

James Elsasser, Ed.D. Superintendent

> Board of Education Marilyn Anderson Leandra Blades Carrie Buck Karin Freeman Shawn Youngblood

June, 2021

Dear Parents,

As we transition towards the new school year and summer sports camps, the Placentia-Yorba Linda Unified School District (PYLUSD) is excited to offer an opportunity to enhance student safety and wellness. PYLUSD will continue to provide student athletes in 9th and 11th grades pre- and post-concussion testing at no cost to our families. Students will complete a computer-based pre-concussion test designed to assess visual and verbal memory, reaction time, and processing speed. The test is provided by ImPACT Applications, which is a cost-effective and evidence-based concussion management tool that may help in the concussion management of our students. The tool is used by thousands of K-12 schools, universities and colleges. For more information, please visit the ImPACT Applications website at <a href="https://impacttest.com/">https://impacttest.com/</a>.

Student athletes will take a roughly 30-minute computer-based assessment at home prior to sports camps starting this summer. The pre-concussion testing provides a baseline score which can be compared to a post-concussion score and/or normative data in the event of a suspected concussion. The goal of the concussion testing is to provide the family's medical provider additional objective data to assist in the treatment planning of the student as they return to athletic play and the classroom environment.

Directions for accessing the online test are attached to this email. Please contact your school's Athletic Director if your student is unable to complete the assessment at home and arrangements will be made to complete the concussion test at school at the start of summer camp. Please contact your school's Athletic Director for additional questions, or if you do not want your student to participate in this assessment available to PYLUSD athletes.

Sincerely,

Richard McAlindin

Executive Director, Instructional Support



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Juno 2021

Estimados Padres de Familia,

A medida que procedemos a la transición del nuevo año escolar, el Distrito Escolar Unificado Placentia Yorba Linda (PYLUSD), se complace en ofrecer la oportunidad de mejorar la seguridad y el bienestar de los estudiantes. PYLUSD proporcionará a los estudiantes atletas pruebas de pre y pos conmoción, sin costo para nuestras familias. A los estudiantes se les administrará una prueba de conmoción cerebral basada en computadora, diseñada para evaluar la memoria visual y verbal, tiempo de reacción y velocidad de procesamiento. La prueba es provista por *ImPACT Applications*, que es una herramienta de manejo de conmociones cerebrales basada en evidencia y rentable, que puede ayudar en el manejo de conmoción cerebral de nuestros estudiantes. La herramienta es utilizada por miles de escuelas K-12, colegios y universidades. Para obtener más información, visite el sitio electrónico de ImPACT Applications en <a href="https://impacttest.com/">https://impacttest.com/</a>.

Los estudiantes atletas, tomarán una evaluación en la escuela, que tendrá una duración de aproximadamente 30 minutos, basada en computadora, bajo la supervisión de un director de atletismo o entrenador deportivo. Las pruebas pre-conmoción cerebral, proporcionan una puntuación inicial que se puede comparar con una puntuación post-conmoción cerebral y/o datos normativos, en caso de sospecha de una conmoción cerebral. El objetivo de las pruebas de conmoción cerebral, es proporcionar datos objetivos adicionales al proveedor médico de la familia, para ayudar en la planeación del tratamiento para el estudiante, a medida que vuelven al juego atlético y al entorno del salón de clases.

Por favor, comuníquese con el director de atletismo de la escuela para más preguntas, o si usted no desea que su estudiante participe en esta evaluación disponible para todos los atletas de PYLUSD.

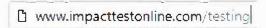
Atentamente,

Richard McAlindin

Director Ejecutivo, Apoyo de Instrucción

### **ImPACT Applications Inc. Baseline Testing Link Instructions**

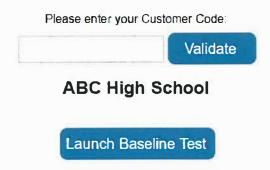
The easiest way to reach the baseline testing link is to go to www.impacttestonline.com/testing



This will redirect you to the Baseline Testing link <u>www.impacttestonline.com/htmllauncher</u> and the site should look like this:



You will need a the Customer Code **1KGPIN3CTR** to be able to start a test. The organization you are testing through should provide you with a Customer Code that will identify their organization. After clicking "Validate" you will be able to select which organization specifically this should go with (in certain cases you will not have to do this) This is how the site should now look:



Click "Launch Baseline Test" to start the test.

### ImPACT Applications Inc. Baseline Testing Link Troubleshooting

The two most common issues users have with the Baseline Testing Link are the following:

The "Contact Support" information is on top of the "Launch Baseline" button and I can't click on it. What do I do?

Right now, your screen probably looks like this:

## **ABC High School**



This is because your browser is zoomed in. The easiest way to zoom out is to hold the "CTRL" ("CMD" for Macs) button and scroll towards you until the text is no longer over the button. You will now be able to click the "Launch Baseline" button.

# I clicked "Launch Baseline Test" and nothing happened. It's asking for my Customer Code again. What do I do?

This issue is caused by your pop-up blocker. Depending on what browser you are using, there are different steps to fix this. Below are links for the instructions of the 3 most popular browsers.

Internet Explorer: <a href="https://support.microsoft.com/en-us/help/17479/windows-internet-explorer-11-change-security-privacy-settings">https://support.microsoft.com/en-us/help/17479/windows-internet-explorer-11-change-security-privacy-settings</a>

Firefox: https://support.mozilla.org/en-US/kb/pop-blocker-settings-exceptions-troubleshooting

<u>Chrome:https://support.google.com/chrome/answer/95472?co=GENIE.Platform%3DDesktop&h</u>l=en

You will need to add <a href="www.impacttestonline.com">www.impacttestonline.com</a> as an exception to the pop-up blocker. Click the "Launch Baseline" button again and you will see the test appear in a new window/tab.



# What is ImPACT?

#### INFORMATION FOR TEST TAKERS, PARENTS AND GUARDIANS

#### 1. What does ImPACT mean?

ImPACT® stands for Immediate Post-Concussion Assessment and Cognitive Testing.

#### 2. What is ImPACT?

ImPACT is an objective tool to support trained healthcare providers in making sound return to activity decisions following concussions. It's a computerized test that measures memory, attention span, visual and verbal problem solving. ImPACT has two primary uses: before the onset of an activity, a baseline test is conducted to measure the athlete's performance baseline. In the event of an injury, a post-injury test is administered and compared to the baseline and/or normative data scores.

## 3. Why use ImPACT?

Neurocognitive testing is the "cornerstone" of modern concussion management. It gives healthcare providers objective data to evaluate a patient's post-injury condition and aids in tracking recovery for safe return to activity.

## 4. Who is currently using ImPACT?

Thousands of high schools, colleges, and universities, thousands of clinical centers, hundreds of Credentialed ImPACT Consultants, hundreds of professional teams, and select military units choose ImPACT to assist in the management of concussion. Since 2002, ImPACT has served tens of millions of individual test takers.

#### 5. ImPACT is NOT:

- A diagnostic test. ImPACT is one tool that can be used by medical professionals to help measure an individual's recovery from a concussion.
- A one step solution to concussions.
- A preventative tool. Nothing can truly prevent concussions.
- · A substitute for medical treatment or management.
- · A replacement for a cat scan, MRI or other medical technology.