

RAA Group Flow Chart

National: Minimum age 14. Swimmers need to have at least one Sectional time. 90% minimum attendance required. Swimmers are working towards Futures, Jr National and National time standards.

National Prep: Ages 12& over. Must have 80% Attendance. Swimmers are working towards AA and Sectional times standards.

Senior Development: Ages 13 & over. Proficient in all strokes. Working towards A and AA times.

Junior Development: Ages 12 & over. For new swimmers. Working on developing all strokes.

Age Group 1: Ages 12 & under. Proficient in all strokes. Working towards A & AA times.

Age Group 2: Ages 12&Under + Can complete 50 yards of all strokes. Working towards B times.

Dolphin 1: Ages 12&Under + Can complete 25 yards of all strokes

Dolphin 2: Ages 12& Under + Can complete 25 yards of Free and Back

Dolphin 3: Ages 12& Under + Can complete 25 yards of Free and Back

Pre Comp: Is water safe. Can swim free and back, does not need to complete 25 yards