

BORDER CITY INVITATIONAL

DECEMBER 5-7, 2025

GENERAL INFORMATION

Host

Windsor Aquatic Club

Venue Information

Windsor International Aquatic and Training Centre

401 Pitt St West, Windsor Ontario, N8A 0B2

10 lane 72m divided into 2 25m Competition Pools

6 lane 25m Warm Down Pool (available for ALL competition periods)

Omega Quantum Electronic Timing System

Spectator seating will be upstairs on the mezzanine level.

GLASS CONTAINERS are strictly prohibited in and around the deck area.



The only meet package which will be considered as valid must be the most current version found on www.swimming.ca and the Swimming Canada Registration and Event Management System (REMS).

KEY DATES

Meet Entry Deadline

Entry files must be received by midnight November 21, 2025. After that time, fees will be calculated; no refunds will be granted for missed swims. Entries after November 21, 2025, will be at the discretion of the Entries Coordinator.

Due to high subscription, please contact the meet manager to secure your spot for your team with a swimmer estimate.

Timeline adjustments will be made based on entries to ensure session length does not exceed 4.5 hours.

Meet Information

Meet details will be available at www.windsoraquatic.com. Psych Sheets & session timelines will be available after November 28th, 2025.

Event apparel will be available for pre-order only. Information will be sent to coaches and available on the host team website.

Pre-Event Training

Pre-Event Training will be available Thursday, December 4, 2025 6-8pm.

Competition Times

12&Under – ALL events timed finals, Friday, Saturday, Sunday afternoon sessions

13&Over – Events are Prelims/Finals with the exception for Relays, 400IM, 400Free & Distance Events

Prelims in AM, top 10 in **each age group** going to Finals

Fastest Heats of Relays will swim in Finals

Meet Management reserves the right to split or change warm up and start times for sessions.

Cancellation

In the event of unforeseen circumstances beyond the control of the City of Windsor or Windsor Aquatic Club, force the cancellation of all or part of the meet, a partial refund may be granted at the discretion of the Meet Manager.

ORGANIZING COMMITTEE

Competition Coordinators:	Jen Potma (V) jen.potma@gmail.com
	Shawn Taylor (V) crazyswimfam72@gmail.com
Meet Manager:	Natalie Keirl natalie@windsoraquatic.com
Entries Coordinator	Sherry Gibson sherry@windsoraquatic.com
Minor Officials Coordinator:	Stacey Cragg officials@windsoraquatic.com

Officials

It would be appreciated if any club would like to provide some officials to help with the meet. Anyone interested in officiating can email officials@windsoraquatic.com or by contacting the Competition Coordinator. WAC is happy to support aspiring senior officials to get the experience they are seeking. Officials requesting a senior position or an evaluation, please contact the Competition Coordinator directly.

SAFETY AT COMPETITION

Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment and discrimination.

Only Swimming Canada registered active participants (swimmers, officials, certified coaches and support staff for the meet), facility personnel and authorized Swim Ontario personnel are allowed on deck during the competition.

All participants in this event are reminded that they are bound by Swimming Canada and Swim Ontario Policies and Procedures, including but not limited, to Swimming Canada's General Code of Conduct, their Equity, Diversity and Inclusion Policy, their Harassment Policy and the [Swim Ontario Code of Conduct procedure](#) For more information regarding the [Swim Ontario Policies and Procedures](#) or Safe Sport please visit the Swim Ontario website <https://www.swimontario.com/sport-safety> or www.swimming.ca/safesport

The [Swim Ontario Concussion Management](#) & Swimming Canada Event Photography and Swim Ontario Event Photography procedures will be in effect. For complete details click [HERE](#).

Every club and its participants are responsible for ensuring all facility rules and requirements are followed.

EVENT PHOTOGRAPHY/VIDEOGRAPHY

Provided the facility permits, registered club coaches on the compliance list, approved sport science contractors, and support staff may record for coaching purposes without additional authorization.

All other individuals — including club photographers, contracted photographers/videographers, and media — must apply for and receive authorization to access the competition deck before

recording in any medium. All recordings must comply with Swim Ontario policies, including the [Photography, Videography, and Cellphone Procedure](#) and the [Screening Requirements Procedures](#). Contact Meet Management for the application process. All Official Photographers and Videographers, as approved by Swim Ontario, will be declared within this Meet Package.

Approved Official Photographer for this event: Renee Kardash Photography

Please contact Meet Manager for an application and authorization.

ELIGIBILITY

All athletes must be registered as Competitive or Varsity swimmers with Swimming Canada and possess a valid Swimming Canada registration number. Athletes may only compete under the age group club or varsity team they are registered with. Registered Para Swimmers are welcome and their current Sport Class must be included in entries. Entries submitted without a valid registration number and active status in the Swimming Canada Registration and Event Management System (REMS) at the time of the competition will be denied entry. It is the responsibility of the swimmer's club to provide proof of active registration status in REMS.

FOREIGN COMPETITORS

This event is sanctioned as an Invitational including foreign competitors/teams subject to the provisions below.

Foreign Teams and their competitors are welcome, subject to the following provisions.

- **Proof of TEAM Liability Insurance for a minimum of \$2,000,000 is required naming Swim Ontario on the Insurance certificate.**
- All foreign competitors must be registered with an amateur swimming organization recognized by World Aquatics.
- All foreign competitors and coaches must be duly registered and residents of the governing body for which they are competing.
- All competitors and coaches must be in good standing with their respective governing swim body.
- All foreign competitors and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the [Proof of Residence and Registration Status form](#) to Swim Ontario no later than 7 days prior to start of competition along with the insurance certificate.
- **Foreign Team entries are not to be accepted by the host club until Swim Ontario approval.**

QUALIFYING STANDARDS

There are no qualifying standards for this meet.

Except for relays, swimmers must swim in the proper age group, no swimming up is permitted. Swimming "up" is only permitted on relays per SNC rules. A maximum of 2 swimmers may swim up for a relay team.

Restrictions

NTs entries are not permitted or accepted for the 400, 800 and 1500 Free events due to high entry level.

1500 Free events may be limited to 2 heats of each gender. Those qualifying will be determined by entry time. The fastest 20 will swim.

400 Free & 800 Free and 400 IM events may be limited to 3 heats per session age grouping (Grouping will be 12 & under /13 & over) and gender, in which case the fastest 30 will swim.

Meet Management reserves the right to limit entries, slowest to fastest, if necessary to meet session time limits.

Age Groups

A competitor's age is as the first day of the competition: Friday December 5, 2025.

Male and Female

Individual: 10&Under; 11; 12; 13; 14; 15; 16; 17&Over;

Relays: 10&Under; 11-12; 13-14; 15&Over

1500 Free will have 13 & under, 800 Free, 400 Free and 400 IM will have 12& under, 200's of Back, Breast and Fly will have 11 & Under

ENTRY FEES & INFORMATION

Entry Fees

Individual Events (200m or less)	\$17.00
Distance Events (400IM/400/800/1500m)	\$20.00
Relay Events	\$25.00 per team
Swimmer Surcharge	\$5.00 per swimmer

Cheques/Payments must be received before the Team's first warm up at the meet.

Cheques are payable to **Windsor Aquatic Club** or **e-transfer** to accounts@windsoraquatic.com
For the Memo: Team Name and for the Security Answer: bordercity (all one word)

Entry Process

Entries must be submitted through the Swimming Canada Registration and Events System (REMS) and must include all attending coaches and support staff. Meet management will:

- not accept entries via email;
- notify clubs within 48 hours of the online entry deadline regarding any rejected entries or required changes to entries;
- notify clubs of any meet format changes or designated warm-up times at least 10 days prior to the start of the competition

Failure to inform meet management of a no-show / scratch prior to the deadline for changes to entries will result in loss of entry fees.

Meet Management reserves the right to further limit individual swims per session and to limit heats if necessary to keep session times to within 4.5 hours.

Deck entries will be permitted for swimmers already entered in the competition for distances less than 400m. Deck entries will be accepted for empty lanes only (no new heats will be created). Deck entries are Exhibition only. They are not eligible for scoring or awards.

The deck entry fee for individual events is \$25 and \$30 for relays.

Coaches will be sent confirmation in the form of an entry list once your club's entries have been finalized. Failure to inform meet management of a no-show / scratch prior to the deadline for changes will result in a loss of entry fees.

Age Group Event Seeding & Finals

Entry times can be converted. Times will be converted by the host to SC.

All preliminary heats will be seeded by time, slowest to fastest, as per II 3.1 with fastest 3 heats circle seeded regardless of age. Management reserves the right to combine age groups/events if time requires, and the right to split preliminary session age categories to ensure proper session lengths.

All 12 & Under events will be timed finals.

13 & Over preliminaries will swim combined age groups and will be separated into designated age groups for finals.

All Relays, 400/800/1500 Free Events and the 400 IM will be timed finals and swim as combined ages groups.

The 800 Free & 1500 Free will swim fastest to slowest and will be timed finals. Meet Management reserves the right to alternate genders.

The 400 IM & 400 Free will swim slowest to fastest and will be timed finals.

The fastest heats of relays will swim in Finals.

The top 10 swimmers in Age Group events for male and female 13, 14, 15, 16, 17 & Over will swim in Finals. Preliminary events with less than 11 swimmers will still swim and not go straight to finals.

Swim-offs

All swim-offs will be conducted during the preliminary session in which the tie took place at a time mutually agreed upon by the coaches and officials.

Swim-offs required because of scratches will occur at the start of the finals session in which the event is to take place.

Swimmers may decline the swim-off without penalty.

Relays

The number of relays each club can submit is limited to 2.

A mixed relay must have 2 girls and 2 boys. All other combinations will result in a disqualification.

Relay sheets are to be obtained during warm-up, verified, and submitted back to meet management **60 minutes** after the session.

Scratches & Penalty

Swimmers will not be penalized for scratching from preliminary/timed finals heats in the preliminary sessions. **As a courtesy, coaches are asked to have scratches for evening finals 30 minutes following the completion of the morning session. This includes the fastest heat of relays that are scheduled in the Finals session.**

Coaches are requested to submit scratches as soon as possible so that eligible swimmers can be notified and/or determine if a 'swim-off' is required.

Scratches must be submitted on the appropriate scratch form. E-mailed scratches will not be accepted. Forms are available at the Admin Desk.

Positive Check-In is required for the 400 Free, 800 Free, 1500 and 400 IM event **30 minutes** prior to the session start at the Admin Desk.

Coaches are to ensure all their swimmers know they are in finals. Coaches are to scratch swimmers up to and including 15th place.

The timely arrival of all 10 swimmers for FINAL heats is important. Alternatives are asked to report to the Admin Desk. Failure to arrive before a swimmer's heat is sent behind the blocks will count as a no show and the alternate will swim.

COMPETITION RULES

All current [Swimming Canada rules](#) will be followed. All registered para swimmers are subject to the rules defined by their current sport class and codes of exception. The stroke and turn rules apply as per Appendix B of the Swimming Canada rulebook. The Sport Class and Exception Codes should be displayed on heat sheets and must be made available to the Session Referee.

All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Ontario provided the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.

Combined (mixed) gender swimming is permitted for age group swimming competitions. Canadian Age Group records can not be set when heats involve individual mixed genders.

The Starter shall report a swimmer to the Referee for misconduct taking place at the start of a race as per Swimming Canada Part II 2.3.2. The "misconduct" shall include, but is not limited to (C.2.3.2.1):

- Deliberate or negligent acts such as spitting, spouting of water, or blowing the nose in the pool or on the pool deck immediately prior to the start may be considered misconduct.
- Deliberate kicking or striking of the starting platform, including the back plate prior to the start.
- Unsafe or uncontrolled entry into the pool immediately prior to the start of a race. All swimmers must enter the pool with a controlled, feet-first entry.

The Referee may disqualify a swimmer for such misconduct.

No session will be longer than 4.5 hours. Meet Management may combine age groups if time limitations are warranted.

Management reserves the right to cancel relay events or limit events should sessions run late.

Deaf or Hard of Hearing Swimmers

This competition can provide the following accommodations for swimmers who are Deaf or Hard of hearing:

- Non-verbal instruction provided by a support person from the swimmer's own club, who is registered in the REMS as support staff.
- Visual Start hand signals given by the starter/referee.
- Visual Start Strobe light option provided by this facility.

Coaches are to contact Meet Management by the Entry Deadline for the need of accommodations. Support Staff must be included in the submission of entries process.

Support staff must have active REMS registration and be included in the submission of entries process. Those not listed in the entry submission will be denied deck access.

Warm-Up Safety Procedures

Please note that [Swimming Canada Competition Warm-Up Safety Procedures](#) and [Swim Ontario warm-up safety rules](#) will be in effect. Details [HERE](#)

It is incumbent on coaches, swimmers, and officials to work together to comply with these procedures during all scheduled warm-up periods. Coaches are requested to encourage swimmers to cooperate with Safety Marshals.

Warm up rules:

- No loitering at the end of lane
- Swimmers must be aware of their surroundings and move over to the lane rope when stopped at the end wall to allow other swimmers to turn
- Swimmers using sprint and pace lanes must be directly supervised by their coaches
- Deliberate kicking or striking of the starting platform, including the back plate during the sprint periods is not permitted.

Swimmers must enter the pool FEET FIRST in a cautious and controlled manner, entering from a start or turn end only and from a standing or sitting position.

Swimmers witnessed by a Safety Marshal or Meet Management diving or entering the water in a dangerous fashion may be removed, by the Referee, without warning from their first individual event following the warm-up period in which the violation occurred and the alternates in that event notified should that event be a final

Depending on swimmer count in each session, any Warm-Ups may be split into 2 parts. Sprint lanes (lanes 0,1 and 8,9) will be available for the last 20 minutes of warm-ups. These lanes will be used for Sprinting and are designated as diving lanes. After the dive the swimmer must leave the lane and return to the start end. Additional diving lanes may be opened at the discretion of Meet Management. **PARA warm-up lanes may also be designated, in the dive tank, and must be requested of meet management, prior to the start of the meet.**

Starts

As per the Facility Rules for Dive Starts, this competition Starts will be conducted as follows:

1. from Starting Platforms (blocks) as per World Aquatics II.4.1 and II.16.1.4 from OR
2. from the Deck or Bulkhead as per Canadian Facility Rule II.C4.1.1 and II.C16.1.4.1 OR
3. In-water starts will be conducted as per Canadian Facility Rule II.C4.1.1 and II.C16.1.4.1

Backstroke Ledges

Backstroke ledges will be available for use in all sessions. Swimmers shall be responsible for setting the device.

Official Splits

Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee at least 30 minutes prior to the commencement of the session in which the event will take place.

An 'Official Split' also requires that coaches complete an "Official Split Request" form prior to the session.

The split for the lead-off leg in relays will still be regarded as an official split and therefore no request by coaches is needed for relays, this included 'mixed gender' relays.

Final sessions are not eligible for official splits.

Records

Coaches are asked to inform Meet Management of any potential Swimming Canada and/or Swim Ontario record attempts.

Swim times achieved at this competition will be eligible for Provincial and National Records. Coaches are advised to inform Meet Management prior to the start of the session where mixed gender individual events are taking place that there is a possibility of a Canadian Age Group record being broken. The referee can ensure that the swimmer competes with competitors of the same gender for his/her heat. Swim Ontario has a certified pool length survey for the aforementioned swimming pool.

COACH REGISTRATION

Meet management will cross reference the **list of coaches submitted with entries** at this competition with the [Swim Ontario Compliance lists](#). If a coach is not on this list, meet management is obligated to enforce the Swimming Canada policy and not permit that coach to attend the meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.

Swimmers must have a coach or designated coach (coach representative) in attendance during the meet including warm-up sessions.

Clubs needing Support Staff for Para or d/Deaf/Hard of Hearing swimmers must register them in the Swimming Canada Registration and Event Management System (REMS) to access the deck at competitions. Support Staff must have active REMS registration and be included in the club's event entry. Those not listed in the entry submission will be denied deck access.

AWARDS & SCORING INFORMATION

Awards

Age Group Events	Medals 1 st TO 3 rd - individual events; Ribbons 4 th TO 8 th - individual events;
Relay Events	Ribbons 1 st TO 6 th

Meet Scoring

All Individual will be scored from 1st – 8th place: 9-7-6-5-4-3-2-1

All Relay Events will be scored: 18-14-12-10-8-6-4-2

Results

Unofficial LIVE Results will be available as soon as possible at www.windsoraquatic.com and on Meet Mobile. Priority will be given to running the meet over ensuring unofficial results are available.

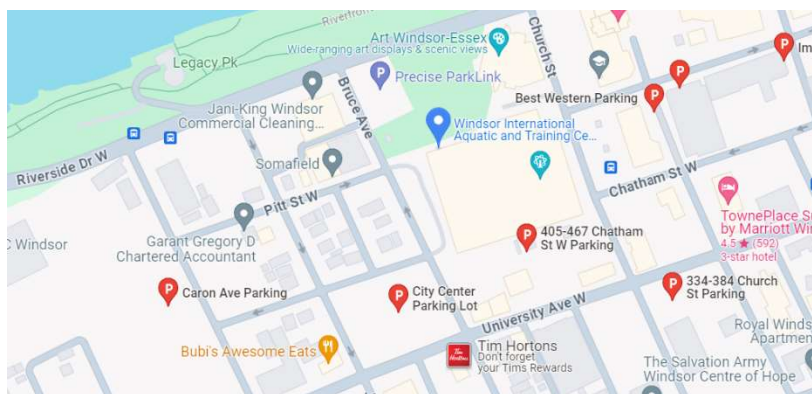
Official Results will be posted within 48 hours of completion of the meet to www.swimming.ca

SITE INFORMATION

Parking is available at the facility for a fee.

Lockers will be available for this event for coaches & volunteers in the family changerooms. Athletes may use their gender designated changerooms. Bring your own lock. No overnight locks permitted.

LySports and Booster Juice will be available in the lobby.



SESSION TIMELINES

Session		Warm-up	Start	Age Group
Friday December 5, 2025	1	7:00 am	8:30 am	13 & Over
	2	1:00 pm	2:00 pm	12 & Under
	3	5:00 pm	6:00 pm	Finals
Saturday December 6, 2025	4	7:00 am	8:30 am	13 & Over
	5	1:00 pm	2:00 pm	12 & Under
	6	5:00 pm	6:00 pm	Finals
Sunday December 7, 2025	7	7:00 am	8:30 am	13 & Over
	8	1:00 pm	2:00 pm	12 & Under
	9	4:30 pm	5:30 pm	Finals

APPENDIX A

Event List

Session 1: 13 & Over Warm-up: 7:00 am
 Friday December 5, 2025 Prelims & Timed Finals Start: 8:30 am

ODD HEATS - Shallow Pool EVEN HEATS - Deep Pool				
Event #	Women	Event	Men	Event #
1	13 & Over	100 Back	13 & Over	2
3	13 & Over	200 Free	13 & Over	4
5	13 & Over	50 Fly	13 & Over	6
7	13 & Over	200 Breast	13 & Over	8
201	13-14	4x50 Free Relay*	13-14	202
203	15 & Over	4x50 Free Relay*	15 & Over	204
9	13 & Over	800 Free	13 & Over	10

*Fastest Heat will race in Finals

Session 2: 12 & Under Warm-up: 1:00 pm
 Friday December 5, 2025 Timed Finals Start: 2:00 pm

Shallow Pool - 10&Under Girls & 11-12 Boys				
Event #	Girls	Event	Boys	Event #
101	10 & Under	100 Back	11 – 12	102
103	10 & Under	200 Free	11 – 12	104
105	10 & Under	50 Fly	11 – 12	106
		200 Breast	12 & Under	108
301	10 & Under	4x50 Free Relay	11 – 12	304
		800 Free	12 & Under	110

Deep Pool - 10&Under Boys & 11-12 Girls				
Event #	Girls	Event	Boys	Event #
111	11 – 12	100 Back	10 & Under	112
113	11 – 12	200 Free	10 & Under	114
115	11 – 12	50 Fly	10 & Under	116
107	12 & Under	200 Breast		
303	11 – 12	4x50 Free Relay	10 & Under	302
109	12 & Under	800 Free		

Session 3: 13 & Over Warm-up: 5:00 pm
 Friday December 5, 2025 Finals Start: 6:00 pm

Event #	Women	Event	Men	Event #
1	13,14,15,16, 17&Over	100 Back	13,14,15,16, 17&Over	2
3	13,14,15,16, 17&Over	200 Free	13,14,15,16, 17&Over	4
5	13,14,15,16, 17&Over	50 Fly	13,14,15,16, 17&Over	6
7	13,14,15,16, 17&Over	200 Breast	13,14,15,16, 17&Over	8
201	13-14	4x50 Free Relay	13-14	202
203	15&Over	4x50 Free Relay	15&Over	204

Session 4:
Saturday, December 6, 2025

13 & Over
Prelims & Timed Finals

Warm-up: 7:00 am
Start: 8:30 am

ODD HEATS - Shallow Pool EVEN HEATS - Deep Pool				
Event #	Women	Event	Men	Event #
11	13 & Over	200IM	13 & Over	12
13	13 & Over	50 Free	13 & Over	14
15	13 & Over	200 Back	13 & Over	16
17	13 & Over	50 Breast	13 & Over	18
19	13 & Over	100 Fly	13 & Over	20
205	13 – 14	4x50 Medley Relay*	13 – 14	206
207	15 & Over	4x50 Medley Relay*	15 & Over	208
21	13 & Over	1500 Free	13 & Over	22

*Fastest Heat will race in Finals

Session 5:
Saturday, December 6, 2025

12 & Under Timed
Finals

Warm-up: 1:00 pm
Start: 2:00 pm

Shallow Pool - 10&Under Boys & 11-12 Girls				
Event #	Girls	Event	Boys	Event #
117	12 & Under	200 Back		
119	11 – 12	50 Breast	10 & Under	120
121	11 – 12	100 Fly	10 & Under	122
123	11 – 12	200IM	10 & Under	124
125	11 – 12	50 Free	10 & Under	126
307	11 – 12	4x50 Medley Relay	10 & Under	306
127	12 & Under	400 Free		

Deep Pool - 10&Under Girls & 11-12 Boys				
Event #	Girls	Event	Boys	Event #
		200 Back	12 & Under	118
129	10 & Under	50 Breast	11 – 12	130
131	10 & Under	100 Fly	11 – 12	132
133	10 & Under	200IM	11 – 12	134
135	10 & Under	50 Free	11 – 12	136
305	10 & Under	4x50 Medley Relay	11 – 12	308
		400 Free	12 & Under	128

Session 6:
Saturday, December 6, 2025

13 & Over
Finals

Warm-up: 5:00 pm
Start: 6:00 pm

Event #	Women	Event	Men	Event #
11	13,14,15,16, 17&Over	200IM	13,14,15,16, 17&Over	12
13	13,14,15,16, 17&Over	50 Free	13,14,15,16, 17&Over	14
15	13,14,15,16, 17&Over	200 Back	13,14,15,16, 17&Over	16
17	13,14,15,16, 17&Over	50 Breast	13,14,15,16, 17&Over	18
19	13,14,15,16, 17&Over	100 Fly	13,14,15,16, 17&Over	20
205	13-14	4x50 Medley Relay	13-14	206
207	15&Over	4x50 Medley Relay	15&Over	208

Session 7:
Sunday, December 7, 2025

13 & Over
Prelims & Timed Finals

Warm-up: 7:00 am
Start: 8:30 am

ODD HEATS - Shallow Pool EVEN HEATS - Deep Pool				
Event #	Women	Event	Men	Event #
23	13 & Over	100 Free	13 & Over	24
25	13 & Over	400IM	13 & Over	26
27	13 & Over	50 Back	13 & Over	28
29	13 & Over	200 Fly	13 & Over	30
31	13 & Over	100 Breast	13 & Over	32
209	13 -14	4x50 Mixed Medley Relay*	13-14	209
210	15 & Over	4x50 Mixed Medley Relay*	15 & Over	210
33	13 & Over	400 Free	13 & Over	34

*Fastest Heat will race in Finals

Session 8:
Sunday, December 7, 2025

12 & Under
Timed Finals

Warm-up: 1:00 pm
Start: 2:00 pm

Shallow Pool - 10&Under Mix Med. Relay, 10&Under Girls & 11-12 Boys				
Event #	Girls	Event	Boys	Event #
309	10 & Under	4x50 Mixed Medley Relay	10 & Under	309
		400 IM	12 & Under	138
139	10 & Under	100 Free	11 - 12	140
141	10 & Under	50 Back	11 - 12	142
		200 Fly	12 & Under	144
145	10 & Under	100 Breast	11 - 12	146

Deep Pool - 11-12 Mix Med. Relay, 10&Under Boys & 11-12 Girls				
Event #	Girls	Event	Boys	Event #
310	11-12	4x50 Mixed Medley Relay	11-12	310
137	12 & Under	400 IM		
147	11 - 12	100 Free	10 & Under	148
149	11 - 12	50 Back	10 & Under	150
143	12 & Under	200 Fly		
151	11 - 12	100 Breast	10 & Under	152

Session 9:
Sunday, December 7, 2025

13 & Over
Finals

Warm-up: 4:30 pm
Start: 5:30 pm

Event #	Women	Event	Men	Event #
209	13-14	4x50 Mixed Medley Relay	13-14	209
210	15&Over	4x50 Mixed Medley Relay	15&Over	210
25	13,14,15,16,17&Over	100 Free	13,14,15,16, 17&Over	26
27	13,14,15,16,17&Over	50 Back	13,14,15,16,17&Over	28
29	13,14,15,16,17&Over	200 Fly	13,14,15,16, 17&Over	30
31	13,14,15,16,17&Over	100 Breast	13,14,15,16,17&Over	32