

## **USA Swimming Registration**

If you are new to CAST, and have not previously registered as a USA swimming member, it is time to register with USA swimming. USA swimming membership is required for all athletes on CAST and we also can't enter your child into swim meets until this has taken place.

Please look at the directions below to register with USA swimming. It is a little confusing, and I am available to clarify things. If you have any questions or encounter difficulties, feel free to email me: [castcoachdave@gmail.com](mailto:castcoachdave@gmail.com).

### **There are 4 types of athlete memberships available:**

- 1) **Full - Premium \$85** This is a full annual membership allowing unrestricted number of meets for the year. (This is not recommended for summer only athletes).
- 2) **Full - Flex \$30** This is an introductory membership that allows swimmers to be on teams and compete in up to two non-championship swim meets before they need to upgrade to a full membership. Swimmers must upgrade prior to a third meet. This was previously offered to all ages and is now **restricted to 12&U's**. (If you are a new 12&U, and do not qualify for outreach, this is the least expensive option for you).
- 3) **Seasonal \$55** – good for summer season. Then, if you continue past the summer, you can purchase a full membership in September that will cover the next 16 months.
- 4) **Outreach \$7** - This is membership created by USA swimming to allow families with lower income levels to register with USA swimming at a reduced rate. This is a full membership with all of the privileges of a full premium membership, without the full cost.

### **Registration with USA swimming.**

#### **There are three steps to this process:**

- A) **IMPORTANT – DO THIS FIRST!** Create a USA Swimming Ping account (This is for the parents)- Please go to the SI-swimming.com website – under the “registration” tab click on [“How to create a USA swimming log in”](#)
- B) Decide which of the available registrations are for you and your swimmer - see above
- C) Register your athlete(s) – Use links below

#### **Use this CAST-SPECIFIC link for Full Membership registration ( #1-2-3 above)**

<https://omr.usaswimming.org/omr/welcome/947D15CB63B649>

#### **USE this CAST-SPECIFIC link for Outreach Membership registration (#4 above)**

<https://omr.usaswimming.org/omr/welcome/4A391ECB98AC40>

This document is also available on the castswim.com website under the “applications/docs” tab with working links to the information above (much easier than typing in the link URL’s).

Thank you

Happy USA Swimming registration

-Coach Dave

