

2023 CAST August 13 BC Meet Information

Granite Hills High School

1719 Madison Ave, El Cajon 92019

Tarps and Team Areas:

Team areas are behind the bleachers and in the adjacent lower blacktop area. Keep clear of areas of foot traffic.

Deck Area at the coaches' end of the pool will be closed to spectators/parents.

Safe Sport: No photography behind the start area/blocks. No parents behind the start area/blocks unless timing.

Check in: Opens at 7:30 am. Check in is required for all events and closes each morning at 8:30 (or 30 minutes before the start of the meet). ONLY swimmers and Coaches are allowed in the check in area. NO PARENTS ALLOWED IN THE CHECK IN AREA.

Bathrooms: Restrooms for officials/parents/spectators are located between the pool and baseball fields.

The restrooms on the pool deck are for SWIMMERS ONLY.

Clean Up:

Coaches/Teams are required to make sure their area is clean and clear before leaving.

Full Snack Bar will be available

Warmups

7:05 – 7:40 CAST

7:40-8:15 am MRA/HSA/SBA/SOL/SDSA

8:15-8:50 am ALL OTHER TEAMS

Meet Timeline and Lane Timing Assignments:

PROJECTED END – 1:00 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9
RSD	RSD	RSD	MRA	MRA/ SBA	SBA	HSA	HSA/ SOL	TAQ

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1719 E. Madison Ave El Cajon

**Parking avail in red
areas**

