

FAC Recap - MINDSET: Unstoppable

*Some days you feel strong. Some days you feel tired. But every day you keep trying.
You are unstoppable. (Karen Salmansohn)*

14 of our unstoppable swimmers attended the November 2024 FAC SCY A/BB/B meet. These swimmers have achieved B min times and are working towards BB or higher times and a WAG championship cut.

Several of our swimmers were UNSTOPPABLE.

Regina Estrada Maravilla, is on the road to recovery from a broken arm and getting stronger with every meet. At this meet she set 3 **TEAM RECORDS**, qualified an **AA** time, a New **WAG** time, and a New **SumAG** time. She placed **1st** in all **5** of her events earning a perfect **100 POINTS**.

Zarek Cabral doesn't let feeling tired stop him. He is steadily getting stronger with every meet setting a new **TEAM RECORD**, qualifying a New **BB** Time, and dropping time in every event. He placed in all 6 of his events earning 94 **TOTAL POINTS**, right below Regina. All 6 of his swims were **TOP 10**.

Myla Martinez tries hard no matter how she feels, qualifying a First Time **BB** Time, a New **WAG** time, and a New **SumAG** time for her 200 Breast. She also dropped time and placed in all her events. All 5 of her events were **TOP 10**. Her 200 Breast was a new **IMX** event

Jeremy Bustamante did his impersonation of Speedy Gonzales dropping an incredible -26.43 in his 200 Free for **BEST SINGLE TIME DROP**. It was also a New **B** time and his 50 Free was a New **BB** time.

TEAM RECORDS:

Our swimmers repeatedly demonstrate the highest level of personal performance as team records continue to be broken. The latest records to fall are:

- **Zarek Cabral** - Sr Dev (13-14 200 Back);
- **Elijah Dailey** - Age Group (7-10 100 Free);
- **Elijah Dailey** - Age Group (7-10 50 Back);
- **Regina Estrada Maravilla** - Sr Dev (13-14 100 Free);
- **Regina Estrada Maravilla** - Sr Dev (13-14 200 IM);
- **Regina Estrada Maravilla** - Sr Dev (13-14 500 Free)

FIRST TIME SWIMS

Our swimmers continue to work hard on technique. Here we acknowledge the swimmers who accepted the challenge of swimming an event for the very first time.

First Time BB Times

- **Myla Martinez** - Sr Dev (15 & Over 200 Breast);

NEW TIMES

More typical are the swimmers exhibiting personal excellence by moving up the time standards from C to B, or to BB, or to A, or to WAG / Age Group Champs (Spring and Summer formerly JO). These swimmers demonstrate their hard work pays off.

New B Times

- **Jeremy Bustamante** - Age Group (13-14 200 Free);

- **Aaron Virgen-Calcoa** - Sr Dev (13-14 100 Back)

New BB Times

- **Jeremy Bustamante** - Age Group (13-14 50 Free);
- **Zarek Cabral** - Sr Dev (13-14 200 IM);
- **Dominic Cordero** - Sr Dev (13-14 50 Free);
- **Myla Martinez** - Sr Dev (15 & Over 50 Free)

New AA Times

- **Regina Estrada Maravilla** - Sr Dev (13-14 500 Free);

CHAMPIONSHIP TIMES

New WAG

- **Regina Estrada Maravilla** - Sr Dev (13-14 100 Free);
- **Myla Martinez** - Sr Dev (15 & Over 200 Breast)

New SumAG

- **Regina Estrada Maravilla** - Sr Dev (13-14 500 Free);
- **Myla Martinez** - Sr Dev (15 & Over 200 Breast)

TIME DROPS

BEST TOTAL TIME DROP was earned by **Jeremy Bustamante** - Age Group with a total (-27.24).
BEST SINGLE TIME DROP was also earned by **Jeremy Bustamante** for dropping (-26.43) for his 200 Free.

Getting those harder to get time drops are:

Jeremy Bustamante - Age Group (-27.24); **Zarek Cabral** - Sr Dev (-13.36); **Myla Martinez** - Sr Dev (-6.74); **Izay Cabral** - Sr Dev (-5.7); **Aaron Virgen-Calcoa** - Sr Dev (-4.09); **Regina Estrada Maravilla** - Sr Dev (-4); **Dominic Cordero** - Sr Dev (-3.77); **Mason Jimenez** - Age Group (-2.73); **Rolando Nicasio** - Age Group (-0.34); **Elijah Dailey** - Age Group (-0.29).

IMX EVENTS

Recognizing our swimmers who stepped up to the IMX Challenge events.

New IMX Swims

These swimmers challenged themselves as they work on new swims for this season/age.

- **Myla Martinez** - Sr Dev (15 & Over 200 Breast);

IMX Swims

These swimmers continue to swim the challenging events picking up more power points.

- **Zarek Cabral** - Sr Dev (13-14 200 Back);
- **Regina Estrada Maravilla** - Sr Dev (13-14 200 Back, 500 Free);
- **Rolando Nicasio** - Age Group (11-12 100 Fly);
- **Aaron Virgen-Calcoa** - Sr Dev (13-14 200 Fly)

AWARDS & POINTS

Our 14 swimmers brought home 33 awards. 10 1st place, 5 2nd place, 7 3rd place, 5 4th place, 1 5th place, 5 6th place. These are our 1st thru 6th place winners.

1st place

- **Zarek Cabral** - Sr Dev (13-14 200 Free);
- **Elijah Dailey** - Age Group (5-8 50 Free);
- **Regina Estrada Maravilla** - Sr Dev (13-14 100 Free, 200 Back, 200 Free, 200 IM, 500 Free);
- **Keith Johnson** - Age Group (11-12 50 Free);
- **Myla Martinez** - Sr Dev (15 & Over 200 Breast);
- **David Vasquez** - Sr Dev (15 & Over 100 Breast)

2nd place

- **Izay Cabral** - Sr Dev (15 & Over 200 Free, 50 Free);
- **Mason Jimenez** - Age Group (7-10 100 Free);
- **Myla Martinez** - Sr Dev (15 & Over 100 Breast, 50 Free)

3rd Place

- **Izay Cabral** - Sr Dev (15 & Over 100 Breast);
- **Zarek Cabral** - Sr Dev (13-14 100 Free, 200 IM);
- **Dominic Cordero** - Sr Dev (13-14 200 Free);
- **Myla Martinez** - Sr Dev (15 & Over 200 IM);
- **Aaron Virgen-Calcoa** - Sr Dev (13-14 100 Fly, 200 Fly)

4th Place

- **Zarek Cabral** - Sr Dev (13-14 200 Back);
- **Mason Jimenez** - Age Group (7-10 50 Fly);
- **Aaron Virgen-Calcoa** - Sr Dev (13-14 100 Back, 200 Free, 50 Free)

5th Place

- **Zarek Cabral** - Sr Dev (13-14 100 Back);

6th Place

- **Izay Cabral** - Sr Dev (15 & Over 100 Free);
- **Zarek Cabral** - Sr Dev (13-14 50 Free);
- **Dominic Cordero** - Sr Dev (13-14 200 IM);
- **Myla Martinez** - Sr Dev (15 & Over 100 Free);
- **Aaron Virgen-Calcoa** - Sr Dev (13-14 100 Free)

POINTS

Our swimmers earned a total of 671 points Taking **TOP POINTS** at this meet was **Regina Estrada Maravilla** - Sr Dev with a **perfect** 100 points followed closely by **Zarek Cabral** - Sr Dev with 94 points.

Congratulations to all our point getters.

Regina Estrada Maravilla - Sr Dev (100); **Zarek Cabral** - Sr Dev (94); **Aaron Virgen-Calcoa** - Sr Dev (90); **Izay Cabral** - Sr Dev (83); **Myla Martinez** - Sr Dev (83); **Mason Jimenez** - Age Group (53); **Elijah Dailey** - Age Group (38); **Dominic Cordero** - Sr Dev (33); **Keith Johnson** - Age Group (23); **Rolando Nicasio** - Age Group (22); **David Vasquez** - Sr Dev (20); **Jeremy Bustamante** - Age Group (17); **Ayden Cuevas** - Age Group (12); **Marc Genovez** - Sr Dev (3)

TOP 10 BEST TIMES

New Top 10

Placing their event in the **ALL TIME TOP 10 PERSONAL BEST TIMES** for the first time are:

- **Izay Cabral** - Sr Dev (15 & Over 200 IM);
- **Myla Martinez** - Sr Dev (15 & Over 200 Breast)

Top 10

Updating their personal bests in the **ALL TIME TOP 10 PERSONAL BEST TIMES** are:

- **Izay Cabral** - Sr Dev (15 & Over 100 Back, 100 Free, 50 Free);
- **Zarek Cabral** - Sr Dev (13-14 100 Back, 100 Free, 200 Back, 200 Free, 200 IM, 50 Free);
- **Dominic Cordero** - Sr Dev (13-14 200 Free, 200 IM);
- **Elijah Dailey** - Age Group (7-10 100 Free, 50 Back);
- **Regina Estrada Maravilla** - Sr Dev (13-14 100 Free, 500 Free);
- **Mason Jimenez** - Age Group (7-10 100 Free);
- **Myla Martinez** - Sr Dev (15 & Over 100 Breast, 100 Free, 200 IM, 50 Free);
- **Rolando Nicasio** - Age Group (11-12 50 Free);
- **Aaron Virgen-Calcoa** - Sr Dev (13-14 100 Fly, 100 Free)

RELAYS

We did not have any relay events at this meet.

WRAP UP

You become unstoppable when you work on things that people can't take away from you. Things like your mindset, character, personality, transparency, your entire being.

Victory embraces the concept of unstoppable determination, a mindset where obstacles are merely stepping stones on the path to success. This is a belief that you're not just going through challenges. You're growing through them. This unstoppable spirit isn't about bulldozing through life, but about recognizing your inner strength and resilience. We encourage our swimmers to embrace their challenges as stepping stones to their inner strength and unstoppable spirit both in the pool and in life.

GO THUNDERBOLTS

GMA Sherry