megan Mertz 2016	5:10.87 Charlie Yorston 2023	5:17.11 Charlie Yorston 2023	5:00.66 Charlie Yorston 2025	5:11.64 Jessica Mantik 2017	5:13.16 Marina Laycraft 2016
800 Free	13:56.75 Megan Mertz 2014	12:58.60 Megan Mertz 2015	11:40.34 Megan Mertz 2016	11:20.09 Rayanne Laycock 2015	11:09.62 Rayanne Laycock 2016	10:48.91 Charlie Yorston 2025	10:48.82 Marina Laycraft 2015	10:44.42 Annalise Posein 2007
1500 Free	NR	NR	22:15.46 Megan Mertz 2016	22:43.38 Megan Mertz 2017	22:12.84 Charlie Yorston 2023	20:34.40 Megan Mertz 2019	22:46.90 Olivia Smail 2015	25:45.65 Lexi Sidorenko 2018
50 Back	40.35 Miya Hansen 2019	37.52 Pascale Posein 2008	33.60 Charlie Yorston 2022	32.85 Megan Mertz 2017	32.78 Charlie Yorston 2024	30.93 Charlie Yorston 2025	31.41 Charlie Yorston 2025	32.04 Marina Laycraft 2016
100 Back	1:33.26 Megan Mertz 2014	1:19.28 Kirsten Marchak 2009	1:13.68 Charlie Yorston 2022	1:12.83 Charlie Yorston 2023	1:11.83 Madison Laycraft 2015	1:08.06 Charlie Yorston 2025	1:07.41 Charlie Yorston 2025	1:09.03 Marina Laycraft 2016
200 Back	3:19.21 Pascale Posein 2007	2:49.76 Kirsten Marchak 2009	2:41.21 Charlie Yorston 2022	2:42.23 Megan Mertz 2017	2:41.65 Madison Laycraft 2015	2:28.18 Charlie Yorston 2025	2:39.07 Marina Laycraft 2015	2:34.02 Annalise Posein 2007
50 Breast	44.37 Miya Hansen 2019	44.47 Tamara Adamschek 2009	39.55 Chelanne Wolff 2013	37.91 Charlie Yorston 2023	38.15 Tamara Adamschek 2012	36.63 Charlie Yorston 2025	35.80 Tamara Adamschek 2014	35.63 Jessica Mantik 2018
100 Breast	1:43.39 Miya Hansen 2019	1:35.77 Kirsten Marchak 2009	1:34.04 Lily Dean 2025	1:26.73 Charlie Yorston 2023	1:23.26 Kirsten Marchak 2012	1:23.27 Abigail Alexander 2025	1:21.77 Tamara Adamschek 2014	1:19.19 Jessica Mantik 2018
200 Breast	3:46.43 Miya Hansen 2019	3:23.74 Tamara Adamschek 2009	3:17.16 Lily Dean 2025	3:10.00 Chelanne Wolff 2014	3:02.64 Kirsten Marchak 2012	2:58.76 Charlie Yorston 2025	3:03.06 Tamara Adamschek 2014	3:03.86 Jessica Mantik 2018
50 Fly	39.29 Kirsten Marchak 2008	35.05 Kirsten Marchak 2009	33.05 Lily Dean 2025	31.59 Charlie Yorston 2023	30.91 Charlie Yorston 2024	29.74 Charlie Yorston 2025	29.54 Jessica Mantik 2017	29.17 Jessica Mantik 2018
100 Fly	1:31.13 Kirsten Marchak 2008	1:18.67 Kirsten Marchak 2009	1:17.01 Lily Dean 2025	1:16.23 Kirsten Marchak 2011	1:13.99 Charlie Yorston 2023	1:10.09 Megan Mertz 2019	1:08.28 Jessica Mantik 2017	1:06.48 Jessica Mantik 2018
200 Fly	3:17.65 Kirsten Marchak 2008	3:00.09 Kirsten Marchak 2009	3:47.59 Kate Doucette 2012	3:43.76 Olivia Smail 2012	3:25.26 Tamara Adamschek 2012	3:53.51 Ashley Berreth 2012	3:41.30 Stephanie Adamschek 2017	2:48.62 Jessica Mantik 2018
200 IM	3:19.63 Kirsten Marchak 2008	2:55.14 Kirsten Marchak 2009	2:46.04 Charlie Yorston 2022	2:44.78 Kirsten Marchak 2011	2:45.45 Tianna Going 2011	2:31.58 Charlie Yorston 2025	2:39.30 Jessica Mantik 2017	2:36.14 Jessica Mantik 2018
400 IM	NR	NR	6:16.49 Rayanne Laycock 2014	6:00.28 Charlie Yorston 2023	5:58.86 Charlie Yorston 2023	5:55.02 Jessica Mantik 2016	5:54.75 Jessica Mantik 2017	5:42.11 Jessica Mantik 2018

Updated: August 8, 2025

NR = No Record