

Truro Centurions Swim Club

RECORDS Long Course Records

LC Meters-Girls

10 & U	50 Free	33.97	7-Jul-16	TCSC	J. Gallant	
	100 Free	1:17.95	1-Jun-12	TCSC	E. Bruce	
	200 Free	2:43.34	3-Jun-16	TCSC	J. Gallant	
	400 Free	5:50.57	3-Jun-12	TCSC	E. Bruce	
	800 Free	12:30.80	2-Jun-12	TCSC	E. Bruce	
	1500 Free	25:18.37	1-Apr-17	TCSC	K. Warren	
	50 Back	41.18	7-Jul-16	TCSC	J. Gallant	
	100 Back	1:29.23	4-Jul-15	TCSC	M Bond	
	200 Back	3:07.67	5-May-12	TCSC	E. Bruce	
	50 Breast	45.39	3-Jun-15	TCSC	M. Bond	
	100 Breast	1:51.59	28-May-04	TCSC	T. Langley	
	200 Breast	3:41.60	31-Mar-17	TCSC	K. Warren	
	50 Fly	35.95	7-Jul-16	TCSC	J. Gallant	
	100 Fly	1:24.79	7-Jul-16	TCSC	J. Gallant	
	200 Fly	3:22.85	7-Jul-16	TCSC	J. Gallant	
	200 IM	3:06.21	3-May-15	TCSC	M. Bond	
	400 IM	6:23.62	3-Jul-15	TCSC	M. Bond	
	11-12	50 Free	29.80	22-Apr-17	TCSC	M. Bond
		100 Free	1:04.82	31-Mar-17	TCSC	M. Bond
		200 Free	2:25.46	6-Jul-06	TCSC	T. Langley
400 Free		5:13.12	1-Feb-06	TCSC	T. Langley	
800 Free		10:45.39	6-Jun-06	TCSC	T. Langley	
1500 Free		20:19.02	3-Mar-12	TCSC	C. Bruce	
50 Back		35.01	12-Jun-16	TCSC	M Bond	
100 Back		1:16.76	25-Feb-16	TCSC	M. Bond	
200 Back		2:45.78	5-Jul-12	TCSC	C. Bruce	
50 Breast		36.26	8-Jul-17	TCSC	M. Bond	
100 Breast		1:19.78	6-Jul-17	TCSC	M. Bond	
200 Breast		2:50.36	6-Jul-17	TCSC	M. Bond	
50 Fly		32.88	5-Mar-20	TCSC	M. Castro	
100 Fly		1:13.04	2-Mar-17	TCSC	M. Bond	
200 Fly		2:44.35	31-Mar-17	TCSC	M. Bond	
200 IM		2:35.31	6-Jul-17	TCSC	M. Bond	
400 IM		5:28.58	6-Jul-17	TCSC	M. Bond	
13-14		50 Free	29.20	2-Feb-82	TCSC	K. Burris
		100 Free	1:03.07	20-Apr-01	TCSC	J. Brown
		200 Free	2:12.86	10-Feb-23	TCSC	A. Nettleton
	400 Free	4:47.91	6-Jan-01	TCSC	J. Brown	
	800 Free	10:26.12	3-Jan-87	TCSC	B. Isnor	
	1500 Free	19:56.61	1-Jun-19	TCSC	M. Bond	
	50 Back	35.05	30-Mar-19	TCSC	M. Bond	
	100 Back	1:11.55	16-Apr-99	TCSC	A. Roberts	
	200 Back	2:33.68	16-Apr-99	TCSC	A. Roberts	
	50 Breast	34.85	11-Apr-19	TCSC	M. Bond	
	100 Breast	1:14.45	11-Apr-19	TCSC	M. Bond	
	200 Breast	2:39.64	11-Apr-19	TCSC	M. Bond	
	50 Fly	31.32	3-Jun-11	TCSC	K. Taylor	
	100 Fly	1:09.20	28-Feb-19	TCSC	M. Bond	

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13-14	200 Fly	2:30.28	4-Jul-19	TCSC	M. Bond
	200 IM	2:29.21	4-Jul-19	TCSC	M. Bond
	400 IM	5:17.97	4-Jul-19	TCSC	M. Bond
15-18	50 Free	28.51	28-Jun-85	TCSC	J. MacDonald
	100 Free	59.94	5-May-23	TCSC	A. Nettleton
	200 Free	2:12.29	2-Aug-84	TCSC	J. MacDonald
	400 Free	4:43.28	26-Jul-01	TCSC	J. Brown
	800 Free	10:02.66	26-Jul-01	TCSC	J. Brown
	1500 Free	19:35.75	9-May-10	TCSC	T. Langley
	50 Back	32.21	27-Jul-16	TCSC	M. Bond
	100 Back	1:07.97	19-Mar-02	TCSC	A. Roberts
	200 Back	2:26.22	9-Aug-02	TCSC	A. Roberts
	50 Breast	34.72	5-Mar-20	TCSC	K. Archibald
	100 Breast	1:14.49	5-Mar-20	TCSC	M. Bond
	200 Breast	2:40.17	5-Mar-20	TCSC	M. Bond
	50 Fly	30.13	5-Mar-20	TCSC	M. Bond
	100 Fly	1:07.69	5-Mar-20	TCSC	M. Bond
	200 Fly	2:30.40	5-Mar-20	TCSC	M. Bond
	200 IM	2:28.00	5-Mar-20	TCSC	M. Bond
	400 IM	5:23.12	28-Jun-85	TCSC	EL. Pyle

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LC Meters-Boys

10 & U	50 Free	36.59	27-Apr-13	TCSC	B. Mingo	
	100 Free	1:24.84	4-Jul-13	TCSC	B. Mingo	
	200 Free	2:51.33	18-May-13	TCSC	B. Mingo	
	50 Back	48.03	14-Apr-12	TCSC	B. Mingo	
	200 Back	3:16.97	4-Jul-13	TCSC	B. Mingo	
	50 Breast	52.34	27-Apr-13	TCSC	B. Mingo	
	200 Breast	4:09.90	14-Apr-13	TCSC	B. Mingo	
	50 Fly	38.59	4-Jul-13	TCSC	B. Mingo	
	100 Fly	1:32.88	6-Jul-13	TCSC	B. Mingo	
	200 Fly	3:21.05	7-Jul-13	TCSC	B. Mingo	
	200 IM	3:17.85	17-May-13	TCSC	B. Mingo	
	11-12	50 Free	29.42	25-Jun-89	TCSC	M. MacDonald
		100 Free	1:05.50	16-Jul-82	TCSC	T. Hudson
200 Free		2:22.85	16-Apr-85	TCSC	C. Selig	
400 Free		4:51.30	16-Apr-87	TCSC	C. Selig	
1500 Free		19:43.58	15-Apr-87	TCSC	C. Selig	
50 Back		36.51	1-Jul-85	TCSC	A. Gibson	
100 Back		1:12.04	19-Apr-89	TCSC	C. Roberts	
200 Back		2:36.06	5-May-89	TCSC	C. Roberts	
50 Breast		40.33	2-Jul-05	TCSC	C. Gogan	
100 Breast		1:23.72	16-May-80	TCSC	R. Isenor	
200 Breast		2:58.45	16-May-80	TCSC	R. Isenor	
50 Fly		33.97	2-Jul-05	TCSC	C. Gogan	
100 Fly		1:12.04	16-May-87	TCSC	C. Selig	
200 Fly		2:36.99	16-May-87	TCSC	C. Selig	
200 IM		2:35.28	16-May-80	TCSC	R. Isenor	
400 IM		5:30.89	6-Jun-80	TCSC	R. Isenor	
13-14		50 Free	26.94	4-Jun-93	TCSC	M. Roberts
	100 Free	56.15	26-Jul-17	TCSC	B. Mingo	
	200 Free	2:07.72	6-Jul-17	TCSC	B. Mingo	
	400 Free	4:38.19	7-Jun-01	TCSC	A. Gibson	
	800 Free	9:47.10	4-May-07	TCSC	A. Gibson	
	1500 Free	18:37.70	1-May-82	TCSC	R. Isenor	
	50 Back	29.26	10-Aug-17	TCSC	B. Mingo	
	100 Back	1:02.40	7-Aug-17	TCSC	B. Mingo	
	200 Back	2:15.91	7-Aug-17	TCSC	B. Mingo	
	50 Breast	33.80	7-Aug-17	TCSC	B. Mingo	
	100 Breast	1:16.35	17-Jul-83	TCSC	J. Bailey	
	200 Breast	2:49.26	7-Aug-17	TCSC	B. Mingo	
	50 Fly	30.26	7-Jul-16	TCSC	B. Mingo	
	100 Fly	1:05.67	7-Jul-84	TCSC	T. Hudson	
	200 Fly	2:26.45	16-Jul-89	TCSC	C. Selig	
	200 IM	2:26.30	2-Apr-82	TCSC	R. Isenor	
	400 IM	5:06.31	19-May-89	TCSC	C. Selig	
	15-18	50 Free	24.83	4-Jul-19	TCSC	D. Sangster
		100 Free	54.66	4-Jul-19	TCSC	D. Sangster
200 Free		2:01.10	5-Mar-20	TCSC	C. Bush	

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15-18	400 Free	4:13.06	7-Jul-90	TCSC	C. Selig
	800 Free	9:19.77	24-Mar-22	TCSC	C. Bush
	1500 Free	17:57.95	9-May-08	TCSC	A. Gibson
	50 Back	27.26	11-Apr-19	TCSC	D. Sangster
	100 Back	59.22	11-Apr-19	TCSC	D. Sangster
	200 Back	2:10.81	11-Apr-19	TCSC	D. Sangster
	50 Breast	34.87	7-May-10	TCSC	C. Gogan
	100 Breast	1:11.93	7-Jul-90	TCSC	J. Roach
	200 Breast	2:38.38	5-Sep-84	TCSC	R. Isnor
	50 Fly	26.86	5-Mar-20	TCSC	C. Bush
	100 Fly	59.64	11-Apr-19	TCSC	C. Bush
	200 Fly	2:13.65	5-Mar-20	TCSC	C. Bush
	200 IM	2:19.42	2-Sep-92	TCSC	C. Selig
	400 IM	4:56.43	27-Jul-92	TCSC	C. Selig