



TEAM TRAVEL Code of Conduct

The Windsor Aquatic Club ("WAC") supports team travel to specified swim meets and training camps. Team travel aids in the development of the whole athlete and is an important component in building a high performance team, as it builds team spirit and engenders mutual respect among the swimmers. Traveling as part of the team will contribute to the athlete's self confidence and sense of independence.

All Travel Participants are ambassadors for WAC, the sport of swimming, the City of Windsor, Swim Ontario and Swimming Canada. All Individuals are accountable for their behaviour, and they must adhere to all WAC policies including the Code of Conduct.

Team travel, while considering the interests of Individuals, specifically addresses the superseding needs of the team.

General Behaviour and Code of Conduct Guidelines:

All Travel Participants shall adhere to WAC's Code of Conduct and other applicable policies and procedures while representing the club.

Swimmers

1. Shall attend any Travel Information Meetings prior to the travel event to review trip itinerary, expectations, safe sport protocols and code of conduct.
2. Shall check each day's itinerary and be on time for all meals, travel and activities.
3. Shall follow instructions and attend all team functions including meetings, practices, meals, meet sessions, etc. unless otherwise excused or instructed by the head coach or his/her designee. The swimmer is responsible for understanding and following directions for staying with a designated group and being on time at meeting places.
4. Shall remain with the team at all times during the trip. Swimmers are not to leave the competition venue, the hotel, a restaurant, or any other place at which the team has gathered without the permission/knowledge of the coach or chaperone.
5. Shall act in a polite, professional and courteous manner while at the hotel, restaurant or in any place where the team travels. Swimmers must follow WAC's Code of Conduct expectations at all times. Swimmers who fail to follow WAC's Code of Conduct may be sent home at the expense of the respective families.
6. Shall exhibit positive behaviour and ethical conduct.
7. Shall assume responsibility for their personal belongings, keep their room clean and tidy, and respect other people's property.
8. Will share hotel rooms with other assigned swimmers.

9. In the event a Travel Participant requires special considerations or accommodations beyond what is described herein (i.e. their own hotel room), any cost attributable to such accommodation will be solely borne by that Travel Participant.
10. Shall dress in accepted WAC team attire as defined by the Lead Coach.
11. When rooms are visited by others, beyond the occupants, occupants will ensure doors are left ajar for visitation by a Coach or Chaperone consistent with the safe sport principle of 'open and observable environments' when rooms are visited by others, beyond the room's occupants.
12. Will adhere to a defined curfew and rest times established by the Coach(es), will be well rested and will not disturb other swimmers who are sleeping or resting.
13. Will practice good nutritional habits, ensuring they are well hydrated and eat appropriately.
14. Shall be responsible for physical damage in a room occupied by them, unless some other person(s) are proven responsible.
15. Are encouraged to communicate any problems or concerns to a Coach or Chaperone just as they would their own parents.
16. Will not possess or use any alcohol, cannabis, or illegal substances, or commit any act which would be considered as an offense under Federal, Provincial or local municipal laws.
17. Will not break training, curfew or leave any area, including the pool or hotel without permission from the Coach(es) and/or Chaperone(s).

Parent/Guardians or Adult Swimmers Responsibilities:

In order to participate in a Team Travel Event, a participant's Parent/Guardian or a swimmer (if they have reached the age of majority), must:

18. Inform the Coach(es) or the WAC Club Manager by the established deadline regarding swimmer participation in the Team Travel Event.
19. Shall attend any Travel Information Meetings prior to the travel event to review trip itinerary, expectations, safe sport protocols and code of conduct.
20. Provide a signed/acknowledged Medical Release as well as supply up to date emergency contact information (e.g., name, cell phone number, home phone number, email address, etc.) in the event contact needs to be made with a parent or guardian by the prescribed deadline and ensure necessary identification and other documents (e.g. passport, permission to travel documents signed by parent(s)/guardian(s)) are available, updated and in possession of the swimmer.
21. Acknowledge that swimmers do not become the responsibility of Chaperones or Coaches until they arrive in their care, as pre-arranged by WAC.
22. Acknowledge that swimmers will share hotel rooms with other assigned swimmers and that Coaches, and Chaperones will not be in the same room(s) as swimmers although they will be nearby, where feasible. There will be no more than two swimmers per double bed. In the event a swimmer requires accommodation beyond what is contemplated

herein (i.e., their own hotel room) any cost attributable to such accommodation will be their responsibility.

23. Support all decisions made by Coaches or Chaperones on the trip unless there is a legal reason not to do so.
24. Be responsible for individual swimmer expenses for events such as extra-curricular activities/outings that may involve admission fees, restaurant meals, etc. WAC will endeavour to keep costs reasonable for such activities.
25. A copy of the Club Code of Conduct must be signed by the athlete and his/her parent or legal guardian.
26. Swimmers and parents must check the WAC website on a regular and timely basis and be aware which meets require Team Travel.

Removal from Team Travel Event:

Swimmers failing to comply with this Code of Conduct may be sent home following a progressive plan of action. Depending on the nature and frequency of the infraction, various forms of discipline may result and as aforementioned your child may, ultimately, be sent home at parental expense. It is the intent of the Windsor Aquatic Club coaches and chaperones to make sure that each and every swimmer participates in fun, safe and worthwhile team travel events.

Failure to comply with the Code of Conduct as set forth in this document may result in disciplinary action. Such discipline may include, but may not be limited to:

- i. Dismissal from the trip and immediate return home at the athlete's expense;
- ii. Disqualification from one or more events, or all events of competition;
- iii. Disqualification from future team travel meets;
- iv. Financial penalties;
- v. Dismissal from the team.

Conduct breaches will be reported to Swim Ontario and may result in further sanctions.

Signatures:

Swimmer

Parent/Guardian

Date

All swimmers, parents and coaches are required to read, acknowledge and adhere to the Swim Ontario and Swim Canada Code of Conduct. Please review expectations and sign below that you have read and understand the expectations outlined. The Code of Conduct can be found at: https://drive.google.com/file/d/1_gdM0uJy-QipBDIsWsCnnmnAP991oSVP/view . Please note the link is provided above in the link box.

I have read and understand the expectations of me as outlined in the Swim Ontario Code of Conduct.
Swimmer Name : _____ Signature: _____

Parent Name: _____ Signature: _____