

2025 SI-SEA Rising Star Meet #1
Monte Vista HS
3230 Sweetwater Springs Blvd / Spring Valley
Sunday, November 2, 2025

TARPS AND TEAM AREAS:

- * Pool deck opens at 6:45am; warmups start at 7:30am.
- * Coaches can set up on the east side of the pool. (Bring your own chairs and canopies).
- * Parents/spectators can set up on the west side of the pool.
- * **NO canopies in front of bleachers or behind the timers.**

CHECK IN

Positive check in for all events closes each morning at 8:30am. ONLY swimmers and Coaches are allowed in the check in area. **NO PARENTS ALLOWED.**

OTHER INFORMATION

Hospitality and Snack bar:

- * Hospitality (for officials and coaches) and a Snack Bar will be available.

Parking and Overflow:

- * There are multiple parking lots adjacent to the pool.

Clean Up:

- * Coaches are required to make sure their area is clean and clear before leaving.
- * Please make sure your team areas are picked up of trash as well.

SESSION INFO WARMUPS

Warm Up #1 7:30-8:10am – SEA / HSA / SBA / SOL / TAQ

Warm Up #2 8:10-8:50am – CAST / MRA / MVY / NCA / RRST

Meet Timeline: Estimated 9AM – 11:41AM

Lane Timing Assignments:

All timing assignments will be handled by high school volunteers. You are welcome!