

ADVERSITY

When adversity strikes that's when you have to be the most calm. Take a step back, stay strong, stay grounded and press on. (LL Cool J)

On March 1-2, 2025 we ventured to the TCC A/BB/B Last Ditch meet. Every once in awhile there is a meet that challenges even the best athletes. Clearly the sun, moon, and stars were not aligned this weekend. Many of our swimmers faced adversity trying to achieve personal bests. But they stayed strong and pressed on. Here's how they did.

TEAM RECORDS:

Our swimmers repeatedly demonstrate the highest level of personal performance as team records continue to be broken. The latest records to fall are:

- **Ayden Cuevas** - Age Group (11-12 500 Free);
- **Elijah Dailey** - Age Group (5-10 100 Free);
- **Regina Estrada Maravilla** - Sr Dev (13-14 1650 Free);
- **Connor McAleer** - Sr Dev (15 & Over 1650 Free)

FIRST TIME SWIMS

Our swimmers continue to work hard on technique. Here we acknowledge the swimmers who accepted the challenge of swimming an event for the very first time.

First Time BB Times

- **Connor McAleer** - Sr Dev (15 & Over 1650 Free);

First Time A Times

Above and beyond amazing! Getting an A time for a first-time swim. Wow!

- **Regina Estrada Maravilla** - Sr Dev (13-14 1650 Free)

CHAMPIONSHIP TIMES

New SprAG

- **Regina Estrada Maravilla** - Sr Dev (13-14 1650 Free)

New JAG

- **Regina Estrada Maravilla** - Sr Dev (13-14 1650 Free);
- **Connor McAleer** - Sr Dev (15 & Over 1650 Free)

New SumAG

- **Regina Estrada Maravilla** - Sr Dev (13-14 1650 Free);
- **Connor McAleer** - Sr Dev (15 & Over 1650 Free)

TIME DROPS

Getting those harder to get time drops are:

- **Ayden Cuevas** - Age Group (-6.96);

- ***Elijah Dailey*** - Age Group (-0.3)

AWARDS & POINTS

Our 12 swimmers brought home 23 awards. 3 1st place, 7 2nd place, 2 3rd place, 9 4th place, 2 5th place. These are our 1st thru 5th place winners.

1st place

- ***Regina Estrada Maravilla*** - Sr Dev (13-14 1650 Free, 500 Free);
- ***Connor McAleer*** - Sr Dev (15 & Over 1650 Free)

2nd place

- ***Izay Cabral*** - Sr Dev (15 & Over 200 IM);
- ***Zarek Cabral*** - Sr Dev (13-14 200 Free);
- ***Regina Estrada Maravilla*** - Sr Dev (13-14 100 Free);
- ***Rolando Nicasio*** - Age Group (11-12 100 Free, 50 Fly);
- ***Aaron Virgen-Caloca*** - Sr Dev (13-14 100 Free, 200 Fly)

3rd Place

- ***Ayden Cuevas*** - Age Group (11-12 500 Free);
- ***Rolando Nicasio*** - Age Group (11-12 100 Fly)

4th Place

- ***Izay Cabral*** - Sr Dev (15 & Over 100 Free);
- ***Zarek Cabral*** - Sr Dev (13-14 200 IM);
- ***Ayden Cuevas*** - Age Group (11-12 200 Free);
- ***Elijah Dailey*** - Age Group (5-10 100 Free, 50 Back);
- ***Sid Gauchan*** - Sr Dev (15 & Over 100 Free);
- ***Mason Jimenez*** - Age Group (5-10 200 Free);
- ***Keith Johnson*** - Age Group (11-12 100 Fly, 50 Fly)

5th Place

- ***Aaron Virgen-Caloca*** - Sr Dev (13-14 100 Back, 50 Free);

POINTS

Our swimmers earned a total of 458 points Taking **TOP POINTS** at this meet was ***Aaron Virgen-Caloca*** - Sr Dev with 69 points followed closely by ***Rolando Nicasio*** - Age Group with 66 points.

Congratulations to all our point getters.

Aaron Virgen-Caloca - Sr Dev (69); ***Rolando Nicasio*** - Age Group (66); ***Regina Estrada Maravilla*** - Sr Dev (57); ***Keith Johnson*** - Age Group (52); ***Ayden Cuevas*** - Age Group (47); ***Zarek Cabral*** - Sr Dev (45); ***Izay Cabral*** - Sr Dev (32); ***Elijah Dailey*** - Age Group (30); ***Connor McAleer*** - Sr Dev (20); ***Sid Gauchan*** - Sr Dev (15); ***Mason Jimenez*** - Age Group (15); ***Samantha Bahena*** - Age Group (10)

TOP 10 BEST TIMES

New Top 10

Placing their event in the **ALL TIME TOP 10 PERSONAL BEST TIMES** for the first time are:

- **Regina Estrada Maravilla** - Sr Dev (13-14 1650 Free);
- **Connor McAleer** - Sr Dev (15 & Over 1650 Free)

Top 10

Updating their personal bests in the **ALL TIME TOP 10 PERSONAL BEST TIMES** are:

- **Ayden Cuevas** - Age Group (11-12 500 Free, 50 Free);
- **Elijah Dailey** - Age Group (5-10 100 Free)

RELAYS

We did not have any relay events at this meet.

WRAP UP

Life is 10% what happens to you and 90% how you react to it.” – Charles R. Swindoll

Let's use this adverse life experience as a lesson in mental toughness. Life (s ____) happens. It's not about what happens, it's about what you do about what happens! Work hard, stay focused, be motivated, and come back stronger!

GO THUNDERBOLTS

GMA Sherry