

2025-2026 SCS Age Group LCM Time Standards

Elite	Sum AG	JAG	SprAG	WAG		WAG	SprAG	JAG	Sum AG	Elite
Girls 10 & Under						Boys 10 & Under				
36.00	36.60	37.30	36.00	38.00	50 Free	37.60	35.70	36.50	36.40	35.70
1:19.00	1:22.70	1:22.70	1:19.00	1:24.10	100 Free	1:23.40	1:18.10	1:22.10	1:22.10	1:18.10
2:52.10	3:00.30	3:03.10	2:52.10	3:04.80	200 Free	3:04.80	2:50.40	3:02.60	3:00.60	2:50.40
2:52.10	N/A	N/A	2:52.10	N/A	400 Free	N/A	2:50.40	N/A	N/A	2:50.40
42.10	44.30	44.70	44.50	44.50	50 Back	45.10	41.90	44.80	44.10	41.90
1:30.90	1:36.90	1:38.10	1:30.90	1:37.10	100 Back	1:38.00	1:30.50	1:37.90	1:37.90	1:30.50
47.40	50.10	50.50	47.40	50.50	50 Breast	51.40	48.70	51.60	51.60	48.70
1:42.90	1:49.70	1:51.40	1:42.90	1:49.60	100 Breast	1:52.40	1:43.90	1:51.70	1:51.60	1:43.90
40.10	42.70	43.50	40.10	42.90	50 Fly	43.00	40.30	42.90	42.90	40.30
1:32.60	1:41.30	1:41.30	1:32.60	1:41.50	100 Fly	1:44.30	1:30.90	1:42.70	1:41.70	1:30.90
3:13.70	3:21.10	3:28.30	3:13.70	3:28.00	200 Medley	3:29.60	3:11.80	3:25.90	3:21.20	3:11.80
Girls 11-12						Boys 11-12				
31.70	32.50	32.70	31.70	32.60	50 Free	32.60	31.20	32.50	32.30	31.20
1:08.60	1:10.60	1:11.00	1:08.60	1:11.60	100 Free	1:11.60	1:07.40	1:10.40	1:10.40	1:07.40
2:29.60	2:33.70	2:36.40	2:29.60	2:37.90	200 Free	2:35.90	2:27.10	2:35.90	2:34.30	2:27.10
5:13.40	5:31.00	5:32.50	5:13.40	5:27.90	400 Free	5:27.90	5:11.30	5:35.10	5:35.10	5:11.30
N/A	N/A	N/A	N/A	10:51.60	800 Free	10:39.60	N/A	N/A	N/A	N/A
N/A	N/A	N/A	N/A	20:36.60	1500 Free	20:22.20	N/A	N/A	N/A	N/A
36.70	38.40	39.10	36.70	38.90	50 Back	38.90	36.70	38.60	38.50	36.70
1:17.90	1:22.60	1:23.00	1:17.90	1:23.70	100 Back	1:23.70	1:17.80	1:24.30	1:24.30	1:17.80
N/A	N/A	N/A	N/A	2:48.00	200 Back	2:41.70	N/A	N/A	N/A	N/A
41.40	43.20	44.20	41.40	44.20	50 Breast	44.20	41.00	44.30	43.40	41.00
1:29.70	1:33.10	1:35.40	1:29.70	1:35.60	100 Breast	1:35.60	1:29.10	1:35.30	1:35.00	1:29.10
N/A	N/A	N/A	N/A	3:11.50	200 Breast	3:00.90	N/A	N/A	N/A	N/A
34.80	35.70	36.40	34.80	36.90	50 Fly	36.90	34.50	36.10	35.90	34.50
1:17.40	1:22.60	1:23.20	1:17.40	1:23.10	100 Fly	1:23.10	1:16.80	1:23.60	1:23.60	1:16.80
N/A	N/A	N/A	N/A	2:56.00	200 Fly	2:45.40	N/A	N/A	N/A	N/A
2:49.40	2:55.60	2:56.80	2:49.40	2:57.40	200 Medley	2:57.40	2:47.10	2:55.80	2:54.40	2:47.10
N/A	N/A	N/A	N/A	5:57.90	400 Medley	5:48.20	N/A	N/A	N/A	N/A
Girls 13-14						Boys 13-14				
29.90	30.80	30.70	29.90	30.90	50 Free	29.20	28.10	28.70	28.60	28.10
1:04.80	1:06.70	1:06.70	1:04.80	1:07.60	100 Free	1:03.10	1:00.70	1:02.50	1:02.50	1:00.70
2:20.80	2:25.70	2:26.30	2:20.80	2:27.80	200 Free	2:18.50	2:12.20	2:18.20	2:18.20	2:12.20
4:55.00	5:09.10	5:09.10	4:55.00	5:11.10	400 Free	4:58.40	4:42.90	5:00.00	5:00.00	4:42.90
10:22.60	10:56.20	11:02.10	10:22.60	10:51.60	800 Free	10:39.60	9:54.90	10:40.80	10:30.90	9:54.90
20:01.80	21:02.50	N/A	20:01.80	20:36.60	1500 Free	20:22.20	19:13.00	N/A	20:24.40	19:13.00
1:13.00	1:17.60	1:16.80	1:13.00	1:17.40	100 Back	1:12.70	1:09.40	1:14.40	1:14.40	1:09.40
2:37.80	2:49.50	2:49.30	2:37.80	2:48.00	200 Back	2:41.70	2:30.40	2:43.80	2:43.80	2:30.40
1:24.00	1:28.50	1:28.50	1:24.00	1:28.80	100 Breast	1:22.50	1:17.60	1:22.10	1:22.10	1:17.60
3:00.00	3:12.60	3:12.60	3:00.00	3:11.50	200 Breast	3:00.90	2:48.60	3:02.10	3:02.10	2:48.60
1:12.10	1:16.00	1:16.00	1:12.10	1:16.40	100 Fly	1:10.40	1:07.40	1:10.40	1:10.00	1:07.40
2:43.30	3:00.80	3:00.80	2:43.30	2:56.00	200 Fly	2:45.40	2:36.10	2:53.40	2:53.40	2:36.10
2:39.20	2:45.10	2:45.70	2:39.20	2:45.00	200 Medley	2:34.30	2:29.90	2:36.00	2:34.80	2:29.90
5:37.90	6:00.20	6:00.20	5:37.90	5:57.90	400 Medley	5:48.20	5:22.80	5:44.90	5:44.70	5:22.80
Girls 15-18						Boys 15-18				
	29.60	29.60		30.30	50 Free	27.00		26.30	26.30	
	1:04.10	1:04.10		1:05.60	100 Free	59.20		58.70	58.70	
	2:20.60	2:20.60		2:23.40	200 Free	2:10.20		2:07.40	2:07.40	
	5:01.00	5:01.00		5:01.90	400 Free	4:40.50		4:33.90	4:33.90	
	10:39.60	10:42.30		10:34.90	800 Free	10:10.10		10:00.40	10:00.30	
	20:45.80	N/A		20:06.50	1500 Free	19:24.70		N/A	19:29.80	
	1:14.50	1:14.50		1:14.50	100 Back	1:08.20		1:07.90	1:07.90	
	2:44.50	2:44.50		2:47.80	200 Back	2:35.30		2:31.70	2:31.70	
	1:25.10	1:25.10		1:27.40	100 Breast	1:17.40		1:15.00	1:15.00	
	3:10.40	3:10.40		3:10.40	200 Breast	2:50.50		2:49.50	2:49.50	
	1:12.50	1:12.50		1:12.90	100 Fly	1:04.40		1:03.70	1:03.70	
	2:52.30	2:52.30		2:56.90	200 Fly	2:34.90		2:33.60	2:33.60	
	2:38.90	2:38.90		2:41.10	200 Medley	2:27.00		2:24.10	2:24.10	
	5:56.80	5:56.80		5:51.10	400 Medley	5:32.30		5:21.90	5:21.90	