PATH TO THE OLYMPICS

Which Step are you on?

SENIOR LEVEL COMPETITIONS



OLYMPIC TRIALS



JR. NATIONALS

SR. NATIONALS



Senior 'Elite'



SR Development

Senior Competitions

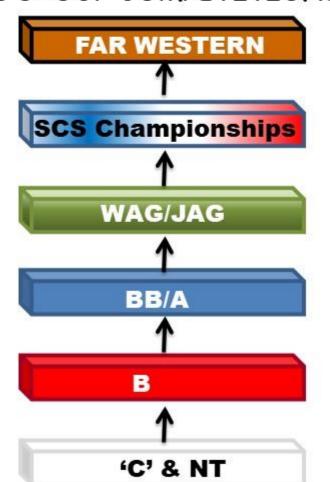
- There are no age groups and no age restrictions.
- Anyone who makes the qualifying times may enter



Western Zone



AGE GROUP COMPETITIONS



Age Group Competitions

- Divided into groups by age 5-18
- Meets have min and or max time standards





Everybody Starts Here