

2025-2026 SCS Age Group SCY Time Standards

Elite	SumAG	JAG	SprAG	WAG		WAG	SprAG	JAG	SumAG	Elite
Girls 10 & Under						Boys 10 & Under				
31.70	32.30	32.90	31.70	33.50	50 Free	33.10	31.40	32.20	32.00	31.40
1:09.70	1:13.10	1:13.10	1:09.70	1:15.10	100 Free	1:13.70	1:08.90	1:13.10	1:13.10	1:08.90
2:32.10	2:39.60	2:42.10	2:32.10	2:45.30	200 Free	2:45.30	2:30.60	2:41.70	2:39.90	2:30.60
2:32.10	N/A	N/A	2:32.10	N/A	500 Free	N/A	2:30.60	N/A	N/A	2:30.60
37.40	39.40	39.80	37.40	39.90	50 Back	40.50	37.20	39.90	39.20	37.20
1:20.80	1:26.20	1:27.30	1:20.80	1:27.30	100 Back	1:28.10	1:20.40	1:27.20	1:27.10	1:20.40
41.80	44.20	44.60	41.80	45.10	50 Breast	45.90	42.90	45.60	45.60	42.90
1:30.90	1:37.00	1:38.60	1:30.90	1:37.90	100 Breast	1:40.30	1:31.80	1:38.90	1:38.80	1:31.80
35.50	37.90	38.60	35.50	38.40	50 Fly	38.50	35.60	38.10	38.10	35.60
1:22.10	1:30.00	1:30.00	1:22.10	1:32.00	100 Fly	1:33.70	1:20.60	1:31.10	1:30.40	1:20.60
1:19.70	N/A	N/A	1:19.70	1:26.00	100 Medley	1:25.60	1:19.50	N/A	N/A	1:19.50
2:51.60	2:58.30	3:04.80	2:51.60	3:06.70	200 Medley	3:07.80	2:49.90	3:02.60	2:58.40	2:49.90
Girls 11-12						Boys 11-12				
27.80	28.60	28.80	27.80	29.00	50 Free	28.60	27.40	28.60	28.40	27.40
1:00.30	1:02.20	1:02.60	1:00.30	1:03.60	100 Free	1:03.00	59.30	1:02.00	1:02.00	59.30
2:11.90	2:15.60	2:18.00	2:11.90	2:20.80	200 Free	2:18.90	2:09.60	2:17.60	2:16.20	2:09.60
5:51.10	6:10.90	6:12.60	5:51.10	6:21.20	500 Free	6:21.20	5:48.80	6:15.30	6:15.50	5:48.80
N/A	N/A	N/A	N/A	12:17.30	1000 Free	12:03.80	N/A	N/A	N/A	N/A
N/A	N/A	N/A	N/A	20:24.50	1650 Free	20:10.20	N/A	N/A	N/A	N/A
32.50	34.10	34.70	32.50	34.70	50 Back	34.50	32.50	34.30	34.20	32.50
1:09.40	1:13.30	1:13.70	1:09.40	1:14.30	100 Back	1:15.10	1:09.00	1:14.90	1:14.90	1:09.00
N/A	N/A	N/A	N/A	2:30.70	200 Back	2:25.00	N/A	N/A	N/A	N/A
36.40	38.00	39.00	36.40	38.60	50 Breast	39.30	36.00	39.00	38.20	36.00
1:19.00	1:22.10	1:24.20	1:19.00	1:24.80	100 Breast	1:25.20	1:18.40	1:24.10	1:23.80	1:18.40
N/A	N/A	N/A	N/A	2:50.60	200 Breast	2:39.30	N/A	N/A	N/A	N/A
30.70	31.50	32.20	30.70	32.80	50 Fly	32.60	30.40	31.90	31.70	30.40
1:08.40	1:13.20	1:13.70	1:08.40	1:14.50	100 Fly	1:14.40	1:07.90	1:14.10	1:14.10	1:07.90
N/A	N/A	N/A	N/A	2:37.60	200 Fly	2:20.90	N/A	N/A	N/A	N/A
1:09.50	N/A	N/A	1:09.50	1:13.70	100 Medley	1:13.80	1:08.40	N/A	N/A	1:08.40
2:29.70	2:35.30	2:36.40	2:29.70	2:37.20	200 Medley	2:38.50	2:27.60	2:35.50	2:34.20	2:27.60
N/A	N/A	N/A	N/A	5:19.80	400 Medley	5:11.00	N/A	N/A	N/A	N/A
Girls 13-14						Boys 13-14				
26.20	27.00	27.00	26.20	27.40	50 Free	25.50	24.60	25.20	25.00	24.60
56.90	58.70	58.70	56.90	59.40	100 Free	55.40	53.20	54.90	54.90	53.20
2:03.90	2:08.40	2:08.40	2:03.90	2:11.60	200 Free	2:01.90	1:56.20	2:01.60	2:01.60	1:56.20
5:30.50	5:46.40	5:46.40	5:30.50	5:52.00	500 Free	5:37.70	5:16.90	5:36.20	5:36.20	5:16.90
11:37.60	12:15.30	12:21.90	11:37.60	12:17.30	1000 Free	12:03.80	11:06.50	11:58.00	11:46.90	11:06.50
19:38.20	20:37.80	N/A	19:38.20	20:24.50	1650 Free	20:10.20	18:50.30	N/A	20:00.40	18:50.30
1:04.70	1:08.80	1:08.80	1:04.70	1:09.30	100 Back	1:05.10	1:01.40	1:06.00	1:06.00	1:01.40
2:20.00	2:30.60	2:30.40	2:20.00	2:30.70	200 Back	2:25.00	2:13.30	2:25.40	2:25.40	2:13.30
1:13.80	1:18.00	1:18.00	1:13.80	1:19.00	100 Breast	1:13.30	1:08.10	1:12.20	1:12.20	1:08.10
2:39.60	2:50.00	2:50.00	2:39.60	2:50.60	200 Breast	2:39.30	2:29.70	2:40.50	2:40.50	2:29.70
1:03.70	1:07.20	1:07.20	1:03.70	1:08.20	100 Fly	1:02.80	59.40	1:02.20	1:01.80	59.40
2:24.60	2:40.40	2:40.40	2:24.60	2:37.60	200 Fly	2:20.90	2:18.10	2:33.70	2:33.70	2:18.10
2:20.50	2:25.90	2:26.40	2:20.50	2:27.20	200 Medley	2:17.50	2:12.10	2:17.70	2:16.60	2:12.10
4:58.60	5:18.80	5:18.80	4:58.60	5:19.80	400 Medley	5:11.00	4:45.00	5:05.00	5:04.80	4:45.00
Girls 15-18						Boys 15-18				
	26.00	26.00		26.40	50 Free	23.60		23.00	23.00	
	56.30	56.30		57.60	100 Free	51.90		51.50	51.50	
	2:03.80	2:03.80		2:06.30	200 Free	1:54.40		1:51.90	1:51.90	
	5:37.30	5:37.30		5:41.60	500 Free	5:14.30		5:06.90	5:06.90	
	11:56.70	11:59.70		11:58.50	1000 Free	11:30.30		11:12.80	11:12.60	
	20:21.40	N/A		19:54.70	1650 Free	19:13.30		N/A	19:06.90	
	1:06.00	1:06.00		1:05.80	100 Back	1:00.30		1:00.10	1:00.10	
	2:26.00	2:26.00		2:29.00	200 Back	2:17.70		2:14.50	2:14.50	
	1:14.90	1:14.90		1:16.60	100 Breast	1:07.90		1:05.80	1:05.80	
	2:48.00	2:48.00		2:47.90	200 Breast	2:30.00		2:29.10	2:29.10	
	1:04.10	1:04.10		1:04.40	100 Fly	56.70		56.20	56.20	
	2:32.70	2:32.70		2:38.50	200 Fly	2:17.00		2:15.90	2:15.90	
	2:20.30	2:20.30		2:22.20	200 Medley	2:09.50		2:07.00	2:07.00	
	5:15.70	5:15.70		5:13.70	400 Medley	4:56.60		4:44.30	4:44.30	