

Acknowledgement of Concussion Information Sheet

Pursuant to California Health and Safety Code 124235, a concussion and head injury information sheet shall be given by each youth sport organization offering an athletic program to each athlete in that program. The information sheet shall be signed and returned by the athlete and, if the athlete is 17 years of age or younger, shall also be signed by the athlete's parent or legal guardian before the athlete initiates practice or competition. The USA Swimming Concussion Information Sheets are available on our website at <https://drive.google.com/file/d/1134e6jlcZ64LEzYEDXcuohIk-gnWth6F/view?usp=sharing>

Please note, the information contained in the Swimming Concussion Information Sheet and this Acknowledgement are not medical advice and are no substitute for it.

I hereby acknowledge that I have received the USA Swimming Concussion Information Sheet from Redlands Swim Team.

I have read and understand its contents.

I also acknowledge that if I have any questions regarding the signs or symptoms of a concussion or other head injuries, the need to seek medical attention and the protocol for returning to daily activities, school, and the swimming pool, I will consult with a licensed health care provider.

Athlete's Name

Athlete's Signature

Date

Parent/Guardian Name

Parent/Guardian Signature

Date