

## Procrastination

*Tomorrow is often the busiest day of the week.*” (Source unknown)

In March 2023, our swimmers competed at the BB Max Meet hosted by DSRT in Victorville. That was months ago. A lot of tomorrows have now gone by.

Where or where did the time go? Seems like I got way behind in the meet recaps. Our swimmers are dedicated, committed, and train 5-6 days a week to earn their times and performances. These meet recaps acknowledge their hard work. I'm going to try to catch up over the next few weeks

## TEAM RECORDS:

Our swimmers repeatedly demonstrate the highest level of personal performance as team records continue to be broken. The latest records to fall are:

- **Regina Estrada Maravilla** (11-12 100 Breast);
- **Mason Jimenez** (7-10 50 Free);
- **Aaron Virgen-Calcoa** (11-12 100 Fly, 50 Free)

## FIRST TIME SWIMS

Our swimmers continue to work hard on technique. Here we acknowledge the swimmers who accepted the challenge of swimming an event for the very first time.

### New C Times

Attaining personal excellence and getting their first C times are:

- **Eva Barnhardt** (13 & Over 100 Fly);
- **Jeremy Bustamante** (11-12 50 Back, 50 Free);
- **Zarek Cabral** (11-12 100 Back, 50 Fly);
- **Elijah Dailey** (5-8 100 Free, Back);
- **Bella Lira** (13 & Over 100 Breast);
- **Sarah Munguia** (13 & Over 100 Free);
- **Rolando Nicasio** (7-10 100 Free, 50 Breast, 50 Fly);
- **Josie Osborn** (11-12 50 Back);
- **Faith Rodriguez** (13 & Over 200 IM);
- **Aaron Virgen-Calcoa** (11-12 100 Fly);
- **Dominic Wimberly** (7-10 100 Free, 50 Free)

### First Time B Times

Taking personal excellence to the next level these swimmers reached B times the first time swimming these events.

- **Jaime Phillips** (5-8 100 Free);
- **Connor McAleer** (13 & Over 200 Back)

## NEW TIMES

More typical are the swimmers exhibiting personal excellence by moving up the time standards from C to B, or to BB, or to A, or to WAG / Age Group Champs (Spring and Summer formerly JO). These swimmers demonstrate their hard work pays off.

### New B Times

- **Jack Adams** (7-10 100 Free, 50 Breast);
- **Izay Cabral** (13 & Over 50 Free);
- **Bella Lira** (13 & Over 100 Free, 50 Free);
- **Connor McAleer** (13 & Over 100 Breast);
- **Aaron Virgen-Calcoa** (11-12 100 Free)

### New BB Times

- **Regina Estrada Maravilla** (11-12 100 Breast);
- **Mason Jimenez** (7-10 50 Free);
- **Aaron Virgen-Calcoa** (11-12 50 Fly)

## TIME DROPS

**BEST TOTAL TIME DROP** was earned by **Aaron Virgen-Calcoa** (-13.96). **BEST SINGLE TIME DROP** went to **Regina Estrada Maravilla**. She dropped an amazing (-7.99) for her 100 Breast.

Getting those harder to get time drops are:

**Aaron Virgen-Calcoa** (-13.96); **Izay Cabral** (-11.98); **Bella Lira** (-11); **David Vasquez** (-10.76); **Regina Estrada Maravilla** (-7.99); **Jack Adams** (-7.57); **Samantha Bahena** (-6.45); **Zarek Cabral** (-6); **Connor McAleer** (-5.93); **Joy Phillips** (-5.64); **Rolando Nicasio** (-4.64); **Grace Ma** (-4.01); **Faith Rodriguez** (-3.97); **Sarah Munguia** (-3.87); **Myla Martinez** (-3.59); **Lindsey Whittaker** (-3.02); **Eva Barnhardt** (-2.93); **Mason Jimenez** (-1.4); **Jaime Phillips** (-0.83); **Elijah Dailey** (-0.6);

## AWARDS & POINTS

Our 23 swimmers brought home 37 awards 8 1<sup>st</sup> place, 6 2<sup>nd</sup> place, 8 3<sup>rd</sup> place, 4 4<sup>th</sup> place, 6 5<sup>th</sup> place, and 5 6<sup>th</sup> place. These are our 1<sup>st</sup> thru 6<sup>th</sup> place winners.

### 1<sup>st</sup> place

- **Samantha Bahena** (7-10 200 Free);
- **Izay Cabral** (13 & Over 50 Free);
- **Regina Estrada Maravilla** (11-12 100 Breast);
- **Bella Lira** (13 & Over 50 Free);
- **Connor McAleer** (13 & Over 100 Breast, 50 Breast);
- **Jaime Phillips** (5-8 100 Free, 25 Free)

### 2<sup>nd</sup> place

- **Connor McAleer** (13 & Over 200 Back);
- **Jaime Phillips** (5-8 50 Breast);
- **David Vasquez** (13 & Over 100 Breast);

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- **Aaron Virgen-Calcoa** (11-12 100 Fly, 50 Fly);
- **Lindsey Whittaker** (13 & Over 50 Free)

### 3<sup>rd</sup> Place

- **Bella Lira** (13 & Over 100 Free);
- **Connor McAleer** (13 & Over 50 Back);
- **Faith Rodriguez** (13 & Over 100 Breast);
- **David Vasquez** (13 & Over 100 Back, 200 Breast, 200 IM);
- **Aaron Virgen-Calcoa** (11-12 100 Free, 50 Free)

### 4<sup>th</sup> Place

- **Samantha Bahena** (7-10 100 Back);
- **Izay Cabral** (13 & Over 100 Free);
- **Dominic Cordero** (13 & Over 200 Free);
- **Myla Martinez** (13 & Over 200 IM)

### 5<sup>th</sup> Place

- **Eva Barnhardt** (13 & Over 50 Back, 50 Free);
- **Mason Jimenez** (7-10 50 Free);
- **Myla Martinez** (13 & Over 100 Fly);
- **Faith Rodriguez** (13 & Over 100 Free);
- **Lindsey Whittaker** (13 & Over 50 Breast)

### 6<sup>th</sup> Place

- **Samantha Bahena** (7-10 50 Free);
- **Elijah Dailey** (5-8 100 Free, 25 Free);
- **Jaime Phillips** (5-8 25 Back);
- **Lindsey Whittaker** (13 & Over 50 Fly)

## POINTS

Taking **TOP POINTS** at this meet was **Aaron Virgen-Calcoa** with 83 points followed closely by **Connor McAleer** with 74 points.

Congratulations to all our point getters.

**Aaron Virgen-Calcoa** (83); **Connor McAleer** (74); **Samantha Bahena** (71); **Jaime Phillips** (71); **Lindsey Whittaker** (68); **David Vasquez** (66); **Bella Lira** (56); **Eva Barnhardt** (50); **Faith Rodriguez** (42); **Izay Cabral** (39); **Myla Martinez** (38); **Elijah Dailey** (35); **Jack Adams** (27); **Dominic Cordero** (22); **Regina Estrada Maravilla** (20); **Rolando Nicasio** (15); **Zarek Cabral** (14); **Mason Jimenez** (14); **Jeremy Bustamante** (13); **Sarah Munguia** (13); **Joy Phillips** (8); **Grace Ma** (3)

## TOP 10 BEST TIMES

### New Top 10

Placing their event in the **ALL TIME TOP 10 PERSONAL BEST TIMES** for the first time are:

## March 2023 DSRT BB Max Meet Recap

- **Samantha Bahena** (7-10 100 Back - 1:44.25Y);
- **Eva Barnhardt** (13 & Over 100 Back - 1:31.11Y, 100 Fly - 1:36.74Y);
- **Elijah Dailey** (5-8 100 Free - 2:03.58Y);
- **Bella Lira** (13 & Over 100 Breast - 1:42.14Y, 100 Free - 1:10.45Y, 50 Free - 32.54Y);
- **Connor McAleer** (13 & Over 100 Breast - 1:12.11Y, 200 Back - 2:27.97Y);
- **Rolando Nicasio** (7-10 100 Free - 1:49.42Y, 50 Breast - 1:14.89Y, 50 Fly - 1:07.72Y);
- **Jaime Phillips** (5-8 100 Free - 1:41.10Y);
- **Faith Rodriguez** (13 & Over 100 Breast - 1:30.42Y, 200 IM - 2:57.73Y);
- **David Vasquez** (13 & Over 100 Back - 1:13.18Y, 200 Breast - 2:55.68Y);
- **Lindsey Whittaker** (13 & Over 100 Breast - 1:38.41Y, 100 Free - 1:14.82Y, 50 Free - 32.69Y);
- **Dominic Wimberly** (7-10 100 Free - 1:58.05Y)

### Top 10

Updating their personal bests in the **ALL TIME TOP 10 PERSONAL BEST TIMES** are:

- **Jack Adams** (7-10 100 Free - 1:40.21Y, 50 Breast - 59.37Y, 50 Free - 43.93Y);
- **Elijah Dailey** (5-8 25 Free - 25.63Y);
- **Regina Estrada Maravilla** (11-12 100 Breast - 1:24.55Y);
- **Mason Jimenez** (7-10 50 Free - 38.95Y);
- **Myla Martinez** (13 & Over 200 IM - 2:53.49Y);
- **Jaime Phillips** (5-8 25 Free - 20.30Y)

### RELAYS

We did not have any relay events at this meet.

### WRAP UP

*“You can’t just turn on creativity like a faucet. You have to be in the right mood. What mood is that? Last-minute panic.” ( Bill Watterson, in the Calvin and Hobbes comic strip (21 May 1992))*

Procrastination is now my panic.

GO THUNDERBOLTS

GMA Sherry