

Just Have Fun

Just play. Have fun. Enjoy the game. (Michael Jordan)

High school swim season ended at the end of April except for swimmers who made the CIF Southern Section Championship playoffs. For the first time and just for fun, several SCS teams decided to host a one-day POST CIF meet for high school swimmers who weren't going to the CIF playoffs.

This recap acknowledges 7 of our high school swimmers who took up the FAC Post CIF one-day challenge and picked up a lot of new time standards. But first, let's acknowledge our swimmers who qualified for the CIF SS Playoffs

- **Cannon Acosta** – Division 4
- **Donovan Acosta** – Division 4
- **Jaime Alexander** – Division 3
- **Sarah Alexander** – Division 3
- **Sergio Diaz** – Division 3
- **Joseph Jizmejian** – Division 4
- **Daliana Pena** – Division 1
- **Ava Rosin** – Division 1

NEW TIMES

More typical are the swimmers exhibiting personal excellence by moving up the time standards from C to B, or to BB, or to A, or to WAG / JO. These swimmers demonstrate their hard work pays off.

New B Times

- **Nathan Davis** - Pre-Senior (14 & Over 200 IM);

New A Times

- **Layden Medina** - Pre-Senior (14 & Over 100 Breast);
- **Lydia Medina** - Pre-Senior (14 & Over 50 Free);

New AA Times

- **Brandon Davis** - Senior (14 & Over 100 Free);
- **Layden Medina** - Pre-Senior (14 & Over 100 Free)

New JAG Times

- **Brandon Davis** - Senior (14 & Over 100 Free);
- **Layden Medina** - Pre-Senior (14 & Over 100 Breast, 100 Free)

New SumJO Times

- **Layden Medina** - Pre-Senior (14 & Over 100 Breast, 100 Free, 50 Free)

TIME DROPS

BEST TOTAL TIME DROP goes to **Layden Medina** (-6.42) and **BEST SINGLE TIME DROP** goes to **Nathan Davis** who dropped (-5.73) for his 200 IM

2022 FAC Post CIF Meet Recap

Getting those harder to get time drops are:

Layden Medina - Pre-Senior (-6.42); **Nathan Davis** - Pre-Senior (-5.73); **Lydia Medina** - Pre-Senior (-2.45); **Nathan Perry** - Pre-Senior (-2.25); **Brandon Davis** - Senior (-1.67); **Daliana Pena** - Pre-Senior (-0.68);

AWARDS & POINTS

1st place

- **Lydia Medina** - Pre-Senior (14 & Over 100 Breast);
- **Daliana Pena** - Pre-Senior (14 & Over 100 Free)

2nd place

- **Brandon Davis** - Senior (14 & Over 100 Fly);
- **Daliana Pena** - Pre-Senior (14 & Over 100 Back, 50 Free);
- **Nathan Perry** - Pre-Senior (14 & Over 200 Breast)

3rd Place

- **Nathan Davis** - Pre-Senior (14 & Over 200 IM);
- **Layden Medina** - Pre-Senior (14 & Over 100 Breast);
- **Andrew Rodman** - Pre-Senior (14 & Over 200 Breast)

4th Place

- **Brandon Davis** - Senior (14 & Over 100 Free, 50 Free);
- **Lydia Medina** - Pre-Senior (14 & Over 100 Free, 50 Free)

5th Place

- **Andrew Rodman** - Pre-Senior (14 & Over 100 Breast)

6th Place

- **Nathan Davis** - Pre-Senior (14 & Over 100 Breast)

POINTS

Taking **TOP POINTS** at this meet was **Daliana Pena** with 54 points.

Congratulations to all our point getters.

- **Daliana Pena** - Pre-Senior (54);
- **Lydia Medina** - Pre-Senior (50);
- **Brandon Davis** - Senior (47);
- **Andrew Rodman** - Pre-Senior (41);
- **Nathan Davis** - Pre-Senior (31);
- **Layden Medina** - Pre-Senior (29);
- **Nathan Perry** - Pre-Senior (29)

TOP 10 TIMES

Top 10

Updating their personal bests in the **ALL TIME TOP 10 PERSONAL BEST TIMES** are:

- **Brandon Davis** - Senior (14 & Over 100 Free);
- **Nathan Davis** - Pre-Senior (14 & Over 200 IM);
- **Layden Medina** - Pre-Senior (14 & Over 100 Breast, 100 Free, 50 Free);
- **Lydia Medina** - Pre-Senior (14 & Over 100 Free, 50 Free);
- **Daliana Pena** - Pre-Senior (14 & Over 100 Free, 50 Free);
- **Nathan Perry** - Pre-Senior (14 & Over 200 Breast 50 Free)

RELAYS

We did not have any relay events at this meet.

WRAP-UP

Today was good. Today was fun. Tomorrow is another one. (Dr. Seuss)

GO THUNDERBOLTS

GMA Sherry