

College Area Swim Team

San Diego, California

LONG COURSE

TEAM RECORDS

Updated: 8-14-24

8 and Under

Highlited Times = bkn latest season

Swimmer	Time	Year	Meters	Year	Time	Swimmer
N. White	:36.82	1991	50 Free	1990	:36.91	A. Powers
N. White	1:21.95	1991	100 Free	2007	1:23.78	L. Proffit
J. White	2:55.09	1997	200 Free	2007	3:01.30	L. Proffit
			400 Free	2007	6:10.61	L. Proffit
J. White	:46.87	1997	50 Back	2001	:41.75	J. Heim
K. Sacks	1:36.79	2007	100 Back	2001	1:31.09	J. Heim
N. White	:51.83	1991	50 Breast	1995	:47.18	M. Honkanen
N. White	1:53.91	1991	100 Breast	1995	1:44.72	M. Honkanen
U. Jimenez	:43.81	2005	50 Fly	2007	:41.19	L. Proffit
U. Jimenez	1:36.60	2005	100 Fly	2014	1:39.88	H. Wong
N. White	3:26.29	1991	200 IM	2007	3:22.97	L. Proffit

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Boys

Girls

Swimmer	Time	Year	Meters	Year	Time	Swimmer
O. Brody	:32.01	2008	50 Free	2016	31.16	M. Nguyen
K. Wong	1:11.61	2014	100 Free	2011	1:07.60	D. Nowaski
U. Jimenez	2:29.05	2007	200 Free	2011	2:23.76	D. Nowaski
U. Jimenez	5:11.94	2007	400 Free	2011	5:04.04	D. Nowaski
J. White	12:10.08	1998	800 Free	1992	12:20.49	K. Keays
			1500 Free	1991	24:53.00	A. Powers
G. Davies	37.14	2014	50 Back	2010	37.48	M. Kelly
G. Davies	1:20.75	2014	100 Back	2011	1:19.47	D. Nowaski
G. Davies	2:54.70	2014	200 Back	2010	3:00.72	M. Kelly
C. Temple	42.44	2010	50 Breast	2016	40.16	M. Nguyen
C. Temple	1:32.08	2010	100 Breast	2016	1:31.06	M. Nguyen
			200 Breast	1998	3:40.49	M. Ragsdale
O. Brody	:34.91	2008	50 Fly	2011	33.83	D. Nowaski
O. Brody	1:17.54	2008	100 Fly	2011	1:16.86	D. Nowaski
K. Wong	3:19.48	2014	200 Fly	2010	3:00.94	D. Nowaski
U. Jimenez	2:54.96	2007	200 IM	2011	2:45.96	D. Nowaski
J. White	6:51.24	1998	400 IM	1992	7:06.82	A. Powers
Ja White/C. Ranger	2:19.90	2000	200 Free Relay	2011	2:17.78	D. Nowaski/M. Lenzkes
E. Simoni/B. Lowe						S. Sutka / L. Simonelli
E. Simoni/B. Lowe	2:43.95	2000	200 Med Relay	2011	2:39.61	S. Sutka / D. Nowaski
C. Ranger/Ja White						M. Lenzkes / L. Simonelli

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Boys

Girls

Swimmer	Time	Year	Meters	Year	Time	Swimmer
J. Keppler	27.57	2015	50 Free	2010	29.09	S. Nowaski
J. Keppler	1:00.11	2015	100 Free	2010	1:02.56	S. Nowaski
J. Keppler	2:12.45	2015	200 Free	2013	2:12.92	D. Nowaski
M. Sutka	4:45.88	2007	400 Free	2013	4:36.58	D. Nowaski

K. Wong	10:10.73	2016	800 Free	2013	9:37.59	D. Nowaski
T. Anderson	18:59.24	2008	1500 Free	2013	18:25.90	D. Nowaski
G. Davies	31.83	2016	50 Back	2018	:33.15	My Nguyen
G. Davies	1:09.14	2016	100 Back	2012	1:12.27	M. Kelly
G. Davies	2:29.41	2016	200 Back	2013	2:32.25	D. Nowaski
J. Keppler	:34.83	2015	50 Breast	2018	35.15	My Nguyen
J. Keppler	1:16.35	2015	100 Breast	2018	1:16.05	My Nguyen
J. Keppler	2:49.82	2015	200 Breast	2018	2:47.97	My Nguyen
G. Davies	30.03	2010	50 Fly	2018	30.95	My Nguyen
G. Davies	1:08.98	2010	100 Fly	2010	1:09.29	S. Nowaski
O. Brody	2:34.54	2010	200 Fly	2010	2:31.44	S. Nowaski
J. Keppler	2:30.71	2015	200 IM	2013	2:33.48	D. Nowaski
T. Anderson	5:33.07	2008	400 IM	2013	5:24.72	D. Nowaski
G. Davies / A. Molter	2:02.49	2016	200 Free Relay	2014	2:02.05	T. Moultrie / M. Peterson
J. Forstot / K. Wong						B. Lazarr / K. Ulufanua
G. Davies / J. Keppler	2:18.68	2015	200 Med Relay	2014	2:16.38	M. Peterson / K. Ulufanua
J. Biggs / K. Wong						T. Moultrie / B. Lazarr
			400 Free Relay	2013	4:29.12	M. Lenzkes / T. Moultrie
						M. Peterson / D. Nowaski
			400 Med Relay	2013	5:13.12	D. Nowaski / M. Peterson
						M. Lenzkes / T. Moultrie

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Boys

Swimmer	Time	Year	Meters	Year	Time
J. Keppler	25.89	2016	50 Free	2023	:27.95
M. Stoddard	55.71	2015	100 Free	2012	1:00.03
M. Stoddard	2:00.70	2007	200 Free	2007	2:06.87
M. Stoddard	4:15.06	2010	400 Free	2015	4:26.83
T. Anderson	8:53.04	2010	800 Free	2012	9:04.46
T. Anderson	16:55.77	2010	1500 Free	2007	17:44.66
G. Davies	29.98	2017	50 Back	2003	:33.43
T. Anderson	1:02.14	2010	100 Back	2004	1:08.15
T. Anderson	2:11.06	2010	200 Back	2015	2:23.65
C. Temple	35.60	2014	50 Breast	2019	34.68
C. Temple	1:10.83	2014	100 Breast	2024	1:14.98
C. Temple	2:30.10	2014	200 Breast	2024	2:41.68
G. Davies	27.34	2018	50 FLY	2003	30.28
G. Davies	1:02.38	2018	100 Fly	2012	1:03.80
M. Stoddard	2:16.38	2015	200 Fly	2012	2:15.96
C. Temple	2:17.66	2014	200 IM	2014	2:27.79
C. Temple	4:49.06	2014	400 IM	2015	5:05.97
G. Souttere / G. Peterson	1:51.96	2014	200 Free Relay	2024	1:55.21
C. Temple / M. Stoddard					
G. Souttere / C. Temple	3:58.93	2014	400 Free Relay	2014	4:13.23
G. Peterson / M. Stoddard					
M. Stoddard / G. Peterson	8:32.74	2014	800 Free Relay	2014	9:04.88
G. Souttere / C. Temple					
M. Stoddard / C. Temple	2:06.31	2014	200 Medley Relay	2023	2:10.31
G. Peterson / G. Souttere					
M. Stoddard / C. Temple	4:27.45	2014	400 Med Relay	2015	4:46.17
G. Peterson / G. Souttere					

Girls

Swimmer	Time
B. Pitts	
S. Nowaski	
J. Heim	
D. Nowaski	
S. Nowaski	
J. Heim	
R. Heim	
K. Fontana	
D. Nowaski	
My Nguyen	
K. Gray	
K. Gray	
C. Macky	
S. Nowaski	
S. Nowaski	
D. Nowaski	
D. Nowaski	
L Svalstad / T. Santoro	
K. Gray / E. Mohr	
T. Ishikawa / C. Holden	
D. Nowaski / M. Kelly	
M. Kelly / M. Lenzkes	
M. Park / D. Nowaski	
K. Gray / L. Svalstad	
T. Santoro / B. Pitts	
D. Nowaski / S. Fortune	
T. Moultrie / E. Wells	

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Boys

Swimmer	Time	Year	Meters	Year
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Girls

Swimmer

J. Keppler	24.16	2019	50 Free	2010	27.05	H. Ferrer
M. Stoddard	52.72	2018	100 Free	2009	58.34	J. Heim
T. Anderson	1:53.97	2013	200 Free	2010	2:04.29	J. Heim
M. Stoddard	4:01.44	2018	400 Free	2018	4:18.87	D. Nowaski
T. Anderson	8:26.31	2011	800 Free	2016	8:47.79	S. Nowaski
A. Ojstersek	16:25.90	2006	1500 Free	2010	16:57.69	J. Heim
G. Davies	27.48	2021	50 Back	2004	31.99	K. Fontana
G Davies	57.78	2021	100 Back	2007	1:05.83	K. Fontana
T. Anderson	2:04.05	2011	200 Back	2006	2:19.52	K. Fontana
C. Temple	31.43	2018	50 Breast	2015	35.89	T. Lynch
C. Temple	1:05.61	2018	100 Breast	2006	1:16.44	C. Macky
B. Meier	2:18.90	2010	200 Breast	2006	2:46.17	C. Macky
M. Ornelas	25.69	2015	50 Fly	2022	29.53	J. Gonzales
M. Ornelas	55.25	2015	100 Fly	2007	1:02.29	R Heim
Ju. DiFederico	2:01.35	2009	200 Fly	2011	2:15.68	M. Mexia
T. Anderson	2:05.05	2013	200 IM	2006	2:25.05	K. Fontana
T. Anderson	4:23.69	2013	400 IM	2016	5:04.68	D. Nowaski
G. Davies / I. Balcazar	1:43..30	2019	200 Free Relay	2009	1:57.41	H. Ferrer / F. Anderson
E. Mohr / J. Keppler						E. Cox / M. McLean
Glass / Anderson	3:41.97	2010	400 Free Relay	2005	4:07.94	T. Robertson / R. Heim
Sutka / Bruce						C. Macky / J. Smith
B. Lowe / Ja. White	8:08.25	2007	800 Free Relay	2010	8:45.50	Ferrer / Cox
F. Osorio / E. Simoni						McLean/Heim
G. Davies / J. Keppler	1:55.79	2019	200 Medley Relay	2019	2:10.51	J. Gonzales / K. Tenorio
J. Biggs / E. Mohr						D. Nowaski / T. Moultrie
E. Simoni / F. Osorio	4:04.97	2007	400 Med Relay	2007	4:34.15	K. Fontana / C. Macky
Ju. DiFederico / B. Lowe						R. Heim / M. Smith

SR/Overall

Boys			Girls		
Swimmer	Time	Year	Meters	Year	Time
J. Keppler	24.16	2019	50 Free	2010	27.05
M. Stoddard	52.72	2018	100 Free	2009	58.03
T. Anderson	1:51.86	2016	200 Free	2010	2:04.29
M. Stoddard	4:01.44	2018	400 Free	2018	4:18.87
T. Anderson	8:26.31	2011	800 Free	2016	8:47.79
A. Ojstersek	16:25.90	2006	1500 Free	2010	16:57.69
G. Davies	27.48	2021	50 Back	2004	31.99
T. Anderson	56.99	2014	100 Back	2021	1:05.03
T. Anderson	2:04.05	2011	200 Back	2008	2:19.47
C. Temple	31.43	2018	50 Breast	2019	34.68
E. Simoni	1:05.07	2012	100 Breast	2024	1:14.98
B. Meier	2:18.46	2011	200 Breast	2024	2:41.68
M. Ornelas	25.69	2015	50 FLY	2022	29.53
M. Ornelas	55.25	2015	100 Fly	2009	1:01.20
Ju. DiFederico	2:01.04	2010	200 Fly	2011	2:15.68
T. Anderson	2:05.05	2013	200 IM	2021	2:24.81
T. Anderson	4:23.69	2013	400 IM	2016	5:04.68
D. Newman / A. Higdon	1:39.44	2014	200 Free Relay	2014	1:52.12
M. Ornelas / T. Anderson					
Christy / Bruce	3:36.76	2010	400 Free Relay	2010	4:02.77
Meier / Lowe					
Lowe / Anderson	7:50.33	2011	800 Free Relay	2013	8:43.64
Robles/Simoni					
M. Ornelas / A. Sawaya	1:47.98	2014	200 Med Relay	2006	2:04.37
A. Higdon / T. Anderson					
Anderson / Simoni	3:53.74	2011	400 Med Relay	2006	4:29.65
DiFederico / Lowe					