



2026 Age Group Championship Time Standards (updated 9/22/25)

GIRLS			BOYS	
LCM	SCY	10 & UNDER	SCY	LCM
39.89	35.19	50 FREE	36.69	39.49
1:31.19	1:19.99	100 FREE	1:18.79	1:30.19
3:20.99	3:03.19	200 FREE	3:03.99	3:22.09
48.89	42.39	50 BACK	42.79	49.19
1:46.99	1:35.69	100 BACK	1:34.29	1:46.09
54.49	47.49	50 BREAST	49.89	55.09
1:59.79	1:44.99	100 BREAST	1:52.09	2:06.99
47.59	42.29	50 FLY	44.89	49.19
1:59.99	1:44.59	100 FLY	1:48.69	2:00.99
	1:31.69	100 IM	1:34.89	
3:43.19	3:23.59	200 IM	3:30.19	3:52.79

LCM	SCY	11 & 12	SCY	LCM
33.69	29.69	50 FREE	30.79	34.69
1:15.09	1:04.99	100 FREE	1:07.99	1:15.49
2:49.19	2:24.99	200 FREE	2:31.49	2:44.89
5:56.49	6:38.19	400M/500Y FREE	6:49.69	5:48.69
40.79	35.39	50 BACK	37.49	40.39
1:30.99	1:18.09	100 BACK	1:21.99	1:32.99
3:12.89	2:46.99	200 BACK	2:45.69	3:19.99
45.49	39.99	50 BREAST	40.99	46.49
1:40.89	1:27.19	100 BREAST	1:31.49	1:45.39
3:38.99	3:12.59	200 BREAST	3:09.19	3:39.69
38.29	34.39	50 FLY	35.69	38.59
1:29.49	1:19.09	100 FLY	1:20.29	1:34.29
3:24.19	2:55.19	200 FLY	2:55.79	3:19.19
	1:15.29	100 IM	1:17.99	
3:11.39	2:42.99	200 IM	2:47.99	3:12.49
7:00.29	6:08.39	400 IM	6:08.19	6:59.99

LCM	SCY	13 & 14	SCY	LCM
31.29	27.69	50 FREE	26.19	29.49
1:07.09	1:00.49	100 FREE	57.79	1:04.49
2:28.99	2:13.09	200 FREE	2:06.59	2:20.59
5:14.39	6:01.59	400M/500Y FREE	5:43.39	5:05.19
10:47.99	12:23.19	800M/1000Y FREE	11:44.79	10:42.99
20:39.79	21:49.69	1500M/1650Y FREE	21:09.59	21:27.69
1:17.29	1:09.39	100 BACK	1:05.49	1:16.09
2:53.99	2:35.39	200 BACK	2:34.99	2:43.99
1:30.79	1:20.09	100 BREAST	1:16.99	1:25.79
3:11.39	2:56.79	200 BREAST	2:49.59	3:17.19
1:16.39	1:08.49	100 FLY	1:07.19	1:12.49
3:13.49	2:50.89	200 FLY	2:46.99	3:10.19
2:47.79	2:33.49	200 IM	2:26.39	2:37.69
6:12.19	5:39.69	400 IM	5:20.99	5:58.99

LCM	SCY	15 - 18	SCY	LCM
29.89	27.09	50 FREE	23.99	27.09
1:07.09	58.09	100 FREE	53.09	1:00.09
2:26.19	2:08.09	200 FREE	1:56.99	2:12.89
5:11.29	5:49.39	400M/500Y FREE	5:23.69	4:52.09
10:47.39	11:50.79	800M/1000Y FREE	11:14.59	10:12.09
20:44.49	20:11.29	1500M/1650Y FREE	18:54.39	19:28.99
1:16.19	1:06.69	100 BACK	1:00.99	1:11.99
2:51.09	2:28.19	200 BACK	2:21.59	2:44.59
1:31.29	1:18.89	100 BREAST	1:08.99	1:18.99
3:18.79	2:53.99	200 BREAST	2:34.09	2:56.99
1:12.19	1:03.99	100 FLY	57.89	1:04.69
2:59.49	2:34.99	200 FLY	2:29.29	2:53.09
2:48.49	2:26.99	200 IM	2:13.09	2:34.89
6:09.99	5:18.99	400 IM	4:54.09	5:39.59