

2026 MRA A/BB Meet Information

Granite Hills High School / 1719 E. Madison Avenue / El Cajon

Canopies and Team Areas:

- * Pool opens at 7am.
- * Team canopies and tarps allowed on the pool deck (in designated areas) or behind the bleachers on the blacktop
- * Coaches bring your own chairs; tables are available upon request (self service)

Check in:

Check in opens around 7am and closes at 8:30am each day. ONLY swimmers and Coaches are allowed in the check in area. **NO PARENTS ALLOWED.**

Hospitality and Snack bar:

- * Snack Bar available in the snack bar area
- * Hospitality for Officials and Coaches available in the outdoor storage area

Clean Up:

- * Coaches are required to make sure their area is clean and clear before leaving.
- * Please make sure your team areas are picked up of trash as well.

Session Info Warmups:

Open Warm Up: 7am - 8:50am (please be considerate of other teams and share lanes)

Meet Timeline:

Saturday: Estimated 9am to noon

Sunday: Estimated 9am to noon / 1000s start around 10:55am (ESTIMATED)

1000 Freestyle Swimmers:

The distance events may be combined and will alternate men/women (if applicable); swimmer **MUST** have their own timer and lane counters.

Lane Timing Assignments: (Saturday and Sunday)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
SDSA	JBST	PS	PS	RSD	RSD	RSD	MRA