

8/1/2025

Aug

updated on: 7-30

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	SR SD 4:15 – 6:00 Kroc AG 6:00 – 7:00 Kroc JR 6:00 – 7:00 Kroc N 6:00 – 6:45 Kroc	SR SD 4:45 – 7:00 Kroc AG 6:00 – 7:00 Kroc JR 6:00 – 7:00 Kroc N 6:00 – 6:45 Kroc	Just for fun meet all levels 5:00 – 7:00 PM	SR SD 4:15 – 6:00 Kroc AG 6:00 – 7:00 Kroc JR 6:00 – 7:00 Kroc N 6:00 – 6:45 Kroc	1 SR SD+ 4:15 – 6:00 Kroc	2 CAST meet Helix HS
3 CAST meet Helix HS	4	5	6	7	8	9
annual cast break – all groups – resume on 18 th						
10	11	12	13	14	15	16
annual cast break – all groups – resume on 18 th						
17	18 SR SD 4:15 – 6:00 Kroc AG 6:00 – 7:00 Kroc JR 6:00 – 7:00 Kroc N 6:00 – 6:45 Kroc	19 SR SD 5:30 – 7:00 Kroc AG 6:00 – 7:00 Kroc JR 6:00 – 7:00 Kroc N 6:00 – 6:45 Kroc	20 SR SD 4:15 – 6:00 Kroc AG 6:00 – 7:00 Kroc JR 6:00 – 7:00 Kroc N 6:00 – 6:45 Kroc	21 -pool closed- Team zoom meeting 6-7 pm info avail early in the week	22 SR SD+ 4:15 – 6:00 Kroc	23 Team Hike Cowles Mtn 07:30:00 AM bring family, friends dogs
24	25 SR SD 4:15 – 6:00 Kroc AG 6:00 – 7:00 Kroc JR 6:00 – 7:00 Kroc N 6:00 – 6:45 Kroc	26 SR SD 5:30 – 7:00 Kroc AG 6:00 – 7:00 Kroc JR 6:00 – 7:00 Kroc N 6:00 – 6:45 Kroc	27 Just for fun meet all levels 5:00 – 7:00 PM	28 SR SD 4:15 – 6:00 Kroc AG 6:00 – 7:00 Kroc JR 6:00 – 7:00 Kroc N 6:00 – 6:45 Kroc	29 SR SD+ 4:15 – 6:00 Kroc	30 Team Beach fun day La jolla shores 08:00:00 AM