



2024 Age Group Championship Time Standards (updated 1/22/24)

GIRLS			BOYS	
LCM	SCY	10 & UNDER	SCY	LCM
39.89	35.19	50 FREE	34.49	39.49
1:31.19	1:19.99	100 FREE	1:18.79	1:30.19
3:20.99	3:01.19	200 FREE	2:55.99	3:12.09
48.89	42.39	50 BACK	42.79	49.19
1:45.99	1:33.69	100 BACK	1:32.29	1:43.09
53.99	47.49	50 BREAST	48.09	53.29
1:59.79	1:44.99	100 BREAST	1:44.09	1:55.99
47.09	42.29	50 FLY	41.99	45.99
1:52.99	1:40.59	100 FLY	1:40.09	1:50.79
	1:31.69	100 IM	1:30.39	
3:43.19	3:19.59	200 IM	3:21.19	3:40.79

LCM	SCY	11 & 12	SCY	LCM
35.69	31.29	50 FREE	30.79	34.69
1:18.09	1:08.29	100 FREE	1:08.89	1:15.49
2:49.19	2:28.99	200 FREE	2:31.49	2:44.89
5:56.49	6:38.19	400M/500Y FREE	6:39.49	5:48.69
40.79	35.39	50 BACK	36.49	40.39
1:30.99	1:18.09	100 BACK	1:18.69	1:27.99
3:09.89	2:43.99	200 BACK	2:39.69	3:05.19
45.49	39.99	50 BREAST	40.99	45.19
1:40.89	1:27.19	100 BREAST	1:29.49	1:38.39
3:35.99	3:06.59	200 BREAST	3:00.19	3:28.69
38.29	34.39	50 FLY	35.69	38.59
1:28.49	1:19.09	100 FLY	1:19.09	1:26.29
3:10.19	2:47.19	200 FLY	2:40.79	3:06.19
	1:18.09	100 IM	1:17.99	
3:11.39	2:47.29	200 IM	2:47.99	3:08.49
6:48.29	5:56.79	400 IM	5:46.39	6:39.19

LCM	SCY	13 & 14	SCY	LCM
31.79	27.89	50 FREE	26.19	29.49
1:08.99	1:00.49	100 FREE	57.79	1:04.49
2:29.39	2:18.39	200 FREE	2:06.59	2:20.59
5:14.39	6:01.59	400M/500Y FREE	5:37.39	4:59.19
10:47.99	12:23.19	800M/1000Y FREE	11:34.79	10:24.99
20:39.79	20:34.29	1500M/1650Y FREE	20:03.99	20:07.69
1:17.29	1:09.39	100 BACK	1:05.49	1:15.09
2:47.99	2:35.39	200 BACK	2:28.99	2:43.99
1:27.59	1:21.09	100 BREAST	1:16.99	1:25.79
3:11.39	2:56.79	200 BREAST	2:44.59	3:07.19
1:14.39	1:08.49	100 FLY	1:07.19	1:12.49
2:55.49	2:42.49	200 FLY	2:30.99	2:49.19
2:47.79	2:33.49	200 IM	2:26.39	2:37.69
5:56.19	5:29.69	400 IM	5:11.99	5:48.99

LCM	SCY	15 - 18	SCY	LCM
31.19	27.19	50 FREE	24.39	27.89
1:07.89	58.99	100 FREE	53.49	1:01.89
2:26.19	2:08.09	200 FREE	1:56.99	2:14.89
5:07.29	5:43.39	400M/500Y FREE	5:17.69	4:46.09
10:35.39	11:50.79	800M/1000Y FREE	11:02.59	10:00.09
20:20.49	19:47.29	1500M/1650Y FREE	18:30.39	19:04.99
1:15.19	1:05.69	100 BACK	59.99	1:10.09
2:45.09	2:22.19	200 BACK	2:12.59	2:32.59
1:26.29	1:14.89	100 BREAST	1:08.99	1:18.99
3:07.79	2:42.99	200 BREAST	2:31.09	2:53.99
1:12.19	1:03.99	100 FLY	57.89	1:04.69
2:50.49	2:25.99	200 FLY	2:20.29	2:40.09
2:44.49	2:22.99	200 IM	2:10.09	2:28.89
5:47.29	5:07.99	400 IM	4:45.09	5:16.59