

February 2024

January '24							March '24						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6							1	2
7	8	9	10	11	12	13	3	4	5	6	7	8	9
14	15	16	17	18	19	20	10	11	12	13	14	15	16
21	22	23	24	25	26	27	17	18	19	20	21	22	23
28	29	30	31				24	25	26	27	28	29	30
							31						

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2	3
4	5	6	7	8 Emma, Jevon, Owen, Taite Join AM	9 SWAT AAA With Junior 5:00-6:30	10 SWAT AAA AA Afternoon 5:00-6:30 @Cent
11	12	13	14	15	16	17 5:00-6:30p @Cent
18	19 Heritage Day off	20	21	22	23 AA Winter Champs Wolfville AAA Swim with HTAC Time TBC	24 AA Winter Champs Wolfville AAA Swim with HTAC Time TBC
25 AA Winter Champs Wolfville	26 Provincial Off Eugene and Ethan Join HTAC Time TBC	27 AAA Provincial optional PM practice	28	29 No Morning David Fry East Coast Championships Dalplex	1 David Fry East Coast Championships Dalplex AA @5:00-6:30p	2 AA AM Practice David Fry East Coast Championships Dalplex NO PM
3 David Fry East Coast Championships Dalplex	4	Notes: Saturday March 2: Madi will be coaching AA practice				