USA Swimming Registration

If you are new to CAST, it is time to register with USA swimming. USA swimming memebership is required for all athletes on CAST and we also can't enter your child into swim meets until this has taken place.

Please look at the directions below to register with USA swimming. If you have any questions or encounter difficulties, feel free to email me: (castcoachdave@gmail.com).

There are 4 types of athlete memberships available:

- 1) **Full Premium** This is a full annual membership allowing unrestricted number of meets for the year.
- 2) **Full Flex** This is an introductory membership that allows swimmers to be on teams and compete in up to two swim meets before they need to upgrade to a full membership. Swimmers must upgrade prior to a third meet. This was previously offered to all ages and is now restricted to 12&U's.
- 3) **Full Season 1** This membership is offered Apr-Aug only; and allows unlimited local meets during that time (no meets zones and above)
- 4) **Outreach** This is membership created by USA swimming to allow families with lower income levels (see page 2 of this doc) to register with USA swimming at a reduced rate. This is a full membership with all of the priveleges of a full premium membership, without the full cost.

Registration with USA swimming.

Swimmers can now register with USA swimming. There are three steps to this process:

- **A)** Create a USA Swimming Ping account see " 1st SI Creating..."
- **B)** Decide which of the 4 available registrations are for you and your swimmer see attachment
- **C)** Register your athlete(s) Uselinks below and see link that says "2nd registering for"

Use this CAST-SPECIFIC link for Full Membership registration (#1-2-3 above) https://omr.usaswimming.org/omr/welcome/716B437D9C2936

USE this CAST-SPECIFIC link for Outreach Membership registration (#4 above) https://omr.usaswimming.org/omr/welcome/B4CCB71DB3484D

If you have any issues setting this up, please let me know. As I have mentioned earlier, this registration system is brand new and they are fixing and tweaking things on it daily. If your membership is already valid through December 31st, and you want to wait a while and let USA swimming work out more of the bugs prior to you re-registering for 2023, you are welcome to wait a few weeks.

Thank you
Happy USA Swimming registration
-Coach Dave

P.S. once you have completed this process, If you have an apple device, you can download a new mobile ap that is replacing the old "deck Pass" ap, from the apple store. It is simply called "USA SWimming".