## **HOW TO ENTER A SWIM MEET**

## What is Southern California Swimming?

Southern California Swimming (SCS) is a Local Swim Committee(LSC) and part of USA Swimming, the main governing body of competitive swimming in the United States. Within SCS, there are five committees. Paseo Aquatics is in the Costal Committee.

## How do I register my child for a swim meet on Team Unify web site?

You will receive notification from either group coach or Paseo Aquatics Organization that a meet is coming up and recommended. To sign up for the meet make sure you are logged into our website with your password, click on the "Edit Commitment" Tab following the meet name on the home page. Then Scroll down to the bottom of you profile where you will find your athletes name. The name will be underlined, just click on it. Then there is a "Declaration" drop down menu. Open that and select "Yes please sign (your athletes name) up for this event" There is a section below that if you need to type any "Notes". Things like; We need to leave by 3PM or We can only make Saturday, or My athlete would love to be involved with the relays or Is there anything we can do as a family to help out. Things like this.

## What is the deadline to sign up for meets?

All meet entries must be to the Meet Processor 10 days before the first day of the meet. Our internal deadline is typically12 days (by 6PM our time deadline will always be 6PM) before the first day of the meet. Exceptions do apply. All meets have a cap limit of swimmers the meet can handle. The meet is first come first serve so there will be times that we send multiple emails about getting signed up early. We do this to submit our entires many days before our 12 day rule. This is to reserve our spot at the meet.