

We Will Be Champions

Feel our hearts pounding, muscles burning, lungs screaming. Feel our love and hate for our opponent. Feel the insane drive to keep pushing, to get to the wall, to win. I am a swimmer. I will be a champion! (Anonymous)

The CCAQ LC meet last weekend was the Eastern Committee LC Championships and was also the last ditch for JO's. This was a combination Timed Finals and Heats and Finals (H/F) meet.

Swimmers 13 and over swam H/F meaning they swam preliminaries in Session 1 and Finals in the early evening. The top 7 swimmers qualify for the 'A' finals, medals, and points. The next 7 qualify for the 'B' finals, points, and pride. After the last heat of the preliminaries the announcer announces 2 alternates, the 'B' final qualifiers, and the 'A' final qualifiers. He then says, "You have 30 minutes to scratch or declare your intent". This means that if a swimmer does not want to swim the event in the finals they have 30 minutes to go to the meet admin and scratch. If they do not scratch it is assumed they intend to swim in the finals. When swimmers scratch the final all swimmers will move up and swimmers who had not qualified for the finals will be 'scratched up' into the finals. Preliminary event results are posted, however, the "Finals Results" will be posted after the 30 minute time limit. If a swimmer's place is close to the finals it is a good idea to hang around for the Finals Results to be posted. If a declared finals swimmer fails to show up for the final they will be disqualified from the meet. If they fail to show for their last event the team will be severely penalized. There is no penalty if a 'scratched up' swimmer fails to show.

Swimmers 12 and under swam 'Timed Finals' meaning the only swim the event one time, there is no preliminary. The results are Final. The Timed Finals swim after the morning H/F preliminaries and before the evening H/F Finals. They are usually scheduled about an hour after the preliminaries are expected to finish.

We had 15 swimmers competing in 58 events, achieving:

- 2 new C times;
- 3 new B times;
- 6 new BB times;
- 5 new A times;
- 1 new AA times;
- 2 new AAA times,
- 4 new Summer JO cuts
- 3 new Sectional times.

RISING STARS

Osman Azurdia is the embodiment of the opening quote, "*hearts pounding, muscles burning, lungs screaming, and an insane drive to keep pushing, to get to the wall*". **Osman** has only been swimming for a couple of months. Not only did he have the guts to enter the 200 Meter Fly, but he also scratched into the A finals and had to swim it again in the same day! He placed 4th. As if that wasn't insane enough, he also scratched into the B finals on Sunday in both the 100 Fly and the 200 IM. And he didn't even know he scratched into the B finals on Sunday until coach Trevor sent him a surprised Remind! **Osman** had **BEST TOTAL TIME DROP** (-36.95) and **BEST SINGLE TIME DROP** (-16.95) for that 200 Fly!

NOTABLE SWIMS

Sergio Diaz Salazar, Senior, qualified 5 out of 6 events for finals, 200 Free, 100 Back, 200 IM, 200 Back, and 100 Free, but scratched the 200 Back to concentrate his energy on the 200 IM and 100 Free. He placed 1st in the 200 IM, 2nd in 100 Free and 200 Free, and 4th in the 100 Back and set **TEAM RECORDS** in the 200 Free, 100 Back, 200 Back, and 200 IM. **Sergio** also got **NEW SECTIONAL** cuts and **NEW AAA times** for his 100 Free, 200 Free, and 200 IM. He was **TOP POINTS** with 61 total points.

Zeke Serrano, Senior, was dealing with an injury but nevertheless qualified the 200 Free, 200 IM, 100 Breast for the finals, placing 5th in the 200 Free and 10th in the 100 Breast. His 200 Free was a **NEW SumJO** and **NEW AA time**.

It was exciting to watch **Sergio** and **Zeke** go head-to-head in the 200 Free, 100 Back, 200 IM, and 200 Back.

TEAM RECORDS:

Our swimmers repeatedly demonstrate the highest level of personal performance as team records continue to be broken. The latest records to fall are:

- **Owen Bonadiman** - Junior (11-12 100 Breast, 50 Free);
- **Elizabeth Devine** - Junior (11-12 100 Fly, 50 Free, 200 Free);
- **Sergio Diaz Salazar** - Senior (15 & Over 100 Back, 200 Back, 200 IM, 200 Free);
- **Regina Estrada Maravilla** - Junior (11-12 100 Back, 400 Free, 200 IM);
- **Sophie Maust** - Junior (13-14 100 Free, 200 Free);
- **Connor McAleer** - Junior (13-14 200 Free);
- **Jeanae Mustaller** - Junior (13-14 200 Back, 50 Free);
- **Ava Rosin** - Pre-Senior (15 & Over 200 IM);
- **Sophia Santelio** - Junior (5-10 50 Fly)

FIRST TIME SWIMS

Our swimmers continue to work hard on technique. Here we acknowledge the swimmers who accepted the challenge of swimming an event for the very first time.

New C Times

Attaining personal excellence and getting their first C times are:

- **Nathan Davis** - Pre-Senior (15 & Over 100 Back, 200 Breast);

First Time B Times

Taking personal excellence to the next level these swimmers reached B times the first time swimming these events.

- **Connor McAleer** - Junior (13-14 100 Back);

First Time BB Times

Talk about personal excellence! Getting a BB time for a first time swim. Amazing.

- **David Vasquez** - Junior (13-14 200 Free);

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First Time A Times

Above and beyond amazing! Getting an A time for a first-time swim. Wow!

- **Regina Estrada Maravilla** - Junior (11-12 400 Free);

NEW TIMES

More typical are the swimmers exhibiting personal excellence by moving up the time standards from C to B, or to BB, or to A, or to WAG / JO. These swimmers demonstrate their hard work pays off.

New B Times

- **Osman Azurdia** - Pre-Junior (13-14 100 Free, 50 Free);

New BB Times

- **Regina Estrada Maravilla** - Junior (11-12 200 IM);
- **Sophie Maust** - Junior (13-14 100 Free, 200 Free);
- **Ava Rosin** - Pre-Senior (15 & Over 200 IM);
- **Zekiah Serrano** - Senior (15 & Over 100 Breast);

New A Times

- **Owen Bonadiman** - Junior (11-12 100 Breast, 50 Free);
- **Regina Estrada Maravilla** - Junior (11-12 100 Free);
- **Zekiah Serrano** - Senior (15 & Over 200 IM);

New AA Times

- **Zekiah Serrano** - Senior (15 & Over 200 Free);

New AAATimes

- **Sergio Diaz Salazar** - Senior (15 & Over 100 Free, 200 Free)

New SumJO Times

- **Owen Bonadiman** - Junior (11-12 100 Breast, 50 Free);
- **Elizabeth Devine** - Junior (11-12 200 Free);
- **Zekiah Serrano** - Senior (15 & Over 200 Free)

SENIOR QUALIFIERS

New Sectional Times

- **Sergio Diaz Salazar** - Senior (15 & Over 100 Free, 200 IM, 200 Free)

TIME DROPS

BEST TOTAL TIME DROP goes to **Osman Azurdia** – Pre-Junior for dropping a total of -39.65. **BEST SINGLE TIME DROP** also goes to **Osman Azurdia** – for dropping an amazing -16.95 for his 200 Free.

Getting those hard to get time drops are:

Osman Azurdia - Pre-Junior - (-39.65); **Sophie Maust** - Junior - (-30.49); **Zekiah Serrano** - Senior - (-17.95); **Regina Estrada Maravilla** - Junior - (-14.63); **Sergio Diaz Salazar** - Senior - (-12.35); **Ava**

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Rosin - Pre-Senior - (-11.6); **Connor McAleer** - Junior - (-8.61); **Owen Bonadiman** - Junior - (-5.83); **Liam Santelio** - Age Group - (-4.1); **Jeanae Mustaller** - Junior - (-3.12); **Andrew Rodman** - Pre-Senior - (-2.92); **Elizabeth Devine** - Junior - (-2.82); **Sophia Santelio** - Junior - (-2.7); **David Vasquez** - Junior - (-0.9).

AWARDS & POINTS

Places 1-7 – ‘A’ Finals (13 & Over)

- 1 Place: **Elizabeth Devine** - Junior (11-12 200 Free);
- 1 Place: **Sergio Diaz Salazar** - Senior (15 & Over 200 IM);
- 2 Place: **Owen Bonadiman** - Junior (11-12 100 Breast);
- 2 Place: **Sergio Diaz Salazar** - Senior (15 & Over 100 Free, 200 Free);
- 2 Place: **Regina Estrada Maravilla** - Junior (11-12 400 Free);
- 2 Place: **Sophia Santelio** - Junior (5-10 100 Free);
- 3 Place: **Sophia Santelio** - Junior (5-10 50 Fly);
- 4 Place: **Osman Azurdia** - Pre-Junior (13-14 200 Fly);
- 4 Place: **Elizabeth Devine** - Junior (11-12 100 Fly);
- 4 Place: **Sergio Diaz Salazar** - Senior (15 & Over 100 Back);
- 4 Place: **Regina Estrada Maravilla** - Junior (11-12 200 IM);
- 4 Place: **Sophia Santelio** - Junior (5-10 50 Breast);
- 5 Place: **Owen Bonadiman** - Junior (11-12 50 Free);
- 5 Place: **Zekiah Serrano** - Senior (15 & Over 200 Free);
- 6 Place: **Regina Estrada Maravilla** - Junior (11-12 100 Free);
- 6 Place: **Jeanae Mustaller** - Junior (13-14 100 Back);

Places 8-14 – ‘B’ Finals (13 & Over)

- 8 Place: **Elizabeth Devine** - Junior (11-12 50 Fly);
- 8 Place: **Jeanae Mustaller** - Junior (13-14 200 Back);
- 9 Place: **Elizabeth Devine** - Junior (11-12 50 Free);
- 9 Place: **Connor McAleer** - Junior (13-14 50 Free);
- 10 Place: **Connor McAleer** - Junior (13-14 200 Free);
- 10 Place: **Ava Rosin** - Pre-Senior (15 & Over 100 Free, 200 IM);
- 10 Place: **Zekiah Serrano** - Senior (15 & Over 100 Breast);
- 11 Place: **Nathan Davis** - Pre-Senior (15 & Over 200 Breast);
- 11 Place: **Ava Rosin** - Pre-Senior (15 & Over 50 Free);

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- 12 Place: **Elizabeth Devine** - Junior (11-12 100 Free);
- 12 Place: **Regina Estrada Maravilla** - Junior (11-12 100 Back);
- 13 Place: **Andrew Rodman** - Pre-Senior (15 & Over 100 Breast);
- 14 Place: **Osman Azurdia** - Pre-Junior (13-14 100 Fly, 200 IM);
- 14 Place: **Regina Estrada Maravilla** - Junior (11-12 50 Fly);
- 14 Place: **David Vasquez** - Junior (13-14 50 Free)

POINTS

Taking **TOP POINTS** at this meet was **Sergio Diaz Salazar** / Senior with 61 points.

Congratulations to all our point getters.

- **Sergio Diaz Salazar** - Senior (61);
- **Elizabeth Devine** - Junior (48);
- **Regina Estrada Maravilla** - Junior (43);
- **Sophia Santelio** - Junior (42);
- **Owen Bonadiman** - Junior (27);
- **Jeanae Mustaller** - Junior (19);
- **Zekiah Serrano** - Senior (17);
- **Osman Azurdia** - Pre-Junior (15);
- **Ava Rosin** - Pre-Senior (14);
- **Connor McAleer** - Junior (11);
- **Nathan Davis** - Pre-Senior (4);
- **Andrew Rodman** - Pre-Senior (2);
- **David Vasquez** - Junior (1);

TOP 10 BEST TIMES

New Top 10

Placing their event in the **ALL TIME TOP 10 PERSONAL BEST TIMES** for the first time are:

- **Nathan Davis** - Pre-Senior (15 & Over 100 Back, 200 Breast);
- **Sergio Diaz Salazar** - Senior (15 & Over 100 Free, 200 Back, 200 Free);
- **Regina Estrada Maravilla** - Junior (11-12 400 Free);
- **Connor McAleer** - Junior (13-14 100 Back);
- **Liam Santelio** - Age Group (13-14 50 Free);
- **David Vasquez** - Junior (13-14 200 Free)

Top 10

Updating their personal bests in the **ALL TIME TOP 10 PERSONAL BEST TIMES** are:

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Osman Azurdia - Pre-Junior (13-14 100 Fly, 100 Free, 200 Fly, 200 Free, 200 IM, 50 Free); **Owen Bonadiman** - Junior (11-12 100 Breast, 50 Free); **Elizabeth Devine** - Junior (11-12 100 Fly, 200 Free, 50 Fly, 50 Free); **Sergio Diaz Salazar** - Senior (15 & Over 100 Back, 200 IM); **Regina Estrada Maravilla** - Junior (11-12 100 Back, 100 Free, 200 IM, 50 Fly); **Sophie Maust** - Junior (13-14 100 Fly, 100 Free, 200 Free); **Connor McAleer** - Junior (13-14 200 Free, 50 Free); **Jeanne Mustaller** - Junior (13-14 100 Back, 200 Back, 50 Free); **Andrew Rodman** - Pre-Senior (15 & Over 100 Breast, 100 Free); **Ava Rosin** - Pre-Senior (15 & Over 100 Free, 200 IM); **Sophia Santelio** - Junior (5-10 50 Fly); **Zekiah Serrano** - Senior (15 & Over 100 Breast, 200 Free, 200 IM); **David Vasquez** - Junior (13-14 50 Free);

RELAYS

We did not have any relay events at this meet.

WRAP UP

True champions aren't always the ones that win, but those with the most guts. (Mia Hamm)

Our swimmers had a great meet and most made the finals or placed in the top 14 in at least one event. This meet recap is dedicated to all our swimmers who felt the insane drive to keep pushing, to get to the wall, to win. They have the most guts; they are all true champions.

GO THUNDERBOLTS

GMA Sherry