

## **2023 SPLASH & DASH MEET INFORMATION SHEET**

**June 16-18, 2023**

**Meet Location: Brian Bent Memorial Aquatic Center, 818 6<sup>th</sup> St, Coronado 92118**

**Teams/athletes:** All teams and athletes are required to know and understand what the rules are and all information listed in the meet announcement mean. Please go over the information with your team before the meet. No equipment will be allowed during warm up in either pool. **Swimmers not in good standing will not be allowed to check in.**

**Coaches checkin:** All coaches will be required to show that they are in good standing when checking in.

**Check In:** All swimmers must check in each day for their prelim events.

Check in will close at **8:15** for the first 8 events each day. The remaining events for the day will close at 9:00 am. Swimmers will be allowed to check in for Sat events on Friday during finals & Sun events Sat during finals.

**Only coaches and swimmers will be allowed at the check in area.**

**Scratches:** Swimmers qualifying for finals in their event and wanting to scratch the event must do so within 30 minutes of the announcement being read. The Scratch book will be located in the Admin Office by the warm up pool.

**Top 8/16 swimmers will be seeded in finals unless they scratch their event in the Admin Office.**

**TARP SET UP:** All teams will set up outside the pool deck- Your tarps may be set up **after 5:30 pm** on **Thursday** anywhere outside as long as fire lanes (no tarps in the drive way area) are not blocked. One side of the tarp must always remain open. Bring your Safe Sport changing tents to use for your team.

The bleachers will be designated for the parents only (no teams/swimmers and no tarps/chairs in the bleachers).

Coaches may set up tarps for themselves on the scoreboard side of the pool.

All 50's will start from the bulkhead at the turn end of the pool.

**TIMELINE: PRELIMS BEGIN AT 9 AM**

**FINALS FRIDAY & SATURDAY: BEGIN AT 4:30 PM**

**FINALS SUNDAY: BEGIN AT 4:00 PM**

Each final session will begin with the heats of the Splash & Dash Top 8 swimmers in the events for that day.

**COACHES MEETING:** The meeting will be held at 8:15 am on Friday morning. Please make sure a representative from your team attends.

**WARM-UP INFORMATION & ASSIGNMENTS –** due to the number of swimmers in the meet, warm up lanes will be assigned. The warm up pool will also be used but no assignments will be used. There will be 4- 30 min warmup times. This gives all teams LC warm up time. If you are a small team and want to use the warm up pool at a time of your choosing, you are welcome to do so. You will be able to join a team to do some starts in the main pool. Please work together to give all athletes good opportunities.

**Group 1: CSTE, SDSA, AZTC, GSC, NST, SHSC**

**Group 2: NCA, HSA, CAST, SBA**

**Group 3: PS, BAY, JBST, MRA, RST**

**Group 4: RSD, CALI, SOL, RAQ, ICAC, FAST, WIND**

Teams not listed may come in and share lanes at the time of your choice.

The groups will use the same lanes for each day's warm up.

<b><u>Lane</u></b>	<b><u>GROUP 1</u></b>	<b><u>GROUP 2</u></b>	<b><u>GROUP 3</u></b>	<b><u>GROUP 4</u></b>
<b><u>1</u></b>	<b><u>CSTE</u></b>	<b><u>NCA</u></b>	<b><u>PS</u></b>	<b><u>RSD</u></b>
<b><u>2</u></b>	<b><u>CSTE</u></b>	<b><u>NCA</u></b>	<b><u>PS</u></b>	<b><u>RSD</u></b>
<b><u>3</u></b>	<b><u>CSTE</u></b>	<b><u>NCA</u></b>	<b><u>PS</u></b>	<b><u>RSD</u></b>
<b><u>4</u></b>	<b><u>AZTC</u></b>	<b><u>NCA</u></b>	<b><u>PS</u></b>	<b><u>RSD</u></b>
<b><u>5</u></b>	<b><u>GSC,NST,SHSC</u></b>	<b><u>HSA</u></b>	<b><u>PS</u></b>	<b><u>RSD</u></b>
<b><u>6</u></b>	<b><u>SDSA</u></b>	<b><u>CAST</u></b>	<b><u>BAY</u></b>	<b><u>CALI</u></b>
<b><u>7</u></b>	<b><u>SDSA</u></b>	<b><u>SBA</u></b>	<b><u>JBST</u></b>	<b><u>RAQ,ICAC,FAST</u></b>
<b><u>8</u></b>	<b><u>SDSA</u></b>	<b><u>SBA</u></b>	<b><u>MRA,RST</u></b>	<b><u>WIND</u></b>

### Warmup times

<u>GROUP</u>	<u>FRI</u>	<u>SAT</u>	<u>SUN</u>
<u>Group 1</u>	<u>6:45 – 7:15</u>	<u>6:45 – 7:15</u>	<u>6:45 – 7:15</u>
<u>Group 2</u>	<u>7:15 – 7:45</u>	<u>7:45 – 8:15</u>	<u>8:15 – 8:45</u>
<u>Group 3</u>	<u>7:45 – 8:15</u>	<u>8:15 – 8:45</u>	<u>7:15 – 7:45</u>
<u>Group 4</u>	<u>8:15 – 8:45</u>	<u>7:15 – 7:45</u>	<u>7:45 – 8:15</u>

### MEET JOB ASSIGNMENTS

<u>JOB</u>	<u>FRI PRELIMS</u>	<u>FRI FINALS</u>	<u>SAT PRELIMS</u>	<u>SAT FINALS</u>	<u>SUN PRELIMS</u>	<u>SUN FINALS</u>
Head Timer	<u>CSTE</u>	<u>RSD</u>	<u>HSA</u>	<u>PS</u>	<u>SBA</u>	<u>NCA</u>
Runner	<u>SBA</u>	<u>NCA</u>	<u>RSD</u>	<u>SDSA</u>	<u>HSA</u>	<u>CSTE</u>
Meet Marshal-1 female & 1 male at all times	<u>HSA</u>	<u>PS</u>	<u>CSTE</u>	<u>NCA</u>	<u>SDSA</u>	<u>RSD</u>
Check In	<u>PS</u>		<u>PS</u>		<u>PS</u>	

### TIMING ASSIGNMENTS for Prelims and Finals: Need 2 per lane

Day	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
FRI	SDSA	NCA	NCA	PS	PS	RSD	RSD	CSTE
SAT	SBA	NCA	NCA	PS	PS	RSD	RSD	CSTE
SUN	SDSA	NCA	NCA	PS	PS	RSD	RSD	SBA

**SNACK BAR:** There will be NO snack bar. Make sure teams have drinks and snacks for their athletes.

**HOSPITALITY:** Hospitality will be provided for the coaches and officials and will be located in the Admin Office.

**Restrooms:** The restrooms will be open under the bleachers by the football field for parents. Swimmers only may use the restrooms near the entrance of the pool and upstairs outside the back of the pool deck.

**Parents must walk outside the pool deck (down the driveway) to get to the team tarps- no walking through the pool deck.**

**Any parent working as a volunteer (Meet Marshal, Head Timer, Timer, Runner) is expected to be doing their job while on deck and not interacting with their swimmer, using a recording device or using their phone while their swimmer is racing or while they are timing. There is no photography behind the blocks.**

**Reminder: Meet Mobile times are not official.**