



VERNON KOKANEE SWIM CLUB, GRASSROOTS PROGRAM - Fall session 1

Tuesday & Thursday - September to December 2025

COST: Grassroots GR1 \$345.00 Grassroots GR2 \$391.00 Grassroots GR3 \$391.00

Grassroots 1 Groups A & B - 30 min practice time - 5pm-5:30pm (activation 4:45pm)

Grassroots 2 Groups A & B - 45min practice time - 5:30-6:15pm (activation 5:15pm)

Grassroots 3 Group A & B - 45min practice time - 6:15-7pm (activation 6pm)

WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8	WEEK 9	WEEK 10	WEEK 11	WEEK 12
Sept 23	Sept 30 no swim	Oct 7	Oct 14	Oct 21	Oct 28	Nov 4	Nov 11 no swim	Nov 18	Nov 25	Dec 2	Dec 9
Sept 25	Oct 2	Oct 9	Oct 16	Oct 23	Oct 30	Nov 6	Nov 13	Nov 20	Nov 27	Dec 4	Dec 11

No swimming on Sept 30th and Nov 11th for Remembrance Day

Note – fees will be adjusted for each session to reflect planned practice cancellations due to statutory holidays.