

## They Are Unstoppable

*The power of determination will make you unstoppable. (Jean Charest)*

22 of our determined swimmers competed at the CHS SCY B/BB/C Sharkfest on June 22-23. These swimmers consistently show up and put in many good times. We celebrate these swimmers, they are unstoppable.

### UNSTOPPABLE PERFORMANCES

**Elijah Dailey** had another unstoppable performance. He set 2 NEW TEAM RECORDS, picked up 2 New B times, a New (5-8) B time, a NEW TOP 10 time, and 3 TOP 10 times, a 1<sup>st</sup> place, a 2<sup>nd</sup> place, a 4<sup>th</sup> place adding 65 Points to his overall season total.

**Keith Johnson** continues to be one of our most determined swimmers. He picked up 2 New BB Times, 5 TOP 10 times, a 1<sup>st</sup> place, 2 3<sup>rd</sup> places, a 5<sup>th</sup> place, a 6<sup>th</sup> place adding 100 (TOP POINTS) to his overall season total.

**Dominic Cordero** has been showing up consistently and is determined to continually improve his performances. He picked up a New BB time, a New B Time, a NEW TOP 10 time, a TOP 10 time, 2 2<sup>nd</sup> places, a 3<sup>rd</sup> place, and a 4<sup>th</sup> place adding 67 points to his overall season total.

**Jeanette Adans** is one of our up-and-coming determined swimmers. She picked up 2 New (5-8) B times, a NEW TOP 10 time, a TOP 10 time, a 1<sup>st</sup> and a 3<sup>rd</sup> place adding 48 points to her season total.

### ON THE WATCH LIST

**Rolando Nicasio**, with sheer determination, continues to drop massive amounts of time. Once again he has BEST TOTAL TIME DROP and BEST SINGLE TIME DROP. He picked up a New B time and 2 TOP 10 times.

### TEAM RECORDS:

Our swimmers repeatedly demonstrate the highest level of personal performance as team records continue to be broken. The latest records to fall are:

- **Elijah Dailey** - Age Grp Dev (5-8 25 Breast);
- **Elijah Dailey** - Age Grp Dev (7-10 50 Back);
- **Regina Maravilla Estrada** - Sr Dev (13-14 100 Back)

### FIRST TIME SWIMS

Our swimmers continue to work hard on technique. Here we acknowledge the swimmers who accepted the challenge of swimming an event for the very first time.

#### New C Times

Attaining personal excellence and getting their first C times are:

- **Ayden Cuevas** - Age Group (11-12 100 Back);
- **Joy Phillips** - Age Group (11-12 100 Fly)

#### First Time B Times

- **Bella Lira** - Sr Dev (13-14 200 IM);

## NEW TIMES

More typical are the swimmers exhibiting personal excellence by moving up the time standards from C to B, or to BB, or to A, or to WAG / Age Group Champs (Spring and Summer formerly JO). These swimmers demonstrate their hard work pays off.

### New (5-8) B Times

- *Jeanette Adams* - Novice (5-8 25 Back, 25 Free);
- *Elijah Dailey* - Age Grp Dev (5-8 50 Fly)

### New B Times

- *Izay Cabral* - Sr Dev (15 & Over 100 Fly);
- *Dominic Cordero* - Sr Dev (13-14 200 IM);
- *Elijah Dailey* - Age Grp Dev (7-10 50 Back, 50 Free);
- *Rolando Nicasio* - Age Group (11-12 50 Free);
- *Aaron Virgen-Calcoa* - Sr Dev (13-14 200 Fly)

### New BB Times

- *Dominic Cordero* - Sr Dev (13-14 200 Free);
- *Keith Johnson* - Age Group (7-10 100 Fly, 100 IM)

## CHAMPIONSHIP TIMES

### New SumAG

- *Aaron Virgen-Calcoa* - Sr Dev (13-14 200 Fly);

## TIME DROPS

**BEST TOTAL TIME DROP** was earned by *Rolando Nicasio* - Age Group with a total (-30.07). **BEST SINGLE TIME DROP** was also earned by *Rolando Nicasio* for dropping (-22.26) in his 50 Breast.

Getting those harder to get time drops are:

*Rolando Nicasio* - Age Group (-30.07); *Dominic Cordero* - Sr Dev (-19.33); *Keith Johnson* - Age Group (-19.23); *Aaron Virgen-Calcoa* - Sr Dev (-11.02); *Zarek Cabral* - Sr Dev (-10.78); *Ayden Cuevas* - Age Group (-10.71); *Josie Osborn* - Age Grp Dev (-10.27); *Izay Cabral* - Sr Dev (-7.23); *Jaime Phillips* - Age Grp Dev (-6.5); *Jack Adams* - Age Group (-5.76); *Lindsey Whittaker* - Sr Dev (-5.63); *Milan Ruvolo* - Novice (-5.37); *Jeanette Adams* - Novice (-5.3); *Elijah Dailey* - Age Grp Dev (-4.79); *Jasmine Martinez* - Age Group (-3.59); *David Vasquez* - Sr Dev (-2.14); *Maravilla Estrada* - Sr Dev (-1.65); *Elias Barnhardt* - Sr Dev (-0.76).

## AWARDS & POINTS

Our 22 swimmers brought home 41 awards. 6 1<sup>st</sup> place, 8 2<sup>nd</sup> place, 9 3<sup>rd</sup> place, 6 4<sup>th</sup> place, 6 5<sup>th</sup> place, 6 6<sup>th</sup> place. These are our 1<sup>st</sup> thru 6<sup>th</sup> place winners.

### 1<sup>st</sup> place

- *Jeanette Adams* - Novice (5-8 25 Free);
- *Izay Cabral* - Sr Dev (15 & Over 100 Fly);
- *Elijah Dailey* - Age Grp Dev (5-8 50 Fly);

## June 2024 CHS B/BB/C SCY Meet Recap

- **Regina Maravilla Estrada** - Sr Dev (13-14 100 Back);
- **Keith Johnson** - Age Group (7-10 100 Fly);
- **David Vasquez** - Sr Dev (15 & Over 100 Fly)

### 2<sup>nd</sup> place

- **Jack Adams** - Age Group (7-10 100 Breast);
- **Elias Barnhardt** - Sr Dev (15 & Over 100 Free);
- **Izay Cabral** - Sr Dev (15 & Over 100 Breast, 100 Free);
- **Izay Cabral** - Sr Dev (15 & Over 200 Free);
- **Dominic Cordero** - Sr Dev (13-14 200 Free, 200 IM);
- **Elijah Dailey** - Age Grp Dev (5-8 25 Breast)

### 3<sup>rd</sup> Place

- **Jeanette Adams** - Novice (5-8 25 Back);
- **Zarek Cabral** - Sr Dev (13-14 100 Fly, 200 Free);
- **Dominic Cordero** - Sr Dev (13-14 50 Free);
- **Regina Maravilla Estrada** - Sr Dev (13-14 100 Fly);
- **Keith Johnson** - Age Group (7-10 100 IM, 50 Fly);
- **Aaron Virgen-Calcoa** - Sr Dev (13-14 200 Fly);
- **Lindsey Whittaker** - Sr Dev (15 & Over 200 Breast)

### 4<sup>th</sup> Place

- **Zarek Cabral** - Sr Dev (13-14 100 Free);
- **Dominic Cordero** - Sr Dev (13-14 100 Fly);
- **Elijah Dailey** - Age Grp Dev (7-10 50 Free);
- **Bella Lira** - Sr Dev (13-14 200 IM);
- **Jaime Phillips** - Age Grp Dev (7-10 50 Free);
- **David Vasquez** - Sr Dev (15 & Over 100 Back)

### 5<sup>th</sup> Place

- **Elias Barnhardt** - Sr Dev (15 & Over 200 IM);
- **Izay Cabral** - Sr Dev (15 & Over 50 Free);
- **Keith Johnson** - Age Group (7-10 50 Back);
- **Jasmine Martinez** - Age Group (13-14 50 Free);
- **Aaron Virgen-Calcoa** - Sr Dev (13-14 200 IM);
- **Lindsey Whittaker** - Sr Dev (15 & Over 200 IM)

### 6<sup>th</sup> Place

- **Elias Barnhardt** - Sr Dev (15 & Over 100 Fly);
- **Eva Barnhardt** - Sr Dev (13-14 100 Free);
- **Maravilla Estrada** - Sr Dev (13-14 50 Free);

- **Keith Johnson** - Age Group (7-10 50 Free);
- **Aaron Virgen-Calcoa** - Sr Dev (13-14 100 Fly);
- **Lindsey Whittaker** - Sr Dev (15 & Over 50 Free)

## **POINTS**

Our swimmers earned a total of 861 points Taking **TOP POINTS** at this meet was **Keith Johnson** - Age Group with 100 points.

Congratulations to all our point getters.

**Keith Johnson** - Age Group (100); **Izay Cabral** - Sr Dev (88); **Zarek Cabral** - Sr Dev (70); **Dominic Cordero** - Sr Dev (67); **Aaron Virgen-Calcoa** - Sr Dev (66); **Elijah Dailey** - Age Grp Dev (65); **Lindsey Whittaker** - Sr Dev (55); **Regina Maravilla Estrada** - Sr Dev (49); **Jeanette Adams** - Novice (48); **Elias Barnhardt** - Sr Dev (45); **Jack Adams** - Age Group (35); **David Vasquez** - Sr Dev (35); **Rolando Nicasio** - Age Group (34); **Jasmine Martinez** - Age Group (20); **Bella Lira** - Sr Dev (18); **Milan Ruvolo** - Novice (17); **Jaime Phillips** - Age Grp Dev (15); **Eva Barnhardt** - Sr Dev (13); **Joy Phillips** - Age Group (10); **Sid Gauchan** - Sr Dev (8); **Ayden Cuevas** - Age Group (3).

## **TOP 10 BEST TIMES**

### **New Top 10**

Placing their event in the **ALL TIME TOP 10 PERSONAL BEST TIMES** for the first time are:

- **Jeanette Adams** - Novice (5-8 25 Back);
- **Izay Cabral** - Sr Dev (15 & Over 50 Free);
- **Dominic Cordero** - Sr Dev (13-14 200 IM);
- **Ayden Cuevas** - Age Group (11-12 100 Back);
- **Elijah Dailey** - Age Grp Dev (5-8 50 Fly);
- **Bella Lira** - Sr Dev (13-14 200 IM);
- **Joy Phillips** - Age Group (11-12 100 Fly)

### **Top 10**

Updating their personal bests in the **ALL TIME TOP 10 PERSONAL BEST TIMES** are:

**Jack Adams** - Age Group (7-10 100 Breast, 100 IM); **Jeanette Adams** - Novice (5-8 25 Free); **Izay Cabral** - Sr Dev (15 & Over 100 Free); **Zarek Cabral** - Sr Dev (13-14 100 Back, 200 Free); **Dominic Cordero** - Sr Dev (13-14 200 Free); **Elijah Dailey** - Age Grp Dev (5-8 25 Breast, 50 Back, 50 Free); **Regina Maravilla Estrada** - Sr Dev (13-14 100 Back); **Keith Johnson** - Age Group (7-10 100 Fly, 100 Free, 100 IM, 50 Breast, 50 Free); **Rolando Nicasio** - Age Group (11-12 100 Fly, 50 Fly); **Milan Ruvolo** - Novice (5-8 50 Back); **Aaron Virgen-Calcoa** - Sr Dev (13-14 200 Fly); **Lindsey Whittaker** - Sr Dev (15 & Over 200 Breast, 200 IM).

## **RELAYS**

We did not have any relay events at this meet.

## **WRAP UP**

*Believe in yourself and you will be unstoppable (Emily Guay)*

## June 2024 CHS B/BB/C SCY Meet Recap

As the end of the season approaches, we have a core set of beginning / novice level swimmers who truly believe in themselves. They show up for practice consistently and bring their best performances to swim meets. They couldn't do this without the support of their family. Our swimmers may be unstoppable but our families are also unstoppable. We celebrate you.

GO THUNDERBOLTS

GMA Sherry