

2022 MRA ALL AGES BC MEET

POOL LOCATION: GRANITE HILLS HIGH SCHOOL, 1719 E. MADISON AVE, EL CAJON, CA 92019

ALL TEAM TARP SET UP: NO TEAM CANOPIES ON DECK. TEAMS CAN SET-UP ON THE BLACK-TOP TO THE WEST SIDE OF THE POOL. CANOPIES CAN BE SET UP ON THE BLACK TOP ON FRIDAY NIGHT FROM 5-7PM

SNACK BAR: A SNACK BAR WILL BE AVAILABLE. THERE WILL BE HOSPITALITY FOR COACHES AND OFFICIALS.

COACH CANOPIES: CANOPIES ARE ALLOWED. NO TABLES ALLOWED. COACHES BRING THEIR OWN CHAIRS

CHECK-IN: CHECK-IN IS REQUIRED FOR THE MEET. CHECK-IN OPENS AT 7:00 A.M. AND CLOSSES AT 8:30 A.M. FOR ALL EVENTS.

SESSIONS: THE MEET WILL BE RUN IN 1 SESSION, 12 LANE COURSE. NO PARENTS ALLOWED BEHIND THE STARTING AREA.

TIME LINE: START AT 9:00AM, FINISH APPROX. 2:00 PM SATURDAY, AND 1:00 PM ON SUNDAY

WARM UP:

7:00 TO 7:35 - CAST, MRA, HSA, MSDY, SSD, WIND, SDAC

7:35 TO 8:10 - SBA, RAQ, PS, SOL, JBST, CALI, CSTE

8:10 TO 8:45 - OSC, NAC, FAST, ICAC, SDSA, RSD

TIMING ASSIGNMENTS

SATURDAY

LANE	CHAIR 1	CHAIR 2
1	RSD	RSD
2	RSD	RSD
3	SBA	SBA
4	CAST	CAST
5	HSA	HSA
6	HSA	HSA
7	JBST	JBST
8	NCA	NCA
9	NCA	NCA
10	PS	PS
11	PS	PS
12	CSTE	CSTE

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SUNDAY

LANE	CHAIR 1	CHAIR 2
1	CSTE	CSTE
2	HSA	HSA
3	HSA	HSA
4	NCA	NCA
5	NCA	NCA
6	PS	PS
7	PS	PS
8	RSD	RSD
9	RSD	RSD
10	SBA	SBA
11	WSST	SDSA
12	CAST	CSTE