

# South Pasadena Sea Tigers Group Requirements

Sea Tigers Swim Team is divided into the following groups. Each group has its own requirements and expectations:

## Senior Platinum Group

- No swimmer limit.
- Achieved senior meet time.
- Maintain 90% attendance rate a month.
- Compete in 4 meets a season = 8 a year.

## Platinum Group

- 30 swimmers or less. Depending on the number of Senior Platinum swimmers.
- Achieved one Invite time (JAG/WAG) or Junior Olympic time.
- Maintain 80% attendance rate a month.
- Compete in 4 meets a season = 8 a year.

## Gold Group

- 20 swimmers max.
- Ages 5 - 8 must have a 10 and under blue time. All other ages must have a blue time in their respective age group.
- Maintain 70% attendance rate a month.
- Compete in 3 meets a season = 6 a year.

## Silver Group

- 35 swimmers max.
- Must be able to swim a 200 yd Free, 100 yd IM, and 100 yd of each stroke.
- Maintain 60% attendance rate a month.
- Compete in 2 meets a season = 4 a year.

## Bronze +

- 10 swimmers max.
- Transition group between Bronze and Silver.
- Maintain 50% attendance rate a month.
- Compete in 1 meet a season = 2 a year.

## Bronze

- 30 swimmers or less. Depending on the number of Bronze + swimmers.
- Must be able to swim a 25 yd of each stroke.
- Maintain 50% attendance rate a month.

### Summer (Mid June – Early August)

- 30 swimmers max.
- Must be able to swim a 25 yd of each stroke.
- No attendance or meet policy.

Swimmers who cannot comply with these expectations, requirements, and procedures will be subject to demotion of group.

Group promotions, room permitting, will be announced at the end of each season. Those that meet group requirements will be considered for promotion. Swimmers that do not will be up to the coach's discretion.

- Short course in January/February.
- Long course in July/August.