



VICTORY AQUATICS

High School CIF Swimming Option Policy

Victory coaches work closely with high school swimming coaches to make sure the year-round athlete receives adequate training. Many high school swimming coaches allow club swimmers to continue to train part of the week with their club teams for a better practice, and often the club coaches also coach high school swimming.

Victory offers a “High School CIF Swimming Option” to any swimmer who intends to swim with their high school swim team AND with Victory during the Spring High School CIF swim season. This High School CIF Swimming Option allows swimmers to remain a full member of Victory Aquatics Swim Team and enjoy the full benefits of supporting the team and participating in meets, team activities, and practices while also participating in their High School swim team CIF competitions.

During the Feb-May CIF season our club swimmers have the option of applying for a reduced practice dues rate and exemption from the mandatory attendance and swim meet group requirements. The High School CIF Swimming Option is not available for any other high school or outside activities.

To take advantage of the High School CIF Swimming Option parents/swimmers must complete the ‘Request for High School CIF Swimming Option’ form at least 2 weeks prior to the billing of Feb. 1st or 2 weeks before the billing period prior to the start of their High School season. Swimmers automatically return to full team status beginning May 1 unless the swimmer qualifies for the CIF Championships in May.

Year-round club training greatly benefits swimmers as they participate in High School swim season. High school swimmers can still attend USA club meets during the high school swimming season, if their schedule allows, as UA Unattached.

Consistent, frequent, even double workouts are common amongst competitive swimmers and competition experience both from high school and USA meets help prepare swimmers for peaks in performance at CIF as well as JAG (June Age Group Championships and Summer JO's. Swimmers unattach (UA) (for the meet ONLY) when swimming at USA meets during the high school CIF swim season.