



NEW COACH EDUCATION PROGRAM

ARE YOU A NEW COACH WITH USA SWIMMING?

YES

NO

TAKE THE STARTING BLOCK COURSES

- Welcome to USA Swimming
- The Quality Coaching Framework

TAKE THE CORE CERTIFICATION

- 5 Modules
- Taken over 1 year



Are you interested in completing another certification?

YES

NO

TAKE THE ADM AGE GROUP AND/OR ADM SENIOR CERTIFICATION

- 3 Modules
- Select either the Age Group or Senior Module
- Option to take the additional Age Group or Senior module



MORE CERTIFICATIONS ARE IN DEVELOPMENT

- Head Coach (Prerequisite: ADM)
- Legacy



In the past have you completed Foundations of Coaching 101 and 201, or were you grandfathered into that old requirement?

NO

YES

Take the Quality Coaching Framework

Are you interested in becoming a Shield Certified Coach?

YES

NO



No problem! Prepare to take CEUS when they launch in 2023.