



THE PATH TO EXCELLENCE

## What to do when you feel like the coach is not connecting to your athlete

We understand at times you may have some concerns as a parent. One we hear is when you feel that your child's coach is not making a connection with your athlete. It's important to address this issue in a positive and constructive manner.

We understand how important it is for your child to have a good connection with their coach. Have you considered discussing your concerns with the coach directly? Open communication can often help us bridge any gaps and improve the situation.

It might also be helpful to try and understand the coach's perspective as well. Perhaps, they are facing challenges in managing the group, or more likely they may not be aware of the impact they're having on your child. This is something we can discuss in a group meeting with the coach and athletes. We are strong believers that athletes have a voice.

Is there any specific aspect you feel the coach is missing in connecting with your child? It would be beneficial to share those details with the coach, as they may not be aware of the areas they need to work on. Constructive feedback can lead to positive for not only your athlete but for others as well.

If you feel that your child's experience is consistently affected day to day it's then worth discussing the issue with the Head Coach or Associate Head Coach. They can offer guidance, set up meetings and be willing to support in finding a solution that benefits both your child and the coach collectively.

Remember, maintaining a positive and open-minded approach is key when addressing such concerns. It's important to Paseo Aquatics that we work together to find a resolution that improves your child's experience in our program.



