

College Area Swim Team

San Diego, California

Yards

Last updated on: 5-26-24

8 and Under

Highlited Times = bkn this season

Swimmer	Time	Year	Yards	Year	Time	Swimmer
C. Edwall	:15.62	1995	25 Free	2001	:15.53	J. Heim
C. Edwall	:32.07	1995	50 Free	2001	:32.54	J. Heim
I. Romero	1:13.63	2011	100 Free	2014	1:12.05	H. Wong
Ja White	2:32.19	1999	200 Free	2009	2:36.89	D. Nowaski
I. Romero	6:46.13	2011	500 Free	2014	6:57.74	H. Wong
E. Simoni	:19.49	1999	25 Back	2006	:19.15	L. Simoni/L. Proffit
E. Simoni	:40.93	1999	50 Back	2014	:39.75	H. Wong
I. Romero	1:26.56	2011	100 Back	2014	1:26.13	H. Wong
Ja White	:22.08	1999	25 Br	2006	:21.25	L. Proffit
I. Romero	:46.40	2011	50 Br	1995	:43.54	M. Honkanen
N. White	1:39.42	1991	100 Br	1995	1:34.53	M. Honkanen
E. Simoni	:17.45	1999	25 Fly	2001	:18.20	J. Heim
J. White	:39.90	1996	50 Fly	2014	:37.66	H. Wong
J. White	1:26.06	1997	100 Fly	2014	1:23.78	H. Wong
N. White	1:24.67	1991	100 IM	2014	1:23.83	H. Wong
I. Romero	3:00.82	2011	200 IM	2014	3:00.65	H. Wong
Ja White/E. Simoni	1:15.20	1998	100 Free Relay	2005	1:28.26	J. Guzman/L. Proffit
M. Reicchi/M. Scharfenberg						N. Tex/S. Dowell
Ja White/E. Simoni	1:26.32	1998	100 Med Relay			
M. Reicchi/M. Scharfenberg						
			200 Medley Relay	2014	2:32.06	M. Nguyen / A. Biggs
						J. Davies / S. Richardson

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Boys

Girls

Swimmer	Time	Year	Yards	Year	Time	Swimmer
J. Keppler	:27.75	2013	50 Free	2011	28.73	D. Nowaski
J. Biggs	1:02.77	2014	100 Free	2011	1:00.71	D. Nowaski
Jo. White	2:15.51	1999	200 Free	2011	2:08.61	D. Nowaski
J. Biggs	5:56.50	2014	500 Free	2010	5:34.75	D. Nowaski
G. Davies	32.63	2014	50 Back	2003	:32.89	J. Heim
G. Davies	1:11.17	2014	100 Back	2003	1:10.45	J. Heim
G. Davies	2:42.19	2014	200 Back	2011	2:28.61	D. Nowaski
J. Keppler	35.91	2013	50 Br	2016	37.04	M. Nguyen
J. Keppler	1:18.91	2013	100 Br	2016	1:22.97	M. Nguyen
J. Keppler	2:48.32	2013	200 Br	2012	3:01.97	M. Peterson
J. Biggs	30.80	2014	50 Fly	2011	30.84	D. Nowaski
O. Brody	1:13.09	2008	100 Fly	2011	1:08.24	D. Nowaski
C. Temple	2:43.27	2010	200 Fly	2010	2:34.59	D. Nowaski
J. Keppler	1:10.99	2013	100 IM	2011	1:10.53	D. Nowaski
U. Jimenez	2:34.14	2007	200 IM	2011	2:27.57	D. Nowaski
C. Temple	5:32.93	2010	400 IM	2010	5:10.63	D. Nowaski
B. Lowe/S. Latham	2:10.06	2001	200 Free Relay	2003	2:05.54	A. Dowell/I. Lluch
C. Ranger/D. Hawkes						T. Miner/J. Heim
J. Keppler / G. Davies	5:03.50	2013	400 Free Relay	2015	4:44.84	H. Wong / M. Nguyen
K. Debever / A. Molter						S. Yeager / J. Davies
C. Ranger/B. Lowe	2:23.76	2001	200 Med Relay	2016	2:22.92	S. Yeager / M. Nguyen
E. Simoni/Ja White						H. Wong / J. Davies

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Boys

Swimmer	Time	Year	Yards	Year
J. Keppler	:24.20	2015	50 Free	2015
K. Wong	:54.67	2015	100 Free	2015
J. Keppler	1:54.62	2015	200 Free	2015
K. Wong	5:18.64	2016	500 Free	2015
K. Wong	11:15.26	2016	1000 Free	2013
K. Wong	18:39.29	2016	1650 Free	2013
E. Simoni	:28.28	2003	50 Back	2015
G. Davies	1:00.23	2016	100 Back	2014
G. Davies	2:15.24	2016	200 Back	2013
J. Keppler	:30.66	2015	50 Br	2018
J. Keppler	1:06.91	2015	100 Br	2018
J. Keppler	2:26.31	2014	200 Br	2018
G. Davies	28.02	2016	50 Fly	2015
K. Wong	1:00.07	2015	100 Fly	2015
O. Brody	2:13.56	2010	200 Fly	2010
J. Keppler	1:01.23	2015	100 IM	2015
J. Keppler	2:08.04	2015	200 IM	2015
J. Keppler	4:40.01	2015	400 IM	2013
K. Wong / J. Biggs	1:48.32	2015	200 Free Relay	2014
G. Davies / J. Keppler				
K. Wong / J. Biggs	3:53.18	2015	400 Free Relay	2014
G. Davies / J. Keppler				
G. Davies / J. Keppler	1:58.37	2015	200 Med Relay	2023
J. Biggs / K. Wong				
			400 Medley Relay	2014

Girls

Swimmer	Time
T. Moultrie	:25.85
T. Moultrie	55.06
T. Moultrie	1:57.07
T. Moultrie	5:14.84
D. Nowaski	10:56.10
D. Nowaski	18:13.98
T. Moultrie	:28.52
M. Peterson	1:03.19
D. Nowaski	2:12.32
M. Nguyen	:31.94
M. Nguyen	1:07.95
M. Nguyen	2:30.03
T. Moultrie	:27.94
T. Moultrie	1:01.62
S. Nowaski	2:13.94
T. Moultrie	1:02.74
T. Moultrie	2:14.37
D. Nowaski	4:42.69
M. Peterson / M. Lenzkes	1:49.95
T. Moultrie / M. Logsdon	
T. Moultrie / M. Peterson	3:56.96
M. Lenzkes / M. Logsdon	
K. Gray / E. Pike	2:02.22
M. Cobstill / E. Mohr	
M. Lenzkes / M. Peterson	4:30.41
K. Jardine / T. Moultrie	

Boys

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Girls

Swimmer	Time	Year	Yards	Year	Swimmer
C. Edwall	:22.90	2001	50 Free	2024	B. Pitts
B. Lowe	:49.30	2004	100 Free	2023	B. Pitts
M. Stoddard	1:45.78	2015	200 Free	2007	J. Heim
T. Anderson	4:41.69	2010	500 Free	2015	D. Nowaski
M. Stoddard	9:45.99	2015	1000 Free	2011	S. Nowaski
M. Stoddard	16:29.46	2015	1650 Free	2011	S. Nowaski
G. Davies	25.36	2018	50 Back	2004	K. Fontana
G. Davies	52.44	2018	100 Back	2015	D. Nowaski
T. Anderson	1:55.36	2010	200 Back	2015	D. Nowaski
J. Keppler	:29.25	2017	50 Br	2019	M. Nguyen
J. Keppler	1:01.91	2017	100 Br	2019	M. Nguyen
C. Temple	2:11.12	2014	200 Br	2024	K. Gray
G. Davies	52.90	2018	100 Fly	2016	T. Moultrie
Ju. Difederico	2:01.25	2006	200 Fly	2012	S. Nowaski
G. Davies	1:57.77	2018	200 IM	2013	T. Lynch
G. Davies	4:14.29	2018	400 IM	2014	D. Nowaski
C. Ranger / Ja. White	1:41.25	2004	200 Free Relay	2024	L Svalstad / K Gray
E. Simoni / B. Lowe					E Mohr / E Pike
E. Simoni, A. Nguyen	3:34.60	2004	400 Free Relay	2023	3:43.32 C. Svalstad / L. Svalstad
D. Arnold, B. Lowe					E. Pike / B. Pitts
E. Simoni, A. Nguyen	7:46.51	2004	800 Free Relay	2007	R. Peterman / F. Anderson
D. Arnold, B. Lowe					S. Wickerd / J. Heim
A. Molter / J. Keppler	1:49.64	2017	200 Med Relay	2024	1:55.05 E Pike / L Svalstad
G. Davies / T. Frawley					K Gray / E Mohr
M. Stoddard / C. Temple	4:02.88	2014	400 Med Relay	2024	4:11.48 T Santoro / L Svalstad

Boys			15-18		Girls	
Swimmer	Time	Year	Yards	Year	Time	Swimmer
J. Keppler	:21.15	2021	50 Free	2011	:23.70	H. Ferrer
B. Lowe	:46.17	2008	100 Free	2009	:51.63	J. Heim
T. Anderson	1:38.89	2013	200 Free	2009	1:47.94	J. Heim
T. Anderson	4:25.48	2013	500 Free	2015	4:48.28	S. Nowaski
T. Anderson	9:21.87	2012	1000 Free	2016	9:58.74	S. Nowaski
T. Anderson	15:38.59	2012	1650 Free	2008	16:40.49	J. Heim
T. Anderson	23.24	2013	50 Back	2005	:27.31	K. Fontana
T. Anderson	:48.94	2013	100 Back	2006	:56.38	K. Fontana
T. Anderson	1:46.61	2012	200 Back	2019	2:02.92	D. Nowaski
C. Temple	26.88	2017	50 Br	2005	:30.96	C. Macky
C. Temple	:56.98	2017	100 Br	2016	1:05.30	T. Lynch
C. Temple	2:00.54	2017	200 Br	2015	2:17.94	T. Lynch
M. Ornelas	:22.62	2014	50 Fly	2005	:26.17	C. Macky
M. Ornelas	:48.34	2014	100 Fly	2014	:55.75	S. Nowaski
Ju. DiFederico	1:49.22	2008	200 Fly	2013	1:59.73	S. Nowaski
T. Anderson	1:48.61	2012	200 IM	2019	2:04.16	D. Nowaski
T. Anderson	3:50.64	2012	400 IM	2015	4:24.51	S. Nowaski
J. Randazzo / M. Ornelas	1:29.97	2013	200 Free Relay	2014	1:38.59	M. Roberts / C. Lynch
J. Jeffery / O. Brody						R. Ellestad / S. Nowaski
M. Sutka/ L. Casimiro	3:15.05	2010	400 Free Relay	2009	3:33.73	H. Ferrer / J. Heim
C. Christy/T. Bruce						E. Cox / M. McLean
T.Anderson/C. Christy	7:05.11	2010	800 Free Relay	2009	7:44.27	H. Ferrer / M. McLean
M. Sutka/T. Bruce						E. Cox / J. Heim
M. Ornelas / J. Randazzo	1:38.53	2013	200 Med Relay	2015	1:49.07	M. Kelly / T. Lynch
A. Aleman / J. Jeffery						S. Nowaski / M. Roberts
J. Difederico / B. Lowe	3:32.37	2009	400 Med Relay	2015	3:57.50	M. Kelly / T. Lynch
A. Rodriguez / C. Christy						S. Nowaski / M. Roberts

Boys			SR/Overall		Girls	
Swimmer	Time	Year	Yards	Year	Time	Swimmer
J. Keppler	:21.15	2021	50 Free	2011	:23.70	H. Ferrer
B. Lowe	:46.17	2008	100 Free	2009	:51.63	J. Heim
T. Anderson	1:38.89	2013	200 Free	2009	1:47.94	J. Heim
T. Anderson	4:25.48	2013	500 Free	2015	4:48.28	S. Nowaski
T. Anderson	9:21.87	2012	1000 Free	2016	9:58.74	S. Nowaski
T. Anderson	15:38.59	2012	1650 Free	2008	16:40.49	J. Heim
T. Anderson	:23.24	2013	50 Back	2005	27.31	K. Fontana
T. Anderson	:48.94	2013	100 Back	2006	:56.38	K. Fontana
T. Anderson	1:46.61	2012	200 Back	2019	2:02.92	D. Nowaski
C. Temple	26.88	2017	50 Br	2005	:30.96	C. Macky
C. Temple	:56.98	2017	100 Br	2019	1:04.85	M. Nguyen
C. Temple	2:00.54	2017	200 Br	2015	2:17.94	T. Lynch
M. Ornelas	:22.62	2014	50 Fly	2005	:26.17	C. Macky
M. Ornelas	:48.28	2019	100 Fly	2014	:55.75	S. Nowaski
Ju. DiFederico	1:49.22	2008	200 Fly	2013	1:59.73	S. Nowaski
T. Anderson	1:48.61	2012	200 IM	2019	2:04.91	D. Nowaski
T. Anderson	3:50.64	2012	400 IM	2015	4:24.51	S. Nowaski
C. Hargrove / A. Higdon	1:28.33	2016	200 Free Relay	2014	1:38.59	M. Roberts / C. Lynch
M. Stoddard / J. Ornelas						R. Ellestad / S. Nowaski
D. Newman / M. Ornelas	3:11.88	2014	400 Free Relay	2009	3:33.73	H. Ferrer / J. Heim
J. Ornelas / A. Higdon						E. Cox / M. McLean
G. Davies / J. Keppler	6:55.23	2020	800 Free Relay	2016	7:41.32	T. Ishikawa / T. Moultrie
T. Anderson / G. Souttere						M. Kelly / D. Nowaski
M. Ornelas / J. Randazzo	1:35.63	2013	200 Med Relay	2015	1:49.07	M. Kelly / T. Lynch
A. Higdon / J. Jeffery						S. Nowaski / M. Roberts
G. Davies / J. Keppler	3:28.99	2020	400 Med Relay	2019	3:56.01	T. Moultrie / M. Nguyen

