

2025/26 Aces Registration Info

Wilmot

Welcome to our new and returning swimmers. We are looking forward to an exciting swim season. This package includes the information that you need to be ready for registration. Coaching assignments will be finalized following registration and will be communicated before the start of the swim season.

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Important dates

August 11: Returning family registration **August 18:** New family registration

September 8: Season start date for Competitive and Pre-Competitive swimmers

September 10: Season start date for FUNdamentals swimmers



Program Descriptions

FUNdamentals (Ages 4–12)

FUNdamentals is for swimmers who are comfortable in the water and ready to learn! This program focuses on developing stroke technique and water confidence in a supportive, skill-based environment.

- FUN1 (Ages 4-8): 30-minute practices, 2x per week
- FUN2 (Ages 9-12): 45-minute practices, 2x per week

Offered in **10-week sessions**, this is the perfect entry point for young swimmers ready to start their Aces journey.

Pre-Competitive Program (Ages 7-12 & 13+)

Formerly Novice 3 and 4, the pre-competitive program offers a step between swimming lessons and competitive swimming. Helping swimmers build endurance and refine technique, they will learn about racing in a fun, no-pressure and inclusive environment.

- Mini Pre-Competitive (Ages 7-9)
- Junior Pre-Competitive (Ages 10–12)
- Senior Pre-Competitive (Age 13+)

Each group trains **twice per week for 1 hour** over **15 week sessions**. Swimmers have the option to participate in 1 swim meet per season at our May Day Invitational.

Competitive Program (Ages 7-12 & 13+)

For swimmers ready to commit to increased training and competition, competitive offers progressive levels based on age and performance goals:

- Junior (7–12) and Senior (13+)
 - Junior 1 / Senior 1: Learning to develop racing skills, these swimmers train to attend invitational meets and achieve personal best times.
 - 3 practices per week
 - Junior 1: 3 hours/week
 - Senior 1: 4.25 hours/week



- Junior 2 / Senior 2 (Formerly Senior 3): Increased training and commitment, these swimmers train to achieve personal best and Western Regional time standards.
 - Junior 2: 4.25 hours/week (3 practices)
 - Senior 2: 7.5 hours/week (4 practices)
- Junior HP (Formerly Junior 3) / Senior HP: The highest level of commitment, HP trains to achieve regional and provincial time standards.
 - Junior HP: 7.5 hours/week (4 practices)
 - Senior HP: 10.5 hours/week (6 practices)

This program supports swimmers at every stage of their competitive journey—from first races to the provincial stage. The competitive season runs from early September until the end of June. For some groups, there will be training offered through to the end of July.

Wilmot Swim Schedule & Fees

Below you will find the swim schedule for the 2025/26 season for each group at the Wilmot Rec Complex. The season begins the week of September 8, 2025.

Fees can be paid by credit card in SportsEngine (Processing fees apply). You can also pay by e-transfer to accounting@acesswim.ca. If using e-transfer, please state the in comment/memo:

- What the payment is for (e.g. program fees, meet fees, etc.)
- Swimmer name

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FUNdamentals - 10 week session

Session dates

| Session | Start Date | End Date | Notes |
|------------|--------------|--------------|--------------------------------|
| Session 1 | | | |
| Mon/Wed | Wed Sept 10 | Wed Nov 19 | No swimming Oct 13 |
| Tues/Thurs | Tues Sept 16 | Thurs Nov 20 | |
| Session 2 | | | |
| Mon/Wed | Mon Nov 24 | Wed Feb 11 | No swimming Dec 22 - Jan 2) |
| Tues/Thurs | Tues Nov 25 | Thurs Feb 12 | No swimming Dec 22 - Jan 2) |



| Session 3 | | | |
|------------|-------------|-------------|-------------------------------------|
| Mon/Wed | Wed Feb 18 | Wed May 13 | No swimming March 16-27, April 6 |
| Tues/Thurs | Tues Feb 17 | Thurs May 7 | No swimming March 16 - 27 |

Fees for FUNdamentals are due in full at time of registration. The Swim Canada (SNC) fee will only be charged once per season. This fee is paid directly to the sport's governing body to cover insurance for the swimmer.

| FUNdamentals | Days | Time | Aces Program Fee | Swim Canada Fee (paid 1x per season) |
|--------------|-------------|-------------|---------------------|--|
| FUN1 | | | | |
| А | Mon & Wed | 4:30-5:00pm | \$250.00 | \$60.50 |
| В | Mon & Wed | 5:00-5:30pm | \$250.00 | \$60.50 |
| С | Mon & Wed | 6:00-6:30pm | \$250.00 | \$60.50 |
| D | Tue & Thurs | 5:45-6:15pm | \$250.00 | \$60.50 |
| Е | Tue & Thurs | 5:45-6:15pm | \$250.00 | \$60.50 |
| F | Tue & Thurs | 6:45-7:15pm | \$250.00 | \$60.50 |
| FUN2 | | | | |
| А | Mon & Wed | 4:30-5:15pm | \$355.00 | \$60.50 |
| В | Mon & Wed | 5:15-6:00pm | \$355.00 | \$60.50 |
| С | Tue & Thurs | 5:45-6:30pm | \$355.00 | \$60.50 |
| D | Tue & Thurs | 6:30-7:15pm | \$355.00 | \$60.50 |



Pre-Competitive - 15 week session

Session dates

| Session | Start Date | End Date | Notes |
|------------|-------------|----------------|---|
| Session 1 | | | |
| Mon/Wed | Mon Sept 8 | Mon Dec 22 | No swimming Oct 13 |
| Tues/Thurs | Tues Sept 9 | Thurs Dec 18 | |
| Session 2 | | | |
| Mon/Wed | Mon Jan 5 | Wed May 6 | No swimming Feb 16, March 16-27, April 6 |
| Tues/Thurs | Tues Jan 6 | Thurs April 30 | No swimming March 16-27 |

Fees for Pre-Competitive can be paid in full at time of registration or you can choose to divide the fees into 2 payments during checkout. The Swim Canada (SNC) fee will only be charged once per season. This fee is paid directly to the sport's governing body to cover insurance for the swimmer.

| Pre-Competitive | Days | Time | Aces Program Fee | Swim Canada Fee (paid 1x per season) |
|-----------------|-------------|-------------|---------------------|--|
| Mini (7-9) | | | | |
| А | Mon & Wed | 4:30-5:30pm | \$575.00 | \$60.50 |
| Junior (10-12) | | | | |
| Α | Mon & Wed | 5:30-6:30pm | \$575.00 | \$60.50 |
| В | Tue & Thurs | 6:15-7:15pm | \$575.00 | \$60.50 |
| Senior (13+) | | | | |
| Α | Tue & Thurs | 5:45-6:45pm | \$575.00 | \$60.50 |



Competitive - Full Season (40 weeks: September 8 - June 27)

| Competitive Group | Days | Time | Dryland | Aces Program Fee | Swim Canada Fee (paid 1x per season |
|----------------------|--------------------------------------|---|-------------------------------------|------------------------|--|
| Junior 1A | Mon/Wed & Saturday | 5:30-6:30pm 9:00-10:00am | Saturday 7:45 - 8:30am | \$1,755 | \$171.68 |
| Junior 1B | Tue/Thurs & Saturday | 4:45-5:45pm & 9:00-10:00am | Saturday 7:45 - 8:30am | \$1,755 | \$171.68 |
| Junior 1C | Tue/Thurs & Saturday | 5:45-6:45pm & 9:00-10:00am | Saturday 7:45 - 8:30am | \$1,755 | \$171.68 |
| Junior 2 | Tues/Thurs & Saturday | 5:45-7:15pm & 8:45-10:00am | Saturday 7:45 - 8:30am | \$2,290 | \$171.68 |
| Junior HP | Mon Tue/Thurs Saturday | 6:00-7:30am 3:45-5:45pm 6:45-8:45am | Saturday 9:00-9:45am | \$3,640 | \$171.68 |
| Senior 1 | Tue/Thurs & Saturday | 5:45-7:15pm 8:45-10:00am | Saturday 7:45-8:30am | \$2,290 | \$171.68 |
| Senior 2 | Tue/Thurs Wed Saturday | 3:45-5:45pm 6:00-7:30am 6:45-8:45am | Saturday 9:00-9:45am | \$3,640 | \$171.68 |
| Senior HP | Mon/Wed/Fri Tue/Thurs Saturday | 6:00-7:30am 3:45-5:45pm 6:45-8:45am | Saturday 9:15-10:00 am @Evoke | \$4,200 | \$171.68 |

Fees for Competitive can be paid in full at time of registration or you can choose to divide the fees into 2 or 8 payments during checkout. The Swim Canada (SNC) fee will only be charged once per season. This fee is paid directly to the sport's governing body to cover insurance for the swimmer.



WAAC is a not-for-profit organization. Our operations are run by a General Manager (new this season), professional coaches and lots of volunteers. We make every effort to keep fees as low as possible. As such, one third of our annual operating expenses are covered by fundraising activities throughout the season.

Fundraising is done in 2 main ways:

1. Hosted Swim Meets

- a. The Aces will be hosting 4 invitational swim meets this year:
 - November 15-16, 2025
 - January 25, 2026
 - March 13-15, 2026
 - May 3, 2026
- b. These are important events not only for swimmer development, but also are a significant source of fundraising for the club.
- c. Participation as an official is a requirement for competitive swimmers. Each shift is worth \$100 towards your Family Participation Program committment

2. General Fundraising Activities

a. There are fundraising opportunities throughout the year, including community dances, Flipgive, ShoePer Store, and Swim-a-thon, community BBQ. Volunteer shifts are typically worth \$100 towards the Family Participation Program commitment for competitive swimmers.



Family Participation Program

The Family Participation Program (FPP) supports the operation and sustainability of WAAC by promoting family involvement. The volunteer program and credit tracking are designed to be simple and easy to understand. Families are encouraged to participate by officiating and taking on club roles. Each year, we need over 600 volunteer shifts to support our programs. The program ensures fairness between families who participate and those who do not. Additionally, volunteers who contribute the most will receive rewards and recognition for their efforts.

| Program | FPP Fee | Shift Credits Required | Notes |
|-----------------|-------------------|---------------------------|---|
| Competitive | \$1000 per season | 10 credits | Minimum 5 officiating shift credits required. 2 credits must come from non-officiating credits. |
| Pre-Competitive | \$200 per session | 2 credits | Any eligible volunteer role counts |
| FUNdamentals | \$0 | 0 | No FPP requirement |

Payment & Credit Card Policy

- A valid credit card must be provided during registration.
- During registration, families agree to charges for unmet FPP requirements:
 - End of December (Pre-Comp): Outstanding FPP credits processed and charged to accounts for Pre-Competitive Session 1
 - End of May (Pre-Comp): Outstanding FPP credits processed and charged to accounts for Pre-Competitive Session 2
 - End of June (Competitive): Outstanding FPP credits processed and charged to accounts
 - End of July: All outstanding balances charged to the card on file unless already paid by other means

For detailed information, please see the WAAC Family Participation Policy in SportsEngine.

Questions

If you have questions about the registration process, fees, family participation program, etc please contact our General Manager: gm@acesswim.ca

If you have questions about swim programming and which group you should register for, please contact our Head Coach: coachalex@acesswim.ca