



2021 - 22
Athlete Development

2021 - 22
Training Groups

SACKVILLE
WAVES
AQUATIC
TEAM

Discovery Stream
(FUN-damentals)

Mini-Waves

Novice

Development Stream
(Learn to Train to Train to
Train)

Junior

Senior 2

Performance Stream
(Train to Train to Train to
Compete)

Senior 1

Senior Performance

Para Integrated Program (Coach
Discretion)